



## MEET INFORMATION

### 2023 Speedo Short Course Preparation Meet

Brisbane Aquatic Centre  
8-9 July 2023





# KEY DETAILS

## Purpose

This meet has been designed to provide a quality racing opportunity for swimmers prior to the Queensland Short Course Championships, and to provide an opportunity for swimmers to qualify for those Championships.

## Eligibility

This meet is open to Swimming Queensland registered competitive swimmers, competitive swimmers registered with clubs affiliated with other State Associations and international swimmers who meet the clearance criteria.

## Clearance Criteria

International swimmers and teams must supply a letter of clearance from their National Swimming Federation to satisfy the clearance criteria. International swimmers training with, or members of, clubs in Australia will be nominated under their country name not the Australian club name.

Clearances must be submitted to the [Nominations Officer](#) before the nomination closing date.

## Photo Release

In nominating, swimmers agree that they may be photographed/videoed by Swimming Queensland's approved photographer; that the images may be displayed for viewing and purchasing on site during the meet and on the photographer's secure website after the meet; and that they may also be used by Swimming Queensland at its discretion.

## Age

Age as at the first day of the Queensland Short Course Championships, 11 August. Minimum age is 11 years.

## Qualifying Times

Qualifying times must have been achieved at an approved meet (either short course or long course) on or after 1 January 2022. Converted long course times will only be used where an existing short course time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

## Multi Class Qualifying Times and Entries

Multi Class swimmers competing in the 200m Freestyle must meet the Multi Class qualifying time and need to contact the [Nominations Officer](#) to submit their entry. Entries for all other Multi Class events are to be completed online through Swim Central.

## Entries

Entries are to be completed online via Swim Central using the link available [on our website](#). International swimmers and teams should contact the [Nominations Officer](#).

**Entries close Midnight, Tuesday 27 June.**

## Entry Fees

Online Meet Entry	\$14.00*
International Swimmer/Team#	\$16.00

\*Plus a fee of 3% (1.5% Swimming Australia fee, 1.5% debit/credit card processing fee)

#International swimmers must request a manual nomination form from the Nominations Officer

^Subject to change



# KEY DETAILS

## Late Entries

All entries for individual events submitted between Wednesday 28 June and midday Friday 30 June will be \$24 per event. Any further late entries are at the discretion of the Nominations Officer and if accepted will be \$50 per event.

## Ticketing

Tickets for this meet will be on sale via Ticketbooth (\$7 each *plus fees*) on the Tuesday prior to the meet. Tickets will also be available via Eftpos at the gate; \$8.5. The ticket link will be made available [on our website](#).

- Ticketing is general admission.
- Tickets are only required for spectators 16 years and over.
- Children 15 years and younger are free (and don't require a ticket).
- Concession Card Holders\* are free on presentation of their card (and don't require a ticket).

*\*Eligible Concessions: Department of Veterans' Affairs Card Holder, TPI or Department of Veterans' Affairs issued Pensioner Concession Card Holder, Commonwealth Senior Health Care Card Holder, Pensioner Concession Card Holder, Health Care Card Holder or Full time Australian Secondary or Tertiary student Card Holder.*

## Event Parking and Drop Off Areas

Parking and drop off for this meet will be in car park 3. Parking is only permitted in designated bays. [Sleeman Sports Complex venue map can be accessed here](#).

## Entry and Opening Times

The front entry will open at 7:00am. All attendees will be required to enter via the ticketing marquees positioned centrally on the grandstand level. Spectators will be given a wristband after scanning their ticket or showing their Concession Card.

## SQ Swim Shop

The SQ Swim Shop, located in Aquatic Reception, will be open during this Championships, including a pop-up shop on the grandstand level. SQ members receive a 10% discount on full priced items. Check out our socials for special promos or head to [our website](#) to shop 24/7!

## Food and Drink

Catering outlets will be open for this meet, including coffee and a variety of lunch options.

## Bags and Eskies

Please note that Stadiums Queensland rules state that bags/eskies must be soft to touch, no bigger than 40cm x 40cm x 40cm and stowed under seats. All other bags/eskies will be refused.

## Accommodation

Chandler Lodge and Cabins offer on site accommodation. [Contact them direct for more details](#). Quest Eight Mile Plains provides a 15% discount for attendees at this meet when they use the code - SWIMQ - when booking.

## Entry List

The entry list will be emailed to all competitors, and made available [on our website](#).

All competitors must check their entries thoroughly and if any discrepancies are noted they [must be submitted using the online form](#) by Midnight, Sunday 2 July.





# KEY DETAILS

## Timekeeper Roster

A timekeeper roster will be in place for this meet.

## Timeline

The timeline for this meet will be published [on our website](#) by the Thursday prior to the meet. The timeline is to be used as a guide only and actual start times of events may vary depending on a variety of circumstances on the actual day of competition.

## Online Program

An online program will be published [on our website](#) on the Thursday prior to the meet. No printed programs will be available.

## Self-Marshalling Entry List

A final entry list will be published [on our website](#) on the Thursday prior to the meet, for swimmers to use for self-marshalling.

## Marshalling Procedures

Self-marshalling will be in place, swimmers should ensure they are ready to self marshal:

- 8 heats prior for 50m events,
- 3 heats prior for 100m and 200m events,
- 2 heats prior for 400m events, and
- 1 heat prior for 800m\* and 1500m\* events.

\*Events of 800m and over require swimmers (or their Coach / Team Manager) to confirm their intention to swim. This must be completed at the Help Desk, a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal. Confirmed swimmers must then follow the marshalling procedures.

## Racing Format

All events will be conducted as timed finals. Events will be swum on a "seed-entry" basis, not in age groups i.e. competitors will be grouped by time rather than by age group. Seeding will be from fastest to slowest. No medals or awards will be presented at this meet.

## Results

Live results will be made available and will be accessible [on our website](#). Results will also be viewable on Meet Mobile. Following the conclusion of the meet a PDF results file will be published on our website.

*Please note, TM Results files will only be provided, on request, to club race secretaries.*

## Warm Up Procedure

Warm up will commence at 7:00am. The competition pool may be used for warm up, until 15 minutes prior to racing commencing. The non-competition end of the indoor pool and the outdoor pool will be in use for the duration of the meet; the dive pool may not be used.

Competitors must comply with signage on pool deck regarding the use of the warm up and warm down lanes. Diving will not be permitted unless the signage indicates otherwise. Paddles are not permitted during warm up or warm down.



## KEY DETAILS

### Other Competitor Guidance Notes

- Athletes are not permitted to 'swim up' an age.
- Heats are seeded fastest to slowest.
- Heats may be amalgamated or re-seeded at the discretion of the Technical Manager and Referee.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started, with the exception that for Multi Class events, competitors in the final heat of the event prior to all Multi Class events, during the heats of all Multi Class events and after the final heat of all Multi Class events will be asked to clear the water.
- Protests must be submitted in writing to the Referee by a responsible team leader, together with a deposit of \$100, within 30 minutes of the conclusion of the respective event.
- All Swimming Queensland Rules, Championship By-Laws, SAL and World Aquatics Swimming Rules will apply at this meet with additions or amendments as from time to time decided by the Board.

***SQ MEMBERS***

***GET 10% OFF***

***FULL-PRICED***

***ITEMS***

***speedo***   
***SQ Swim Shop***





# PROGRAM OF EVENTS

Saturday 8 July

First Session

Competition Start Time: 8:30am

Event	Age	Gender	Distance	Stroke
1	11 & Over	Men	50m	Butterfly
2	11 & Over	Women	50m	Butterfly
3	Multi Class	Men	50m	Freestyle
4	Multi Class	Women	50m	Freestyle
5	11 & Over	Men	200m	Individual Medley
6	11 & Over	Women	200m	Individual Medley
7	11 & Over	Men	400m	Freestyle
8	11 & Over	Women	400m	Freestyle
9	Multi Class	Men	100m	Breaststroke
10	Multi Class	Women	100m	Breaststroke
11	11 & Over	Men	50m	Backstroke
12	11 & Over	Women	50m	Backstroke
13	Multi Class	Men	50m	Backstroke
14	Multi Class	Women	50m	Backstroke

Second Session

Competition Start Time: TBA

Event	Age	Gender	Distance	Stroke
15	11 & Over	Men	100m	Freestyle
16	11 & Over	Women	100m	Freestyle
17	12 & Over	Men	200m	Butterfly
18	12 & Over	Women	200m	Butterfly
19	Multi Class	Men	100m	Butterfly
20	Multi Class	Women	100m	Butterfly
21	11 & Over	Men	50m	Breaststroke
22	11 & Over	Women	50m	Breaststroke
23	Multi Class	Men	100m	Individual Medley
24	Multi Class	Women	100m	Individual Medley
25	12 & Over	Men	200m	Backstroke
26	12 & Over	Women	200m	Backstroke
27	12 & Over	Men	200m	Breaststroke
28	12 & Over	Women	200m	Breaststroke
29	13 & Over	Men	1500m	Freestyle
30	12 & Over	Women	800m	Freestyle





# PROGRAM OF EVENTS

Sunday 9 July

## Fourth Session

Competition Start Time: 8:30am

Event	Age	Gender	Distance	Stroke
31	11 & Over	Men	200m	Freestyle*
32	11 & Over	Women	200m	Freestyle*
33	Multi Class	Men	50m	Breaststroke
34	Multi Class	Women	50m	Breaststroke
35	11 & Over	Men	100m	Backstroke
36	11 & Over	Women	100m	Backstroke
37	11 & Over	Men	100m	Breaststroke
38	11 & Over	Women	100m	Breaststroke
39	Multi Class	Men	100m	Freestyle
40	Multi Class	Women	100m	Freestyle
41	12 & Over	Men	400m	Individual Medley
42	12 & Over	Women	400m	Individual Medley

\*Multi Class swimmers may swim in this event provided they have achieved the MC Qualifying Times.

## Fifth Session

Competition Start Time: TBA

Event	Age	Gender	Distance	Stroke
43	11 & Over	Men	100m	Butterfly
44	11 & Over	Women	100m	Butterfly
45	Multi Class	Men	50m	Butterfly
46	Multi Class	Women	50m	Butterfly
47	11 & Over	Men	100m	Individual Medley
48	11 & Over	Women	100m	Individual Medley
49	Multi Class	Men	100m	Backstroke
50	Multi Class	Women	100m	Backstroke
51	11 & Over	Men	50m	Freestyle
52	11 & Over	Women	50m	Freestyle
53	12 & Over	Men	800m	Freestyle
54	13 & Over	Women	1500m	Freestyle

# QUALIFYING TIMES

## Male

	11 Years		12 Years		13 Years		14 Years		15 Years		16 Years		17 & Over	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 FREE	37.33	36.60	34.85	34.16	30.82	30.21	29.60	29.02	28.08	27.53	27.84	27.29	26.61	26.09
100 FREE	1:19.78	1:18.22	1:14.54	1:13.07	1:07.19	1:05.87	1:04.04	1:02.78	1:00.36	59.18	59.31	58.15	57.83	56.69
200 FREE	2:53.15	2:49.75	2:38.24	2:35.14	2:22.19	2:19.40	2:16.45	2:13.78	2:11.87	2:09.28	2:09.57	2:07.03	2:06.54	2:04.06
400 FREE	6:04.86	5:57.71	5:30.81	5:24.32	5:01.62	4:55.70	4:51.89	4:46.16	4:39.73	4:34.24	4:34.86	4:29.47	4:30.82	4:25.51
800 FREE			11:29.82	11:16.29	10:32.84	10:20.43	10:14.29	10:02.24	9:34.01	9:22.75	9:28.97	9:17.82	9:20.12	9:09.13
1500 FREE					20:15.42	19:51.59	19:45.53	19:22.29	18:22.43	18:00.81	18:12.76	17:51.33	17:50.96	17:29.96
50 BACK	46.24	45.34	40.44	39.65	36.58	35.87	35.20	34.51	34.03	33.36	33.48	32.82	32.38	31.74
100 BACK	1:31.45	1:29.66	1:26.85	1:25.15	1:17.65	1:16.13	1:12.47	1:11.05	1:09.60	1:08.23	1:07.87	1:06.54	1:06.70	1:05.39
200 BACK			3:02.73	2:59.15	2:46.35	2:43.09	2:37.53	2:34.44	2:31.23	2:28.26	2:29.97	2:27.03	2:26.46	2:23.59
50 BREAST	52.37	51.34	45.37	44.48	40.47	39.67	38.63	37.87	37.34	36.60	36.72	36.00	35.81	35.11
100 BREAST	1:45.93	1:43.86	1:38.23	1:36.30	1:26.67	1:24.97	1:20.90	1:19.31	1:17.04	1:15.53	1:16.40	1:14.90	1:13.95	1:12.50
200 BREAST			3:30.03	3:25.91	3:06.07	3:02.42	2:57.61	2:54.13	2:49.15	2:45.83	2:47.74	2:44.45	2:40.22	2:37.08
50 FLY	43.46	42.60	38.45	37.70	34.28	33.61	32.98	32.33	31.88	31.26	31.37	30.75	30.34	29.75
100 FLY	1:32.50	1:30.68	1:26.96	1:25.25	1:14.77	1:13.31	1:10.34	1:08.96	1:07.02	1:05.70	1:05.91	1:04.62	1:04.04	1:02.78
200 FLY			3:11.37	3:07.62	2:45.10	2:41.87	2:37.60	2:34.51	2:31.34	2:28.38	2:28.84	2:25.92	2:23.98	2:21.15
100 IM		1:30.46		1:21.84		1:16.79		1:10.97		1:08.54		1:06.24		1:03.93
200 IM	3:18.33	3:14.44	3:02.97	2:59.39	2:54.00	2:50.59	2:38.66	2:35.55	2:32.27	2:29.28	2:29.71	2:26.77	2:23.64	2:20.83
400 IM			6:33.84	6:26.12	6:11.93	6:04.63	5:41.87	5:35.17	5:19.99	5:13.72	5:17.26	5:11.04	5:10.64	5:04.55

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2022. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.



# QUALIFYING TIMES

## Female

	11 Years		12 Years		13 Years		14 Years		15 Years		16 Years		17 & Over	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 FREE	37.33	36.60	34.85	34.16	32.85	32.21	31.75	31.13	30.61	30.01	30.34	29.75	29.80	29.21
100 FREE	1:19.78	1:18.22	1:14.54	1:13.07	1:10.31	1:08.93	1:07.98	1:06.65	1:05.08	1:03.80	1:04.50	1:03.23	1:03.79	1:02.54
200 FREE	2:53.15	2:49.75	2:38.24	2:35.14	2:31.03	2:28.07	2:25.95	2:23.09	2:22.15	2:19.36	2:20.88	2:18.11	2:19.78	2:17.04
400 FREE	6:04.86	5:57.71	5:30.81	5:24.32	5:14.54	5:08.37	5:03.96	4:58.00	4:56.03	4:50.23	4:53.39	4:47.64	4:48.71	4:43.05
800 FREE			11:29.82	11:16.29	10:46.14	10:33.47	10:27.20	10:14.90	10:10.84	9:58.86	10:05.39	9:53.52	10:04.52	9:52.66
1500 FREE					20:07.18	19:43.51	19:52.53	19:29.15	19:21.42	18:58.65	19:11.05	18:48.48	19:01.85	18:39.46
50 BACK	46.24	45.34	40.44	39.65	38.18	37.44	37.25	36.52	36.57	35.86	36.27	35.56	35.96	35.26
100 BACK	1:31.45	1:29.66	1:26.85	1:25.15	1:20.62	1:19.04	1:17.40	1:15.88	1:15.46	1:13.98	1:14.17	1:12.72	1:12.70	1:11.27
200 BACK			3:02.73	2:59.15	2:51.03	2:47.68	2:46.86	2:43.59	2:42.69	2:39.50	2:39.91	2:36.77	2:37.55	2:34.46
50 BREAST	52.37	51.34	45.37	44.48	42.52	41.69	41.15	40.34	40.40	39.61	40.07	39.28	39.43	38.66
100 BREAST	1:45.93	1:43.86	1:38.23	1:36.30	1:30.62	1:28.84	1:27.74	1:26.02	1:24.14	1:22.49	1:22.70	1:21.08	1:21.54	1:19.94
200 BREAST			3:30.03	3:25.91	3:16.29	3:12.45	3:10.06	3:06.34	3:02.27	2:58.70	2:59.16	2:55.64	2:55.54	2:52.10
50 FLY	43.46	42.60	38.45	37.70	35.75	35.05	34.74	34.06	34.25	33.58	33.96	33.30	33.66	33.00
100 FLY	1:32.50	1:30.68	1:26.96	1:25.25	1:19.03	1:17.48	1:16.52	1:15.02	1:13.39	1:11.95	1:12.13	1:10.72	1:09.52	1:08.16
200 FLY			3:11.37	3:07.62	2:55.69	2:52.25	2:50.11	2:46.78	2:43.14	2:39.94	2:40.35	2:37.21	2:37.13	2:34.05
100 IM		1:30.46		1:21.84		1:17.15		1:15.85		1:13.17		1:12.53		1:11.89
200 IM	3:18.33	3:14.44	3:02.97	2:59.39	2:55.38	2:51.94	2:51.10	2:47.75	2:43.97	2:40.76	2:42.55	2:39.36	2:40.24	2:37.10
400 IM			6:33.84	6:26.12	6:13.60	6:06.28	6:01.55	5:54.46	5:46.49	5:39.69	5:43.47	5:36.74	5:42.53	5:35.81

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2022. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

# QUALIFYING TIMES

## Multi Class 200m Freestyle

### Male

### Female

	11-14 Years		15-18 Years		19 Years & Over			11-14 Years		15-18 Years		19 Years & Over	
	SC	LC	SC	LC	SC	LC		SC	LC	SC	LC	SC	LC
S1	13:06.81	13:22.55	11:34.43	11:48.32	9:50.67	10:02.48	S1	13:15.09	13:30.99	11:41.74	11:55.77	9:56.89	10:08.83
S2	12:31.34	12:46.37	11:03.12	11:16.38	9:24.04	9:35.32	S2	13:03.10	13:18.76	11:31.16	11:44.98	9:47.88	9:59.64
S3	9:09.87	9:20.87	7:47.71	7:57.06	6:59.63	7:08.02	S3	8:00.47	8:10.08	6:48.68	6:56.85	6:06.67	6:14.00
S4	6:55.61	7:03.92	5:53.51	6:00.58	5:17.17	5:23.51	S4	7:25.62	7:34.53	6:19.03	6:26.61	5:40.07	5:46.87
S5	5:47.77	5:54.73	4:55.81	5:01.73	4:25.40	4:30.71	S5	6:29.22	6:37.00	5:31.06	5:37.68	4:57.03	5:02.97
S6	5:17.83	5:24.19	4:30.34	4:35.75	4:02.55	4:07.40	S6	6:11.23	6:18.65	5:15.76	5:22.08	4:43.30	4:48.97
S7	4:30.32	4:35.73	4:02.53	4:07.38	3:43.51	3:47.98	S7	4:54.94	5:00.84	4:24.62	4:29.91	4:03.86	4:08.74
S8	4:08.90	4:13.88	3:43.32	3:47.79	3:25.80	3:29.92	S8	4:36.70	4:42.23	4:08.25	4:13.21	3:48.78	3:53.36
S9	3:48.53	3:53.10	3:25.04	3:29.14	3:08.95	3:12.73	S9	4:30.58	4:35.99	4:02.76	4:07.62	3:43.72	3:48.19
S10	3:42.73	3:47.18	3:19.83	3:23.83	3:04.15	3:07.83	S10	4:06.91	4:11.85	3:41.53	3:45.96	3:24.15	3:28.23
S11	4:28.72	4:34.09	4:01.10	4:05.92	3:42.18	3:46.62	S11	4:45.56	4:51.27	4:16.21	4:21.33	3:56.11	4:00.83
S12	4:03.36	4:08.23	3:38.34	3:42.71	3:21.21	3:25.23	S12	4:16.96	4:22.10	3:50.54	3:55.15	3:32.46	3:36.71
S13	3:48.91	3:53.49	3:25.38	3:29.49	3:09.26	3:13.05	S13	4:13.72	4:18.79	3:47.64	3:52.19	3:29.78	3:33.98
S14	3:42.06	3:46.50	3:19.23	3:23.21	3:03.60	3:07.27	S14	4:04.21	4:09.09	3:39.10	3:43.48	3:21.91	3:25.95
S15	3:36.23	3:40.55	3:14.01	3:17.89	2:58.78	3:02.36	S15	4:11.83	4:16.87	3:45.94	3:50.46	3:28.21	3:32.37
S16	4:51.94	4:57.78	4:08.32	4:13.29	3:42.79	3:47.25	S16	6:35.69	6:43.60	5:36.56	5:43.29	5:01.97	5:08.01
S17	5:45.93	5:52.85	5:45.93	5:52.85	5:02.19	5:08.23	S17	6:24.43	6:32.12	6:24.43	6:32.12	5:35.83	5:42.55
S18	4:09.12	4:14.10	3:43.51	3:47.98	3:25.98	3:30.10	S18	4:43.22	4:48.88	4:14.10	4:19.18	3:54.17	3:58.85
S19	5:05.86	5:11.98	4:47.82	4:53.58	4:33.41	4:38.88	S19	5:39.90	5:46.70	5:19.86	5:26.26	5:03.84	5:09.92

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2022. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.