

### **Thursday 8 August**

#### **First Session**

Warm up: 04:00 PM Competition: 05:30 PM

| <b>Guide Start Time</b> | Event | Gender | Age       | Distance | Stroke    |
|-------------------------|-------|--------|-----------|----------|-----------|
| 05:30 PM                | 1     | Male   | 12-14yrs  | 800m     | Freestyle |
| 06:01 PM                | 2     | Female | 12-14yrs  | 800m     | Freestyle |
| 06:43 PM                | 3     | Male   | 15 & Over | 800m     | Freestyle |
| 07:10 PM                | 4     | Female | 15 & Over | 800m     | Freestyle |

Expected session finish time: 07:40 PM

PLEASE NOTE: The times listed above are to be used as a GUIDE ONLY.









## Friday 9 August

#### **Second Session**

Warm up: 07:00 AM Competition: 08:30 AM

| <b>Guide Start Time</b> | Event | Gender | Age         | Distance | Stroke            |
|-------------------------|-------|--------|-------------|----------|-------------------|
| 08:30 AM                | 5     | Male   | Open        | 100m     | Individual Medley |
| 08:33 AM                | 6     | Female | Open        | 100m     | Individual Medley |
| 08:38 AM                | 7     | Male   | 11-12yrs    | 100m     | Individual Medley |
| 08:48 AM                | 8     | Female | 11-12yrs    | 100m     | Individual Medley |
| 09:00 AM                | 9     | Male   | 13-14yrs    | 100m     | Individual Medley |
| 09:09 AM                | 10    | Female | 13-14yrs    | 100m     | Individual Medley |
| 09:17 AM                | 11    | Male   | 15-18yrs    | 100m     | Individual Medley |
| 09:23 AM                | 12    | Female | 15-18yrs    | 100m     | Individual Medley |
| 09:28 AM                | 13    | Male   | Multi Class | 100m     | Individual Medley |
| 09:32 AM                | 14    | Female | Multi Class | 100m     | Individual Medley |
| 09:37 AM                | 15    | Male   | 11-12yrs    | 50m      | Butterfly         |
| 09:50 AM                | 16    | Female | 11-12yrs    | 50m      | Butterfly         |
| 10:11 AM                | 17    | Male   | 13-14yrs    | 50m      | Butterfly         |
| 10:22 AM                | 18    | Female | 13-14yrs    | 50m      | Butterfly         |
| 10:37 AM                | 19    | Male   | 15-18yrs    | 50m      | Butterfly         |
| 10:53 AM                | 20    | Female | 15-18yrs    | 50m      | Butterfly         |
| 11:08 AM                | 21    | Male   | Open        | 50m      | Butterfly         |
| 11:13 AM                | 22    | Female | Open        | 50m      | Butterfly         |
| 11:21 AM                | 23    | Male   | Multi Class | 50m      | Butterfly         |
| 11:24 AM                | 24    | Female | Multi Class | 50m      | Butterfly         |
| 11:28 AM                | 25    | Male   | 11-12yrs    | 100m     | Backstroke        |
| 11:41 AM                | 26    | Female | 11-12yrs    | 100m     | Backstroke        |
| 12:02 PM                | 27    | Male   | 12 & Over   | 200m     | Backstroke        |
| 12:33 PM                | 28    | Female | 12 & Over   | 200m     | Backstroke        |
| 01:09 PM                | 29    | Male   | Multi Class | 100m     | Backstroke        |
| 01:14 PM                | 30    | Female | Multi Class | 100m     | Backstroke        |

Expected session finish time: 01:20 PM

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## Friday 9 August

#### **Third Session**

Competition: 01:40 PM

| <b>Guide Start Time</b> | Event | Gender | Age         | Distance | Stroke       |
|-------------------------|-------|--------|-------------|----------|--------------|
| 01:40 PM                | 31    | Male   | Open        | 50m      | Freestyle    |
| 01:47 PM                | 32    | Female | Open        | 50m      | Freestyle    |
| 01:53 PM                | 33    | Male   | 11-12yrs    | 50m      | Freestyle    |
| 02:11 PM                | 34    | Female | 11-12yrs    | 50m      | Freestyle    |
| 02:37 PM                | 35    | Male   | 13-14yrs    | 50m      | Freestyle    |
| 02:51 PM                | 36    | Female | 13-14yrs    | 50m      | Freestyle    |
| 03:11 PM                | 37    | Male   | 15-18yrs    | 50m      | Freestyle    |
| 03:24 PM                | 38    | Female | 15-18yrs    | 50m      | Freestyle    |
| 03:35 PM                | 39    | Male   | Multi Class | 50m      | Freestyle    |
| 03:39 PM                | 40    | Female | Multi Class | 50m      | Freestyle    |
| 03:42 PM                | 41    | Male   | 11-12yrs    | 100m     | Breaststroke |
| 03:55 PM                | 42    | Female | 11-12yrs    | 100m     | Breaststroke |
| 04:15 PM                | 43    | Male   | 13-14yrs    | 100m     | Breaststroke |
| 04:22 PM                | 44    | Female | 13-14yrs    | 100m     | Breaststroke |
| 04:33 PM                | 45    | Male   | 15-18yrs    | 100m     | Breaststroke |
| 04:41 PM                | 46    | Female | 15-18yrs    | 100m     | Breaststroke |
| 04:48 PM                | 47    | Male   | Open        | 100m     | Breaststroke |
| 04:53 PM                | 48    | Female | Open        | 100m     | Breaststroke |
| 04:58 PM                | 49    | Male   | 12 & Over   | 200m     | Butterfly    |
| 05:18 PM                | 50    | Female | 12 & Over   | 200m     | Butterfly    |
| 05:33 PM                | 51    | Male   | 13 & Over   | 1500m    | Freestyle    |

Expected session finish time: 06:28 PM

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## Saturday 10 August

#### **Fourth Session**

Warm up: 07:00 AM Competition: 08:30 AM

| <b>Guide Start Time</b> | Event | Gender | Age         | Distance | Stroke            |
|-------------------------|-------|--------|-------------|----------|-------------------|
| 08:30 AM                | 52    | Male   | Open        | 100m     | Freestyle         |
| 08:37 AM                | 53    | Female | Open        | 100m     | Freestyle         |
| 08:42 AM                | 54    | Male   | 11-12yrs    | 100m     | Freestyle         |
| 08:58 AM                | 55    | Female | 11-12yrs    | 100m     | Freestyle         |
| 09:18 AM                | 56    | Male   | 13-14yrs    | 100m     | Freestyle         |
| 09:32 AM                | 57    | Female | 13-14yrs    | 100m     | Freestyle         |
| 09:49 AM                | 58    | Male   | 15-18yrs    | 100m     | Freestyle         |
| 10:01 AM                | 59    | Female | 15-18yrs    | 100m     | Freestyle         |
| 10:12 AM                | 60    | Male   | Multi Class | 100m     | Freestyle         |
| 10:18 AM                | 61    | Female | Multi Class | 100m     | Freestyle         |
| 10:24 AM                | 62    | Male   | 12 & Over   | 400m     | Individual Medley |
| 11:10 AM                | 63    | Female | 12 & Over   | 400m     | Individual Medley |
| 11:52 AM                | 64    | Male   | Multi Class | 50m      | Breaststroke      |
| 11:55 AM                | 65    | Female | Multi Class | 50m      | Breaststroke      |

Expected session finish time: 12:00 PM

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## **Saturday 10 August**

#### **Fifth Session**

Competition: 12:20 PM

| <b>Guide Start Time</b> | Event | Gender | Age         | Distance | Stroke     |
|-------------------------|-------|--------|-------------|----------|------------|
| 12:20 PM                | 66    | Female | 11 & Over   | 200m     | Freestyle  |
| 01:13 PM                | 67    | Male   | 11-12yrs    | 50m      | Backstroke |
| 01:30 PM                | 68    | Female | 11-12yrs    | 50m      | Backstroke |
| 01:57 PM                | 69    | Male   | 11 & Over   | 200m     | Freestyle  |
| 02:44 PM                | 70    | Male   | 13-14yrs    | 100m     | Backstroke |
| 02:52 PM                | 71    | Female | 13-14yrs    | 100m     | Backstroke |
| 03:04 PM                | 72    | Male   | 15-18yrs    | 100m     | Backstroke |
| 03:14 PM                | 73    | Female | 15-18yrs    | 100m     | Backstroke |
| 03:24 PM                | 74    | Male   | Open        | 100m     | Backstroke |
| 03:27 PM                | 75    | Female | Open        | 100m     | Backstroke |
| 03:31 PM                | 76    | Male   | Multi Class | 100m     | Butterfly  |
| 03:35 PM                | 77    | Female | Multi Class | 100m     | Butterfly  |
| 03:37 PM                | 78    | Male   | 11-12yrs    | 100m     | Butterfly  |
| 03:46 PM                | 79    | Female | 11-12yrs    | 100m     | Butterfly  |
| 03:59 PM                | 80    | Male   | 13-14yrs    | 100m     | Butterfly  |
| 04:05 PM                | 81    | Female | 13-14yrs    | 100m     | Butterfly  |
| 04:14 PM                | 82    | Male   | 15-18yrs    | 100m     | Butterfly  |
| 04:24 PM                | 83    | Female | 15-18yrs    | 100m     | Butterfly  |
| 04:32 PM                | 84    | Male   | Open        | 100m     | Butterfly  |
| 04:38 PM                | 85    | Female | Open        | 100m     | Butterfly  |
| 04:41 PM                | 86    | Female | 13 & Over   | 1500m    | Freestyle  |

Expected session finish time: 05:36 PM

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## **Sunday 11 August**

#### **Sixth Session**

Warm up: 07:00 AM Competition: 08:30 AM

| <b>Guide Start Time</b> | Event | Gender | Age         | Distance | Stroke       |
|-------------------------|-------|--------|-------------|----------|--------------|
| 08:30 AM                | 87    | Male   | 11 & Over   | 400m     | Freestyle    |
| 09:31 AM                | 88    | Female | 12 & Over   | 200m     | Breaststroke |
| 10:08 AM                | 89    | Male   | 11-12yrs    | 50m      | Breaststroke |
| 10:20 AM                | 90    | Female | 11-12yrs    | 50m      | Breaststroke |
| 10:42 AM                | 91    | Male   | Multi Class | 50m      | Backstroke   |
| 10:46 AM                | 92    | Female | Multi Class | 50m      | Backstroke   |
| 10:51 AM                | 93    | Male   | 12 & Over   | 200m     | Breaststroke |
| 11:19 AM                | 94    | Female | 11 & Over   | 400m     | Freestyle    |
| 12:17 PM                | 95    | Male   | 13-14yrs    | 50m      | Backstroke   |
| 12:30 PM                | 96    | Female | 13-14yrs    | 50m      | Backstroke   |
| 12:49 PM                | 97    | Male   | 15-18yrs    | 50m      | Backstroke   |
| 01:02 PM                | 98    | Female | 15-18yrs    | 50m      | Backstroke   |
| 01:18 PM                | 99    | Male   | Open        | 50m      | Backstroke   |
| 01:23 PM                | 100   | Female | Open        | 50m      | Backstroke   |

Expected session finish time: 01:31 PM

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## **Sunday 11 August**

#### **Seventh Session**

Competition: 01:50 PM

| <b>Guide Start Time</b> | Event | Gender | Age         | Distance | Stroke            |
|-------------------------|-------|--------|-------------|----------|-------------------|
| 01:50 PM                | 101   | Male   | Multi Class | 100m     | Breaststroke      |
| 01:56 PM                | 102   | Female | Multi Class | 100m     | Breaststroke      |
| 02:01 PM                | 103   | Male   | 11 & Over   | 200m     | Individual Medley |
| 02:49 PM                | 104   | Female | 11 & Over   | 200m     | Individual Medley |
| 03:46 PM                | 105   | Male   | 13-14yrs    | 50m      | Breaststroke      |
| 03:55 PM                | 106   | Female | 13-14yrs    | 50m      | Breaststroke      |
| 04:05 PM                | 107   | Male   | 15-18yrs    | 50m      | Breaststroke      |
| 04:16 PM                | 108   | Female | 15-18yrs    | 50m      | Breaststroke      |
| 04:25 PM                | 109   | Male   | Open        | 50m      | Breaststroke      |
| 04:31 PM                | 110   | Female | Open        | 50m      | Breaststroke      |
| 04:36 PM                | 111   | Male   | Multi Class | 200m     | Freestyle         |
| 04:44 PM                | 112   | Female | Multi Class | 200m     | Freestyle         |

Expected session finish time: 04:52 PM

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