

## Saturday 6 July

### Session 1

Warm up: 07:00 AM Competition: 08:30 AM

<b>Guide Start Time</b>	Event	Gender	Age	Distance	Stroke
08:30 AM	1	Men	11&0	50m	Butterfly
08:47 AM	2	Women	11&0	50m	Butterfly
09:08 AM	3	Men	MC	50m	Freestyle
09:10 AM	4	Women	MC	50m	Freestyle
09:14 AM	5	Men	11&0	200m	IM
09:35 AM	6	Women	11&0	200m	IM
10:00 AM	7	Men	11&0	400m	Freestyle
10:22 AM	8	Women	11&0	400m	Freestyle
10:49 AM	9	Men	MC	100m	Breaststroke
10:52 AM	10	Women	MC	100m	Breaststroke
10:54 AM	11	Men	11&0	50m	Backstroke
11:13 AM	12	Women	11&0	50m	Backstroke
11:40 AM	13	Men	MC	50m	Backstroke
11:42 AM	14	Women	MC	50m	Backstroke

Expected session finish time: 11:45 AM

PLEASE NOTE: The times listed above are to be used as a GUIDE ONLY.











### Saturday 6 July

### Session 2

Competition: 12:05 PM

<b>Guide Start Time</b>	Event	Gender	Age	Distance	Stroke
12:05 PM	15	Men	11&0	100m	Freestyle
12:31 PM	16	Women	11&0	100m	Freestyle
01:00 PM	17	Men	12&0	200m	Butterfly
01:06 PM	18	Women	12&0	200m	Butterfly
01:12 PM	19	Men	MC	100m	Butterfly
01:16 PM	20	Women	MC	100m	Butterfly
01:18 PM	21	Men	11&0	50m	Breaststroke
01:32 PM	22	Women	11&0	50m	Breaststroke
01:50 PM	23	Men	MC	100m	IM
01:53 PM	24	Women	MC	100m	IM
01:58 PM	25	Men	12&0	200m	Backstroke
02:10 PM	26	Women	12&0	200m	Backstroke
02:27 PM	27	Men	12&0	200m	Breaststroke
02:41 PM	28	Women	12&0	200m	Breaststroke
02:58 PM	29	Men	13&0	1500m	Freestyle
03:18 PM	30	Women	12&0	800m	Freestyle

Expected session finish time: 3:40 PM

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### **Sunday 7 July**

### Session 3

Warm up: 07:00 AM Competition: 08:30 AM

<b>Guide Start Time</b>	Event	Gender	Age	Distance	Stroke
08:30 AM	31	Men	11&0	200m	Freestyle
08:56 AM	32	Women	11&0	200m	Freestyle
09:26 AM	33	Men	MC	50m	Breaststroke
09:29 AM	34	Women	MC	50m	Breaststroke
09:31 AM	35	Men	11&0	100m	Backstroke
09:46 AM	36	Women	11&0	100m	Backstroke
10:06 AM	37	Men	11&0	100m	Breaststroke
10:20 AM	38	Women	11&0	100m	Breaststroke
10:37 AM	39	Men	MC	100m	Freestyle
10:41 AM	40	Women	MC	100m	Freestyle
10:47 AM	41	Men	12&0	400m	IM
11:00 AM	42	Women	12&0	400m	IM

Expected session finish time: 11:12 AM

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## **Sunday 7 July**

#### Session 4

Competition: 11:30 AM

<b>Guide Start Time</b>	Event	Gender	Age	Distance	Stroke
11:30 AM	43	Men	11&0	100m	Butterfly
11:40 AM	44	Women	11&0	100m	Butterfly
11:53 AM	45	Men	MC	50m	Butterfly
11:55 AM	46	Women	MC	50m	Butterfly
11:56 AM	47	Men	11&0	100m	IM
12:06 PM	48	Women	11&0	100m	IM
12:18 PM	49	Men	MC	100m	Backstroke
12:21 PM	50	Women	MC	100m	Backstroke
12:27 PM	51	Men	11&0	50m	Freestyle
12:47 PM	52	Women	11&0	50m	Freestyle
01:16 PM	53	Men	12&0	800m	Freestyle
01:37 PM	54	Women	13&0	1500m	Freestyle

Expected session finish time: 1:57 PM

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