

## MEET INFORMATION

2023 Speedo National Preparation Meet \& Jess Schipper Challenge

Brisbane Aquatic Centre 18-19 March 2023

## KEY DETAILS

## Purpose

This meet is been designed to provide a quality preparation meet for swimmers competing at the Australian Age or Open Championships.

The Jess Schipper Challenge forms part of the State Based National Age Challenge and gives a high calibre end-of-season racing opportunity for:

- girls aged 13 and 14 years who have not qualified for the Australian Age Championships,
- boys aged 14 years who have not qualified for those Championships,
- boys aged 13 years, and
- boys and girls aged 11 and 12 years.


## Eligibility

This meet is open to Swimming Queensland registered competitive swimmers, competitive swimmers registered with clubs affiliated with other State Associations and international swimmers who meet the clearance criteria.

## Clearance Criteria

International swimmers and teams must supply a letter of clearance from their National Swimming Federation to satisfy the clearance criteria. International swimmers training with, or members of, clubs in Australia will be nominated under their country name not the Australian club name.

Clearances must be submitted to the Nominations Officer before the nomination closing date.

## Photo Release

In nominating, swimmers agree that they may be photographed/videoed by Swimming Queensland's approved photographer; that the images may be displayed for viewing and purchasing on site during the meet and on the photographer's secure website after the Championships; and that they may also be used by Swimming Queensland at its discretion.

## Age

Age group of competitors for is age as at the first day of competition, 18 March. Minimum age for the Speedo National Preparation Meet is 13 years for girls and 14 years for boys. While, minimum age for the Jess Schipper Challenge is 11 years.

## Qualifying Times

Qualifying times must have been achieved at an approved meet (either short course or long course) on or after 1 January 2022. Converted short course times will only be used where an existing long course time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

## Multi Class Qualifying Times and Entries

Multi Class swimmers competing in the $200 \mathrm{~m} / 400 \mathrm{~m}$ Freestyle or 200 m Individual Medley must meet the Multi Class qualifying time and need to contact the Nominations Officer to submit their entry. Entries for the 50 m and 100 m Multi Class events are to be completed online through Swim Central; there are no qualifying times for these events.

## Entries

Entries are to be completed online via Swim Central using the link available on the event page of our website. International swimmers and teams should contact the Nominations Officer.

Entries close Midnight, Tuesday 7 March.

## KEY DETAILS

## Entry Fees

| Online Meet Entry |
| :--- |
| International Swimmer/Team |

*Plus a transaction fee (debit/credit card processing) of 1.5\%
\#International swimmers must request a manual nomination form from the Nominations Officer
Refund Policy

## Late Entries

All entries for individual events submitted between Wednesday 8 March and midday Friday 10 March will be $\$ 23$ per event*. Any further late entries are at the discretion of the Nominations Officer and if accepted will be $\$ 50$ per event.

## Ticketing

Tickets for this meet will be on sale via Ticketbooth $\$ 7$ (plus fees) on the Tuesday prior to the meet. The ticket link will be made available on our website. Tickets will also be available for purchase via Eftpos at the gate; $\$ 8.50$.

- Ticketing is general admission.
- Tickets are only required for spectators 16 years and over
- Children 15 years and younger are free (and don't require a ticket).
- Concession Card Holders* are free on presentation of their card (and don't require a ticket).
*Eligible Concessions: Department of Veterans' Affairs Card Holder, TPI or Department of Veterans' Affairs issued Pensioner Concession Card Holder, Commonwealth Senior Health Care Card Holder, Pensioner Concession Card Holder, Health Care Card Holder or Full time Australian Secondary or Tertiary student Card Holder.


## Event Parking and Drop Off Areas

Parking and drop off for this meet will be in car park 3. Parking is only permitted in designated bays. Sleeman Sports Complex venve map can be accessed here.

## Entry and Opening Times

The front entry will open at 7:00am. All attendees will be required to enter via the ticketing marquees positioned centrally on the grandstand level. Spectators will be given a wristband after scanning their ticket or showing their Concession Card.

## SQ Swim Shop

The Swimming Queensland Swim Shop, located in Aquatic Reception, will be open during this meet, including a pop-up shop on the grandstand level. SQ members receive a $10 \%$ discount on all full price items. Check out our socials for special promos!

## Food and Drink

Catering outlets will be open for this event, including coffee and a variety of lunch options.

## Bags and Eskies

Please note that Stadiums Queensland rules state that bags/eskies must be soft to touch, no bigger than $40 \mathrm{~cm} \times 40 \mathrm{~cm} \times 40 \mathrm{~cm}$ and stowed under seats. All other bags/eskies will be refused.

## Accommodation

Chandler Lodge and Cabins offer on site accommodation. Contact them direct for more details.
Quest Eight Mile Plains provides a $15 \%$ discount for attendees at this meet when they use the code - SWIMQ - when booking.

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## KEY DETAILS

## Entry List

The entry list will be provided to all competitors, and made available on our website.
All competitors must check their entries thoroughly and if any discrepancies are noted they must be submitted using the online form by Midnight, Sunday 12 March.

## Timekeeper Roster

A timekeeper roster will be confirmed and published on our website closer to the meet.

## Timeline

The timeline for this meet will be published on our website by the Thursday prior to the meet. The timeline is to be used as a guide only and actual start times of events may vary depending on a variety of circumstances on the actual day of competition.

## Online Program

An online program will be published on our website on the Thursday prior to the meet. No printed programs will be available.

## Self-Marshalling Entry List

A final entry list will be published on our website on the Thursday prior to the meet, for swimmers to use for self-marshalling.

## Marshalling Procedures

Self-marshalling will be in place, swimmers should ensure they are ready to self marshal:

- 8 heats prior for 50 m events,
- 3 heats prior for 100 m and 200 m events,
- 2 heats prior for $400 \mathrm{~m}^{*}$ events, and
- 1 heat prior for $800 \mathrm{~m}^{*}$ and $1500 \mathrm{~m}^{*}$ events.
*Events of 400 m and over require swimmers (or their Coach / Team Manager) to confirm their intention to swim. This must be completed at the Help Desk, a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal. Confirmed swimmers must then follow the marshalling procedures.


## Results

Live results will be made available for this meet and will be accessible on our website. Results will also be viewable on Meet Mobile for this meet. Following the conclusion of the meet a PDF results file will be published on our website.

Please note, TM Results files will only be provided, on request, to club race secretaries.

## Racing Format

All events across the Speedo National Preparation Meet and the Jess Schipper Challenge will be conducted as timed finals. Events will be swum on a "seed-entry" basis, not in age groups i.e. competitors will be grouped by time rather than by age group.

## Medals

Medals will only be awarded to competitors in the Jess Shipper Challenge. Medals will not be awarded to competitors in the Speedo National Preparation Meet.

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## KEY DETAILS

## Warm-up Procedure

Warm up will commence at 7:00am. The competition pool may be used for warm up, until 15 minutes prior to racing commencing. The outdoor pool will be in use for the duration of the meet; the dive pool may not be used.

Competitors must comply with signage on pool deck regarding the use of the warm up and warm down lanes. Diving will not be permitted unless the signage indicates otherwise. Paddles are not permitted during warm up or warm down.

## Other Competitor Guidance Notes

- Athletes are not permitted to 'swim up' an age.
- Heats are seeded fastest to slowest. Heats may be amalgamated or re-seeded at the discretion of the Technical Manager and Referee.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started, with the exception that for Multi Class events, competitors in the final heat of the event prior to all Multi Class events, during the heats of all Multi Class events and after the final heat of all Multi Class events will be asked to clear the water.
- Protests must be submitted in writing to the Referee by a responsible team leader, together with a deposit of $\$ 100$, within 30 minutes of the conclusion of the respective event.
- All Swimming Queensland Rules, Championship By-Laws, SAL and FINA Swimming Rules will apply at this meet with additions or amendments as from time to time decided by the Board.


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## PROGRAM OF EVENTS



## Saturday 18 March

Please note, the Jess Schipper Challenge event numbers are 101 to 122.

## Session One

| Event | Age | Gender | Distance | Stroke |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 14 Years \& Over | Men | 50 m | Freestyle |
| 2 | 13 Years \& Over | Women | 50 m | Freestyle |
| 101 | $11-14$ Years | Boys | 50 m | Freestyle |
| 102 | $11-14$ Years | Girls | 50 m | Freestyle |
| 3 | Open | Men | 50 m | Multi-Class Freestyle |
| 4 | Open | Women | 50 m | Multi-Class Freestyle |
| 5 | 14 Years \& Over | Men | 100 m | Breaststroke |
| 6 | 13 Years \& Over | Women | 100 m | Breaststroke |
| 103 | $11-14$ Years | Boys | 100 m | Breaststroke |
| 104 | $11-14$ Years | Girls | 100 m | Breaststroke |
| 7 | ${ }^{*} 14$ Years \& Over | Men | 400 m | Freestyle |
| 8 | *13 Years \& Over | Women | 400 m | Freestyle |
| 9 | 14 Years \& Over | Men | 50 m | Breaststroke |
| 10 | 13 Years \& Over | Women | 50 m | Breaststroke |
| 11 | Open | Men | 50 m | Multi-Class Breaststroke |
| 12 | Open | Women | 50 m | Multi-Class Breaststroke |
| 105 | $11-14$ Years | Boys | 50 m | Breaststroke |
| 106 | $11-14$ Years | Girls | 50 m | Breaststroke |
| 13 | 14 Years \& Over | Men | 100 m | Backstroke |
| 14 | 13 Years \& Over | Women | 100 m | Backstroke |
| 107 | $11-14$ Years | Boys | 100 m | Backstroke |
| 108 | $11-14$ Years | Girls | 100 m | Backstroke |
| 15 | Open | Men | 100 m | Multi-Class Freestyle |
| 16 | Open | Women | 100 m | Multi-Class Freestyle |

## Session Two

| Event | Age | Gender | Distance | Stroke |
| :---: | :---: | :---: | :---: | :---: |
| 17 | 14 Years \& Over | Men | 400 m | Individual Medley |
| 18 | 13 Years \& Over | Women | 400 m | Individual Medley |
| 19 | Open | Men | 100 m | Multi-Class Butterfly |
| 20 | Open | Women | 100 m | Multi-Class Butterfly |
| 109 | $11-14$ Years | Boys | 200 m | Freestyle |
| 110 | $11-14$ Years | Girls | 200 m | Freestyle |
| 21 | ${ }^{*} 14$ Years \& Over | Men | 200 m | Freestyle |
| 22 | ${ }^{*} 13$ Years \& Over | Women | 200 m | Freestyle |
| 23 | 14 Years \& Over | Men | 200 m | Breaststroke |
| 24 | 13 Years \& Over | Women | 200 m | Breaststroke |
| 25 | 14 Years \& Over | Men | 800 m | Freestyle |
| 26 | 13 Years \& Over | Women | 1500 m | Freestyle |

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# PROGRAM OF EVENTS 



## Sunday 19 March

Please note, the Jess Schipper Challenge event numbers are 101 to 122.

## Session Three

Competition Start Time: 8:30am

| Event | Age | Gender | Distance | Stroke |
| :---: | :---: | :---: | :---: | :---: |
| 27 | 14 Years \& Over | Men | 50 m | Backstroke |
| 28 | 13 Years \& Over | Women | 50 m | Backstroke |
| 29 | Open | Men | 50 m | Multi-Class Backstroke |
| 30 | Open | Women | 50 m | Multi-Class Backstroke |
| 111 | $11-14$ Years | Boys | 50 m | Backstroke |
| 112 | $11-14$ Years | Girls | 50 m | Backstroke |
| 31 | 14 Years \& Over | Men | 100 m | Butterfly |
| 32 | 13 Years \& Over | Women | 100 m | Butterfly |
| 113 | $11-14$ Years | Boys | 100 m | Butterfly |
| 114 | $11-14$ Years | Girls | 100 m | Butterfly |
| 33 | ${ }^{*} 14$ Years \& Over | Men | 200 m | Individual Medley |
| 34 | ${ }^{1} 13$ Years \& Over | Women | 200 m | Individual Medley |
| 115 | $11-14$ Years | Boys | 200 m | Individual Medley |
| 116 | $11-14$ Years | Girls | 200 m | Individual Medley |
| 35 | 14 Years \& Over | Men | 50 m | Butterfly |
| 36 | 13 Years \& Over | Women | 50 m | Butterfly |
| 37 | Open | Men | 50 m | Multi-Class Butterfly |
| 38 | Open | Women | 50 m | Multi-Class Butterfly |
| 117 | $11-14$ Years | Boys | 50 m | Butterfly |
| 118 | $11-14$ Years | Girls | 50 m | Butterfly |
| 39 | 14 Years \& Over | Men | 200 m | Backstroke |
| 40 | 13 Years \& Over | Women | 200 m | Backstroke |
| 41 | 14 Years \& Over | Men | 100 m | Freestyle |
| 42 | 13 Years \& Over | Women | 100 m | Freestyle |

## Session Four

| Event | Age | Gender | Distance | Stroke |
| :---: | :---: | :---: | :---: | :---: |
| 43 | Open | Men | 100 m | Multi-Class Backstroke |
| 44 | Open | Women | 100 m | Multi-Class Backstroke |
| 119 | $11-14$ Years | Boys | 100 m | Freestyle |
| 120 | $11-14$ Years | Girls | 100 m | Freestyle |
| 45 | 14 Years \& Over | Men | 200 m | Butterfly |
| 46 | 13 Years \& Over | Women | 200 m | Butterfly |
| 47 | Open | Men | 100 m | Multi-Class Breaststroke |
| 48 | Open | Women | 100 m | Multi-Class Breaststroke |
| 49 | 14 Years \& Over | Men | 1500 m | Freestyle |
| 50 | 13 Years \& Over | Women | 800 m | Freestyle |

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## QUALIFYING TIMES

## Jess Schipper Challenge

Swimmers must have achieved a Long Course (or Short Course Converted) time below the QT or their fastest time must be between the QTS - QTF range outlined below.

| Male | 11 Years | 12 Years | 13 Years | 14 Years <br> QT |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| QT |  |  |  |  |  |


| Female | 11 Years QT | 12 Years QT | 13 Years |  | 14 Years |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Between |  | Between |  |
| 50m Free | 38.70 | 37.63 | 30.83 | 36.95 | 30.21 | 34.74 |
| 100m Free | 1:23.10 | 1:20.79 | 1:07.18 | 1:18.56 | 1:05.83 | 1:15.70 |
| 200m Free | 3:32.68 | 2:57.24 | 2:24.75 | 2:52.34 | 2:21.85 | 2:43.11 |
| 50m Back | 43.35 | 42.28 | 36.49 | 41.03 | 35.44 | 40.75 |
| 100m Back | 1:31.99 | 1:29.44 | 1:17.12 | 1:26.97 | 1:14.85 | 1:26.09 |
| 50m Breast | 48.32 | 47.13 | 40.83 | 45.74 | 39.66 | 45.61 |
| 100m Breast | 1:43.75 | 1:40.87 | 1:27.91 | 1:38.08 | 1:25.29 | 1:36.36 |
| 50m Fly | 40.47 | 39.47 | 33.87 | 38.31 | 32.90 | 37.83 |
| 100m Fly | 1:29.67 | 1:27.18 | 1:13.75 | 1:24.77 | 1:11.56 | 1:22.29 |
| 200m IM | 3:22.35 | 3:16.74 | 2:45.79 | 3:11.30 | 2:40.82 | 3:04.94 |

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## QUALIFYING TIMES

National Preparation Meet

| Male | $\mathbf{1 4}$ Years |  | 15 Years |  | 16 Years |  | $\mathbf{1 7 / 1 8}$ Years |  | Open |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC |
| 50 FREE | 28.12 | 27.56 | 27.28 | 26.73 | 26.71 | 26.18 | 26.16 | 25.63 | 25.87 | 25.35 |
| 100 FREE | $1: 01.91$ | $1: 00.67$ | $1: 00.05$ | 58.85 | 58.81 | 57.63 | 57.58 | 56.43 | 56.95 | 55.81 |
| 200 FREE | $2: 14.37$ | $2: 11.68$ | $2: 10.34$ | $2: 07.73$ | $2: 07.65$ | $2: 05.10$ | $2: 04.96$ | $2: 02.46$ | $2: 03.62$ | $2: 01.14$ |
| 400 FREE | $4: 47.56$ | $4: 41.81$ | $4: 38.93$ | $4: 33.35$ | $4: 33.19$ | $4: 27.73$ | $4: 27.44$ | $4: 22.09$ | $4: 24.56$ | $4: 19.27$ |
| 800 FREE | $9: 54.75$ | $9: 42.86$ | $9: 37.05$ | $9: 25.51$ | $9: 25.26$ | $9: 13.95$ | $9: 13.46$ | $9: 02.39$ | $9: 07.56$ | $8: 56.61$ |
| 1500 FREE | $18: 57.17$ | $18: 34.43$ | $18: 23.34$ | $18: 01.27$ | $18: 00.79$ | $17: 39.17$ | $17: 38.23$ | $17: 17.07$ | $17: 26.95$ | $17: 06.02$ |
| 50 BACK | 32.63 | 31.98 | 31.67 | 30.92 | 30.70 | 30.12 | 30.06 | 29.31 | 29.64 | 28.14 |
| 100 BACK | $1: 10.09$ | $1: 08.69$ | $1: 08.00$ | $1: 06.64$ | $1: 05.92$ | $1: 04.60$ | $1: 05.22$ | $1: 03.91$ | $1: 04.52$ | $1: 03.23$ |
| 200 BACK | $2: 32.67$ | $2: 29.62$ | $2: 28.09$ | $2: 25.13$ | $2: 23.51$ | $2: 20.64$ | $2: 21.98$ | $2: 19.14$ | $2: 20.46$ | $2: 17.65$ |
| 50 BREAST | 35.83 | 35.11 | 34.78 | 33.78 | 33.73 | 32.91 | 33.38 | 32.04 | 33.03 | 30.93 |
| 100 BREAST | $1: 18.96$ | $1: 17.38$ | $1: 16.61$ | $1: 15.08$ | $1: 14.26$ | $1: 12.77$ | $1: 13.47$ | $1: 12.00$ | $1: 12.69$ | $1: 11.24$ |
| 200 BREAST | $2: 52.41$ | $2: 48.96$ | $2: 47.32$ | $2: 43.97$ | $2: 42.23$ | $2: 38.98$ | $2: 40.52$ | $2: 37.31$ | $2: 38.83$ | $2: 35.66$ |
| 50 FLY | 29.98 | 29.38 | 29.07 | 28.84 | 28.18 | 28.10 | 27.88 | 27.34 | 27.58 | 26.38 |
| 100 FLY | $1: 07.32$ | $1: 05.97$ | $1: 05.30$ | $1: 03.99$ | $1: 03.27$ | $1: 02.01$ | $1: 02.60$ | $1: 01.35$ | $1: 01.93$ | $1: 00.69$ |
| 200 FLY | $2: 31.36$ | $2: 28.33$ | $2: 26.82$ | $2: 23.89$ | $2: 23.79$ | $2: 20.91$ | $2: 20.76$ | $2: 17.95$ | $2: 19.25$ | $2: 16.47$ |
| 200 IM | $2: 33.62$ | $2: 30.54$ | $2: 29.01$ | $2: 26.03$ | $2: 25.94$ | $2: 23.02$ | $2: 22.86$ | $2: 20.01$ | $2: 21.33$ | $2: 18.50$ |
| 400 IM | $5: 32.32$ | $5: 25.68$ | $5: 22.35$ | $5: 15.90$ | $5: 15.70$ | $5: 09.39$ | $5: 09.06$ | $5: 02.88$ | $5: 05.74$ | $4: 59.62$ |


| Female | $\mathbf{1 3}$ Years |  | $\mathbf{1 4}$ Years |  | $\mathbf{1 5}$ Years |  | $\mathbf{1 6}$ Years |  | $\mathbf{1 7 / 1 8}$ Years | Open |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC | LC | SC |
| 50 FREE | 30.82 | 30.20 | 30.20 | 29.59 | 29.70 | 29.11 | 29.39 | 28.80 | 29.09 | 28.50 | 28.92 | 28.34 |
| 100 FREE | $1: 07.17$ | $1: 05.83$ | $1: 05.82$ | $1: 04.51$ | $1: 04.18$ | $1: 02.89$ | $1: 03.50$ | $1: 02.23$ | $1: 02.83$ | $1: 01.58$ | $1: 01.57$ | 60.34 |
| 200 FREE | $2: 24.74$ | $2: 21.85$ | $2: 21.84$ | $2: 19.01$ | $2: 20.75$ | $2: 17.94$ | $2: 19.30$ | $2: 16.52$ | $2: 17.85$ | $2: 15.10$ | $2: 14.93$ | $2: 12.23$ |
| 400 FREE | $5: 06.16$ | $5: 00.04$ | $5: 00.04$ | $4: 54.04$ | $4: 56.97$ | $4: 51.03$ | $4: 53.92$ | $4: 48.04$ | $4: 50.85$ | $4: 45.03$ | $4: 45.40$ | $4: 39.69$ |
| 800 FREE | $10: 26.17$ | $10: 13.64$ | $10: 13.75$ | $10: 01.47$ | $9: 57.96$ | $9: 46.01$ | $9: 51.76$ | $9: 33.92$ | $9: 45.54$ | $9: 33.83$ | $9: 47.55$ | $9: 35.80$ |
| 1500 FREE | $19: 52.84$ | $19: 28.99$ | $19: 29.20$ | $19: 05.81$ | $19: 08.68$ | $18: 45.71$ | $18: 56.85$ | $18: 34.11$ | $18: 45.02$ | $18: 22.52$ | $18: 31.98$ | $18: 09.74$ |
| 50 BACK | 36.48 | 34.26 | 35.43 | 33.66 | 34.72 | 33.08 | 34.38 | 32.78 | 34.02 | 32.02 | 32.68 | 31.46 |
| 100 BACK | $1: 17.11$ | $1: 15.57$ | $1: 14.85$ | $1: 13.36$ | $1: 13.35$ | $1: 11.89$ | $1: 12.60$ | $1: 11.15$ | $1: 11.85$ | $1: 10.41$ | $1: 10.35$ | $1: 08.94$ |
| 200 BACK | $2: 47.12$ | $2: 43.78$ | $2: 42.23$ | $2: 38.98$ | $2: 38.97$ | $2: 35.79$ | $2: 37.34$ | $2: 34.20$ | $2: 35.70$ | $2: 32.59$ | $2: 32.18$ | $2: 29.13$ |
| 50 BREAST | 40.82 | 36.26 | 39.65 | 35.64 | 38.86 | 36.76 | 38.47 | 36.44 | 38.07 | 36.16 | 36.90 | 35.52 |
| 100 BREAST | $1: 27.90$ | $1: 26.14$ | $1: 25.28$ | $1: 23.58$ | $1: 23.54$ | $1: 21.87$ | $1: 22.67$ | $1: 21.01$ | $1: 21.79$ | $1: 20.16$ | $1: 19.46$ | $1: 17.87$ |
| 200 BREAST | $3: 09.24$ | $3: 05.46$ | $3: 03.60$ | $2: 59.93$ | $2: 59.85$ | $2: 56.26$ | $2: 57.97$ | $2: 54.42$ | $2: 56.10$ | $2: 52.57$ | $2: 51.07$ | $2: 47.64$ |
| 50 FLY | 33.86 | 32.45 | 32.89 | 31.88 | 32.22 | 31.32 | 31.90 | 31.05 | 31.57 | 29.97 | 30.59 | 29.44 |
| 100 FLY | $1: 13.74$ | $1: 12.27$ | $1: 11.55$ | $1: 10.12$ | $1: 10.09$ | $1: 08.69$ | $1: 09.35$ | $1: 07.97$ | $1: 08.63$ | $1: 07.26$ | $1: 07.74$ | $1: 06.38$ |
| 200 FLY | $2: 46.68$ | $2: 43.34$ | $2: 41.74$ | $2: 38.51$ | $2: 38.46$ | $2: 35.29$ | $2: 36.81$ | $2: 33.67$ | $2: 35.17$ | $2: 32.07$ | $2: 31.03$ | $2: 28.01$ |
| 200 IM | $2: 45.78$ | $2: 42.47$ | $2: 40.81$ | $2: 37.59$ | $2: 37.50$ | $2: 34.35$ | $2: 35.84$ | $2: 32.72$ | $2: 34.18$ | $2: 31.10$ | $2: 32.08$ | $2: 29.04$ |
| 400 IM | $5: 53.87$ | $5: 46.79$ | $5: 43.26$ | $5: 36.39$ | $5: 36.18$ | $5: 29.45$ | $5: 32.64$ | $5: 25.99$ | $5: 29.10$ | $5: 22.52$ | $5: 24.63$ | $5: 18.14$ |

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## QUALIFYING TIMES

## National Preparation Meet Multi Class

| Male |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Class | 200 FREE |  | 400 FREE |  | Class | 200 IM |  |
|  | LC | sc | LC | sc |  | LC | SC |
| S1 | 8:12.00 | 8:02.16 |  |  |  |  |  |
| S2 | 7:34.00 | 7:24.92 |  |  |  |  |  |
| S3 | 6:46.00 | 6:37.88 |  |  |  |  |  |
| S4 | 4:52.00 | 4:46.16 |  |  |  |  |  |
| S5 | 4:04.00 | 3:59.12 |  |  | SM5 | 4:54.00 | 4:48.12 |
| S6 | 3:54.00 | 3:49.32 | 7:53.00 | 7:43.54 | SM6 | 4:28.00 | 4:22.64 |
| S7 | 3:49.00 | 3:44.42 | 7:53.00 | 7:43.54 | SM7 | 4:22.00 | 4:16.76 |
| S8 | 3:38.00 | 3:33.62 | 7:21.00 | 7:12.18 | SM8 | 3:54.00 | 3:49.32 |
| S9 | 3:25.00 | 3:20.90 | 7:03.00 | 6:54.54 | SM9 | 3:43.00 | 3:38.54 |
| S10 | 3:12.00 | 3:08.16 | 6:37.00 | 6:29.06 | SM10 | 3:39.00 | 3:34.62 |
| S11 | 3:28.00 | 3:23.84 | 7:40.00 | 7:30.80 | SM11 | 3:56.00 | 3:51.28 |
| S12 | 3:20.00 | 3:16.00 | 6:49.00 | 6:40.82 | SM12 | 3:37.00 | 3:32.66 |
| S13 | 3:23.00 | 3:18.94 | 7:00.00 | 6:51.60 | SM13 | 3:43.00 | 3:38.54 |
| S14 | 3:19.00 | 3:15.02 | 7:14.00 | 7:05.32 | SM14 | 3:52.00 | 3:47.. 36 |
| S15 | 3:09.00 | 3:05.22 | 6:35.00 | 6:27.10 | SM15 | 3:30.00 | 3:25.80 |
| S16 | 4:06.00 | 4:01.08 | 7:14.00 | 7:05.32 | SM16 | 3:52.00 | 3:47.36 |


| Female |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Class | 200 FREE |  | 400 FREE |  | Class | 200 IM |  |
|  | LC | sc | LC | SC |  | LC | sc |
| S1 | 9:04.00 | 8:53.10 |  |  |  |  |  |
| S2 | 7:59.00 | 7:49.42 |  |  |  |  |  |
| S3 | 7:01.00 | 6:52.58 |  |  |  |  |  |
| S4 | 5:24.00 | 5:17.52 |  |  |  |  |  |
| S5 | 4:34.00 | 4:28.52 |  |  | SM5 | 5:54.00 | 5:46.92 |
| S6 | 4:22.00 | 4:16.76 | 9:35.00 | 9:23.50 | SM6 | 5:17.00 | 5:10.66 |
| S7 | 4:04.00 | 3:59.12 | 8:37.00 | 8:26.66 | SM7 | 4:56.00 | 4:50.08 |
| S8 | 3:55.00 | 3:50.30 | 8:15.00 | 8:05.10 | SM8 | 4:24.00 | 4:18.72 |
| S9 | 3:37.00 | 3:32.66 | 7:09.00 | 0:41.00 | SM9 | 4:01.00 | 3:56.18 |
| S10 | 3:43.00 | 3:38.54 | 7:35.00 | 7:25.90 | SM10 | 4:54.00 | 5:46.92 |
| S11 | 4:15.00 | 4:09.90 | 8:53.00 | 8:42.34 | SM11 | 4:55.00 | 4:49.10 |
| S12 | 3:47.00 | 3:42.46 | 7:47.00 | 7:37.66 | SM12 | 4:06.00 | 4:01.08 |
| S13 | 3:39.00 | 3:34.62 | 7:28.00 | 7:19.04 | SM13 | 4:01.00 | 3:56.18 |
| S14 | 3:40.00 | 3:35.60 | 8:05.00 | 7:55.30 | SM14 | 4:19.00 | 4:13.82 |
| S15 | 3:22.00 | 3:17.96 | 7:29.00 | 7:20.02 | SM15 | 4:02.00 | 3:57.16 |
| S16 | 4:33.00 | 4:27.54 | 8:05.00 | 7:55.30 | SM16 | 4:19.00 | 4:13.82 |

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2022. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved.


[^0]:    *Swimmers With Disability may swim in these events provided they have achieved the MC qualifying times.

[^1]:    *Swimmers With Disability may swim in these events provided they have achieved the MC qualifying times.

[^2]:    Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2022. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

[^3]:    Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2022. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

