

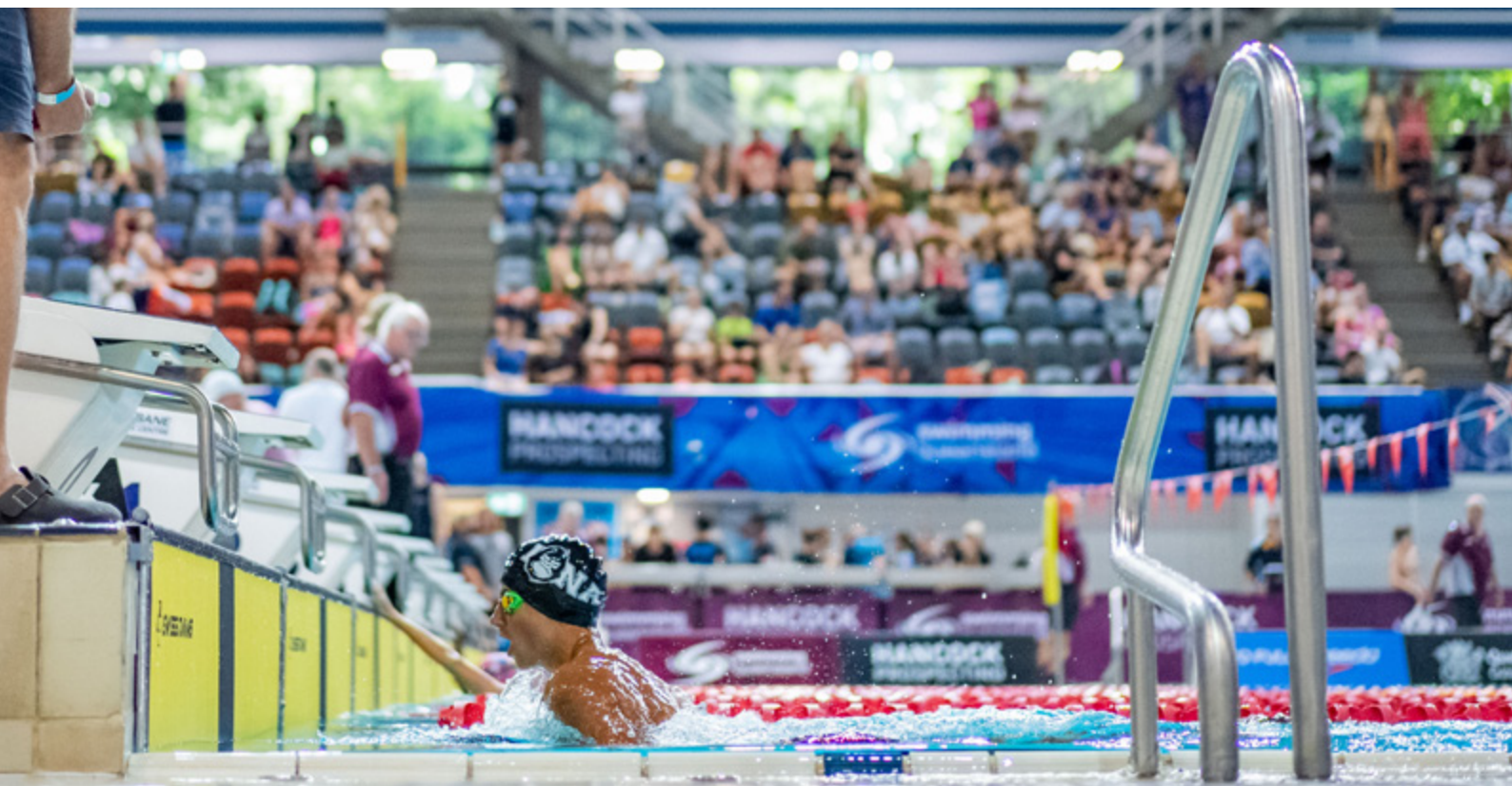


CHAMPIONSHIPS INFORMATION

2025 Hancock Prospecting Queensland Championships

Brisbane Aquatic Centre

13-19 December



Eligibility

These Championships are open to Swimming Queensland registered competitive swimmers, competitive swimmers registered with clubs affiliated with other State Associations and international swimmers who meet the clearance criteria.

Clearance Criteria

International swimmers and teams must supply a letter of clearance from their National Swimming Federation to satisfy the clearance criteria. International swimmers training with clubs in Australia will be nominated under their country name not the Australian club name.

Clearances must be submitted to the [Nominations Officer](#) before the nomination closing date.

Photo Release

In nominating, swimmers agree that they may be photographed/videoed by Swimming Queensland's approved photographer; that the images may be displayed for viewing and purchasing on site during the Championships and on the photographer's secure website after the Championships; and that they may also be used by Swimming Queensland at its discretion.

Age

Age as at the first day of the Queensland Championships, 13 December. Minimum age is 12 years for individual events, refer to page 6 for Relay minimum ages. Athletes are not permitted to 'swim up' an age.

Qualifying Times

Qualifying times must have been achieved at an approved meet (either short course or long course) on or after 1 January 2024. Converted short course times will only be used where an existing long course time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

Entries

Entries are to be completed online via Swim Central. Refer Page 6 for Relay entry information.

International swimmers and teams should contact the [Nominations Officer](#).

Entries close Midnight, Tuesday 25 November.

Entry Fees

Online Meet Entry	\$24.00*
International Swimmer/Team [#]	\$26.00
Relay Team Entry	\$55.00*

**Plus a transaction fee (debit/credit card processing)*

[#]International swimmers must request a manual nomination form from the Nominations Officer

[Refund Policy](#)

Late Entries

All entries for individual events submitted between Wednesday 26 November and midday Friday 28 November will be \$34* per event. Any further late entries are at the discretion of the Nominations Officer and if accepted will be \$60 per event.

Entry List

The entry list will be published [on our website](#) Friday 28 November, and emailed to all competitors. All competitors must check their entries thoroughly and if any discrepancies are noted they [must be submitted using the online form](#) by Midnight, Sunday 30 November.

Ticketing

Tickets will be on sale via Ticketbooth (\$7.50 including fees) from the Tuesday prior to the Championships, or via Eftpos at the gate (\$8.50). The ticket link will be made available [on our website](#).

- Ticketing is general admission.
- Tickets are required per person per session, with 13 sessions throughout the Championships (a different ticket required for Heats & Finals; with 1 ticket required for Relays Day).
- Tickets are only required for spectators 16 years and over.
- Children 15 years and younger are free (and don't require a ticket).
- Concession Card Holders* are free on presentation of their card (and don't require a ticket).

**Eligible Concessions: Department of Veterans' Affairs Card Holder, TPI or Department of Veterans' Affairs issued Pensioner Concession Card Holder, Commonwealth Senior Health Care Card Holder, Pensioner Concession Card Holder, Companion Card Holder, Health Care Card Holder or Full time Australian Secondary or Tertiary Student Card Holder.*

Event Parking and Drop Off Areas

Parking and drop off for this meet will be in car park 3. Parking is only permitted in designated bays.

Entry and Opening Times

The front entry will open at 8:00am on Relays Day, 7:00am for Heats sessions and 4:30pm for Finals sessions. All attendees will be required to enter via the ticketing marquees positioned on the grandstand level. Spectators will be given a wristband after scanning their ticket or showing their eligible Concession Card. Swimmers may proceed directly to the grandstand entry gates. Coaches must show their Pool Deck Access band to gain entry; please [email us](#) the accreditation details for any new coaches requesting pool deck access.

Live Stream

Big Voice Media will be live streaming this Championships via our paid subscription video streaming service! A range of flexible pricing options exists so that you can choose the experience that best suits your needs! [Watch LIVE from the best seat in the house!](#)

SQ Swim Shop

The SQ Swim Shop, located in Aquatic Reception, will be open during this meet, including a pop-up shop on the grandstand level. SQ members receive a 10% discount on full priced items. Check out our socials for special promos or head to [our website](#) to shop 24/7!

Medal Shots Photography and Merchandise

Medal Shots, our preferred event photographer and merchandiser, will be on site. Merchandise pre-orders are available and photographs can be organised by contacting Medal Shots directly. Head to their website for more information and to get in contact: <https://www.medalshots.com/>

Food and Drink

Catering outlets will be open for this event, including coffee and a variety of food options.

Bags and Eskies

Please note that Stadiums Queensland rules state that bags/eskies must be soft to touch, no bigger than 40cm x 40cm x 40cm and stowed under seats. All other bags/eskies will be refused.

Accommodation

[Chandler Lodge and Cabins](#) offer on site accommodation. [Quest Eight Mile Plains](#) provides a 15% discount for attendees at this meet when they use the code - SWIMQ - when booking.

Sport Integrity

Athletes must know their responsibilities, they can be tested by Sport Integrity Australia anywhere, anytime. If they test positive, they should consider themselves a spectator. It's an athletes job to check any medications are safe, visit www.sportintegrity.gov.au for more details.

Timekeeper Roster

A timekeeper roster will be in place for this meet. Clubs with competitors in the 800m/1500m events will be requested to assist as timekeepers & lap counters for these events.

Timeline

The timeline for this meet will be published [on our website](#) on the Thursday prior to the Championships. The timeline is to be used as a guide only and actual start times of events may vary depending on a variety of circumstances on the actual day of competition.

Self-Marshalling Entry List

A final entry list will be published [on our website](#) on Thursday 4 December, for swimmers to use for self-marshalling.

Online Program

An online program will be published [on our website](#) on Monday 8 December. No printed programs will be available.

Results

Live results will be made available for this meet and will be accessible [on our website](#). Results will also be viewable on Meet Mobile for this meet. Following the conclusion of the meet a PDF results file will be published on our website.

Please note, TM Results files will only be provided, on request, to club race secretaries.

Warm-up Procedure

Warm up will commence at 8:00am on Relays Day, 7:00am for Heats sessions and 4:30pm for Finals sessions. The competition pool may be used for warm up, until 15 minutes prior to racing commencing. The outdoor pool will be in use for the duration of the meet; the dive pool may not be used.

Competitors must comply with signage on pool deck regarding the use of the warm up and warm down lanes. Diving will not be permitted unless the signage indicates otherwise. Paddles are not permitted during warm up or warm down, and fins are only permitted in the the outdoor pool.

Marshalling Procedures

Self-marshalling will be in place for Heats sessions; with guided marshalling in place for Finals sessions. Swimmers should ensure they're in the designated marshalling area:

- 8 heats prior for 50m events,
- 4 heats prior for 100m and 200m events,
- 2 heats prior for 400m* events, and
- 1 heat prior for 800m* and 1500m* events.

Swimmers competing in the first event of a session should ensure they're in the designated marshalling area at least 10 minutes prior to the start of the session. Refer to the pool deck maps (published in the Online Program) for designated marshalling areas and pool deck access details.

*All 400m, 800m, 1500m events require all competitors to declare their intent to swim or withdraw no later than one hour prior to the published start time of the relevant event. Swimmers may confirm their intent to swim or withdraw either by completing the form (available from the event page or program up to 2 days prior) or at the Help Desk.

For 800m and 1500m, top ten qualifiers, who will be swimming their heat in the Finals session, withdrawals must be submitted at least 1 hour prior to the scheduled event start time during the heats session.

Seeding

Heats are seeded fastest to slowest. Heats may be amalgamated or re-seeded at the discretion of the Technical Manager and Referee.

Starts

Starts will be 'over the top'. Competitors will remain in their respective lanes until the next Heat is started, with the exception that for Multi Class events, competitors in the final Heat of the event prior to all Multi Class events, during the Heats of all Multi Class events and after the final Heat of all Multi Class events will be asked to clear the water.

Racing Format – 50m Events

For 50m events, heats will be swum in combined age groups (12-14yrs, 15 & Over); with finals swum in individual age groups (12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17-18yrs, 19 & Over).

Racing Format – 100m, 200m Events & 400m Freestyle Events

All 100m events, 200m events and the 400m freestyle events will be swum as heats and finals in age groups (12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17-18yrs, Open).

Racing Format – 400m Individual Medley Events

The 12yrs 400m Individual Medley events will be conducted as timed finals. The fastest 10 qualifiers will swim in the Finals session, with placings to be based on the fastest times in the Heats and Finals sessions.

For 13 & Over, the 400m Individual Medley events will be swum as heats and finals for 13yrs, 14yrs, 15-16yrs, 17 & Over.

Racing Format – 800m and 1500m Freestyle Events

All 800m and 1500m Freestyle events will be swum in combined age groups (12yrs, 13-14yrs, 15-16yrs and 17 & Over) as timed finals. The fastest 10 qualifiers will swim in the Finals session, with placings to be based on the fastest times in the Heats and Finals sessions.

Racing Format – Multi Class Events

All Multi Class events will be conducted as Open events. Swimmers amassing the highest points from the Heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the Finals session, except the 400m Freestyle, which will be conducted as a timed final in the Heats session.

A/B Finals

All Open events plus the 17 & Over 400m Individual Medley and the 19 & Over 50m Events will have B Finals, provided that in each instance 24 or more swimmers compete in the associated Heats. B Finals will be swum immediately after the respective A Final.

Visitors into Finals

In Age Group Finals, eight (8) lanes will be reserved for Queensland competitors. Six (6) lanes will be reserved for Queensland competitors in Open A Finals, with no restriction on Visitors in B Finals.

The following events will also have six (6) lanes reserved for Queensland competitors:

- 17 & Over 800m Freestyle,
- 17 & Over 1500m Freestyle,
- 17 & Over 400m Individual Medley, and
- 19 & Over 50m events.

Withdrawals

Any competitor who qualifies in the top 15 place-getters for the Final of an event not wishing to compete in the Final must complete and submit a withdrawal form to the help desk (either personally or through his/her authorised representative) within 30 minutes of the posting of the results of the specific event.

Any competitor who qualifies in the top 12 place-getters for the final, following withdrawals is required for the final (which includes reserves), except where there are medical reasons or proven hardship. The Technical Manager shall determine the acceptability on all matters where medical reasons or hardship are claimed and his/her determination shall be final.

Only two announcements will be made in relation to the composition of the final field and reserves: an initial announcement when the field is compiled and a second announcement at the expiration of the 30 minute period, as prescribed by the Rules.

Protests

Protests must be submitted in writing to the Referee by a responsible team leader, together with a deposit of \$100, within 30 minutes of the conclusion of the respective event.

Rules

All Swimming Queensland Rules, Competition Regulations, SAL and World Aquatics Swimming Rules will apply at this meet with additions or amendments as from time to time decided by the Board.

Relay Entry Information

Relay team entries are to be completed through Swim Central. Payment may be made in Swim Central using a debit/credit card, OR teams may be submitted as 'Pending' via Swim Central and an invoice will be issued. [For assistance entering relay teams in Swim Central please refer to the guide here.](#)

Please note, a swimmer may compete in a maximum of **3 age group** and **3 Open** relay teams.

1. 1 x Age Group Freestyle Relay (12&U **OR** 14&U **OR** 16&U **OR** 18&U)
2. 1 x Age Group Medley Relay (12&U **OR** 14&U **OR** 16&U **OR** 18&U)
3. 1 x Age Group Mixed Relay (12&U **OR** 14&U **OR** 16&U **OR** 18&U)
4. 1 x Open Freestyle Relay
5. 1 x Open Medley Relay
6. 1 x Open Mixed Relay

Open relay minimum age is 12 years. 18 & Under relays have a minimum age of 13 years. Minimum age for 12 & Under, 14 & Under and 16 & Under relays is 11 years. Mixed relays must have two (2) male and two (2) female competitors comprising their team.

Relay Changes

Relay Changes (order and/or team members) will be accepted via online form up to 12pm, midday, Friday 12 December. After this point, any further relay changes (order and/or team members) must be detailed on a hard copy relay change form (which will be published on our website) and submitted to the Help Desk at least 1 hour prior to the session start time. We understand that last minute issues can arise and encourage team officials to speak with the SQ Office or the Help Desk Official.

Relay Marshalling

Guided marshalling will be in place for Relays Day. Teams will be called in from the outdoor pool deck, with officials in place to guide swimmers to their marshalling location and when and where they access the indoor pool deck.

An overflow space will be setup on the outdoor pool deck for swimmers. Marquees will be setup here to offer shade for waiting swimmers. Remember to be SunSmart and apply sunscreen.

Teams in the first and second events of the session must report to the marshalling overflow area at least 10 minutes prior to the scheduled start time for the session, or 2 events prior for all other events. All four swimmers in each team must report together. Failure may result in a withdrawal of the team.

Relay Medals

Medals will be awarded to the top three placed Queensland Club/Region Teams. Interstate Teams are eligible to compete in Club Relays as visitors, while International Teams are eligible to compete in Regional Relays as visitors and will receive visitor medals if they finish first, second or third.

Major Awards

The following awards will be recognised from performances at these Championships:

<i>Swimmer of the Meet</i>	<i>Age Group Swimmer of the Meet</i>
<i>Multi Class Swimmer of the Meet</i>	<i>Country Swimmer of the Meet</i>

Swimmer of the Session Awards

A Swimmer of the Session and their coach will be recognised from each Finals session Sunday to Friday.

Aggregate Awards

A male and female aggregate award will be recognised as follows: Open, 18yrs, 17yrs, 16yrs, 15yrs, 14yrs, 13yrs, 12yrs and Open Multi Class.

Club Awards

The President's Trophy and Hancock Prospecting Premier Club Trophy will be awarded to the Queensland club with the highest points. Club points for individual events will be awarded to the first 20 Queensland place-getters. Club points for relay events will be awarded to the first 10 Queensland clubs.

The points will be as follows:

1st	40	4th	27	7th	19	10th	13	13th	9	16th	6	19th	3
2nd	35	5th	24	8th	17	11th	11	14th	8	17th	5	20th	2
3rd	31	6th	21	9th	15	12th	10	15th	7	18th	4		

Multi Class Medals

Multi Class medals will be determined using the Multi Class Points Score. Age group medals will be determined and presented during the Heats session. Open medals will be determined in the Finals session for each event, except the 400m Freestyle, which will be conducted as a timed final in the Heats session.

Ribbons

Finalist and Top Ten Ribbons will be available from the Medal Presentation Area.

Medals

Medals will be awarded as follows:

Events	Age Groups											
50m Free/Back/Breast/Fly	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs	18yrs	19&O		MC 12-14	MC 15-18	MC Open
100m Free/Back/Breast/Fly	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs	18yrs		Open	MC 12-14	MC 15-18	MC Open
200m Freestyle	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs	18yrs		Open	MC 12-14	MC 15-18	MC Open
200m Individual Medley	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs	18yrs		Open	MC 12-14	MC 15-18	MC Open
200m Back/Breast/Fly	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs	18yrs		Open			
400m Freestyle	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs	18yrs		Open	MC 12-14^	MC 15-18^	MC Open^
400m Individual Medley	12yrs*	13yrs	14yrs	15yrs	16yrs	17yrs	18yrs		Open			
800m Freestyle	12yrs*	13yrs*	14yrs*	15yrs*	16yrs*	17yrs*	18yrs*		Open*			
1500m Freestyle		13yrs*	14yrs*	15yrs*	16yrs*	17yrs*	18yrs*		Open*			

*Timed Final - Fastest Heat will be swum in the Finals Session.

^Timed Final - To be swum in the Heats Session.

SQ MEMBERS GET 100% OFF



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SQ Swim Shop

PROGRAM OF EVENTS

Saturday 13 December

Club Relays

Warm up: 08:00 AM

Competition: 09:30 AM

Event	Gender	Age	Distance	Stroke
1	Female	Open	4x50m	Freestyle Relay
2	Male	Open	4x50m	Freestyle Relay
3	Female	12&U	4x50m	Freestyle Relay
4	Male	12&U	4x50m	Freestyle Relay
5	Female	Open	4x50m	Medley Relay
6	Male	Open	4x50m	Medley Relay
7	Female	12&U	4x50m	Medley Relay
8	Male	12&U	4x50m	Medley Relay
9	Mixed	Open	4x50m	Medley Relay
10	Mixed	12&U	4x50m	Medley Relay
11	Female	14&U	4x50m	Freestyle Relay
12	Male	14&U	4x50m	Freestyle Relay
13	Female	16&U	4x50m	Freestyle Relay
14	Male	16&U	4x50m	Freestyle Relay
15	Female	18&U	4x50m	Freestyle Relay
16	Male	18&U	4x50m	Freestyle Relay
17	Female	14&U	4x50m	Medley Relay
18	Male	14&U	4x50m	Medley Relay
19	Female	16&U	4x50m	Medley Relay
20	Male	16&U	4x50m	Medley Relay
21	Female	18&U	4x50m	Medley Relay
22	Male	18&U	4x50m	Medley Relay
23	Mixed	14&U	4x50m	Medley Relay
24	Mixed	16&U	4x50m	Medley Relay
25	Mixed	18&U	4x50m	Medley Relay

Regional Relays

Competition: TBC

Event	Gender	Age	Distance	Stroke
26	Female	12&U	4x50m	Freestyle Relay
27	Male	12&U	4x50m	Freestyle Relay
28	Female	14&U	4x50m	Freestyle Relay
29	Male	14&U	4x50m	Freestyle Relay
30	Female	15&O	4x50m	Freestyle Relay
31	Male	15&O	4x50m	Freestyle Relay
32	Female	12&U	4x50m	Medley Relay
33	Male	12&U	4x50m	Medley Relay
34	Female	14&U	4x50m	Medley Relay
35	Male	14&U	4x50m	Medley Relay
36	Female	15&O	4x50m	Medley Relay
37	Male	15&O	4x50m	Medley Relay

PROGRAM OF EVENTS

Sunday 14 December

Heats Warm up: 07:00 AM

Finals Warm up: 04:30 PM

Heats Commence: 08:30 AM

Finals Commence: 06:00 PM

Event	Gender	Age	Distance	Stroke
38	Female	Open	200m	Freestyle
39	Male	Open	200m	Freestyle
40	Female	12yrs	200m	Freestyle
41	Male	12yrs	200m	Freestyle
42	Female	17-18yrs	200m	Butterfly
43	Male	17-18yrs	200m	Butterfly
44	Female	16yrs	200m	Butterfly
45	Male	16yrs	200m	Butterfly
46	Female	15yrs	200m	Backstroke
47	Male	15yrs	200m	Backstroke
48	Female	Open	200m	Breaststroke
49	Male	Open	200m	Breaststroke
50	Female	14yrs	200m	IM
51	Male	14yrs	200m	IM
52	Female	12yrs	200m	Breaststroke
53	Male	12yrs	200m	Breaststroke
54	Female	13yrs	100m	Freestyle
55	Male	13yrs	100m	Freestyle
56	Female	Open	100m	Backstroke
57	Male	Open	100m	Backstroke
58	Female	15yrs	200m	Freestyle
59	Male	15yrs	200m	Freestyle
60	Female	16yrs	100m	Freestyle
61	Male	16yrs	100m	Freestyle
62	Female	14yrs	100m	Butterfly
63	Male	14yrs	100m	Butterfly
64	Female	15-16yrs	400m	IM
65	Male	15-16yrs	400m	IM
66	Female	13yrs	400m	IM
67	Male	13yrs	400m	IM
68	Female	17&O	800m	Freestyle*
69	Male	17&O	1500m	Freestyle*

*Timed final (fastest Heat i.e. Heat 1 will be swum in the evening Finals session)

PROGRAM OF EVENTS

Monday 15 December

Heats Warm up: 07:00 AM

Finals Warm up: 04:30 PM

Heats Commence: 08:30 AM

Finals Commence: 06:00 PM

Event	Gender	Age	Distance	Stroke
70	Female	Open	100m	Butterfly
71	Male	Open	100m	Butterfly
72	Female	12yrs	200m	IM
73	Male	12yrs	200m	IM
74	Female	15yrs	100m	Freestyle
75	Male	15yrs	100m	Freestyle
76	Female	Open	400m	Freestyle
77	Male	Open	400m	Freestyle
78	Female	13yrs	200m	IM
79	Male	13yrs	200m	IM
80	Female	12yrs	100m	Butterfly
81	Male	12yrs	100m	Butterfly
82	Female	Open	100m	Breaststroke
83	Male	Open	100m	Breaststroke
84	Female	15yrs	200m	Butterfly
85	Male	15yrs	200m	Butterfly
86	Female	14yrs	400m	IM
87	Male	14yrs	400m	IM
88	Female	17-18yrs	200m	Backstroke
89	Male	17-18yrs	200m	Backstroke
90	Female	16yrs	400m	Freestyle
91	Male	16yrs	400m	Freestyle
92	Female	Open	100m	Freestyle
93	Male	Open	100m	Freestyle
94	Female	13yrs	100m	Butterfly
95	Male	13yrs	100m	Butterfly
96	Female	12yrs	200m	Backstroke
97	Male	12yrs	200m	Backstroke
98	Female	14yrs	200m	Backstroke
99	Male	14yrs	200m	Backstroke
100	Female	17&O	400m	IM
101	Male	17&O	400m	IM
102	Female	16yrs	100m	Breaststroke
103	Male	16yrs	100m	Breaststroke
104	Female	13-14yrs	800m	Freestyle*
105	Male	13-14yrs	1500m	Freestyle*

*Timed final (fastest Heat i.e. Heat 1 will be swum in the evening Finals session)

PROGRAM OF EVENTS

Tuesday 16 December

Heats Warm up: 07:00 AM

Finals Warm up: 04:30 PM

Heats Commence: 08:30 AM

Finals Commence: 06:00 PM

Event	Gender	Age	Distance	Stroke
106	Female	15&O	50m	Freestyle
107	Male	15&O	50m	Freestyle
108	Female	12-14yrs	50m	Freestyle
109	Male	12-14yrs	50m	Freestyle
110	Female	Multi Class	50m	Freestyle^
111	Male	Multi Class	50m	Freestyle^
112	Female	13yrs	100m	Breaststroke
113	Male	13yrs	100m	Breaststroke
114	Female	14yrs	200m	Butterfly
115	Male	14yrs	200m	Butterfly
116	Female	Open	200m	IM
117	Male	Open	200m	IM
118	Female	12yrs	800m	Freestyle*
119	Male	12yrs	800m	Freestyle*
120	Female	17-18yrs	100m	Breaststroke
121	Male	17-18yrs	100m	Breaststroke
122	Female	Multi Class	100m	Butterfly^
123	Male	Multi Class	100m	Butterfly^
124	Female	14yrs	100m	Freestyle
125	Male	14yrs	100m	Freestyle
126	Female	Open	200m	Backstroke
127	Male	Open	200m	Backstroke
128	Female	17-18yrs	200m	Freestyle
129	Male	17-18yrs	200m	Freestyle
130	Female	13yrs	200m	Backstroke
131	Male	13yrs	200m	Backstroke
132	Female	Open	200m	Butterfly
133	Male	Open	200m	Butterfly
134	Female	Multi Class	100m	Breaststroke^
135	Male	Multi Class	100m	Breaststroke^
136	Female	16yrs	100m	Backstroke
137	Male	16yrs	100m	Backstroke
138	Female	15yrs	100m	Breaststroke
139	Male	15yrs	100m	Breaststroke
140	Female	15-16yrs	1500m	Freestyle*
141	Male	15-16yrs	800m	Freestyle*

*Timed final (fastest Heat i.e. Heat 1 will be swum in the evening Finals session)

^Multi class events will be conducted as Open events. Swimmers amassing the highest points from the Heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening Finals session. Age group medals will be determined from the Heats session.

PROGRAM OF EVENTS

Wednesday 17 December

Heats Warm up: 07:00 AM

Finals Warm up: 04:30 PM

Heats Commence: 08:30 AM

Finals Commence: 06:00 PM

Event	Gender	Age	Distance	Stroke
142	Female	15&O	50m	Backstroke
143	Male	15&O	50m	Backstroke
144	Female	12-14yrs	50m	Backstroke
145	Male	12-14yrs	50m	Backstroke
146	Female	Multi Class	50m	Backstroke [^]
147	Male	Multi Class	50m	Backstroke [^]
148	Female	17-18yrs	100m	Butterfly
149	Male	17-18yrs	100m	Butterfly
150	Female	15yrs	400m	Freestyle
151	Male	15yrs	400m	Freestyle
152	Female	14yrs	400m	Freestyle
153	Male	14yrs	400m	Freestyle
154	Female	12yrs	100m	Freestyle
155	Male	12yrs	100m	Freestyle
156	Female	17-18yrs	200m	IM
157	Male	17-18yrs	200m	IM
158	Female	13yrs	200m	Breaststroke
159	Male	13yrs	200m	Breaststroke
160	Female	12yrs	200m	Butterfly
161	Male	12yrs	200m	Butterfly
162	Female	15yrs	100m	Backstroke
163	Male	15yrs	100m	Backstroke
164	Female	16yrs	200m	Freestyle
165	Male	16yrs	200m	Freestyle
166	Female	Multi Class	400m	Freestyle ^{^%}
167	Male	Multi Class	400m	Freestyle ^{^%}
168	Female	14yrs	100m	Breaststroke
169	Male	14yrs	100m	Breaststroke
170	Female	13yrs	400m	Freestyle
171	Male	13yrs	400m	Freestyle
172	Female	16yrs	200m	Breaststroke
173	Male	16yrs	200m	Breaststroke
174	Female	17&O	1500m	Freestyle*
175	Male	17&O	800m	Freestyle*

*Timed final (fastest Heat i.e. Heat 1 will be swum in the evening Finals session)

[^]Multi class events will be conducted as Open events. Swimmers amassing the highest points from the Heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening Finals session. Age group medals will be determined from the Heats session.

%Timed Final in the Heats session.

PROGRAM OF EVENTS

Thursday 18 December

Heats Warm up: 07:00 AM

Finals Warm up: 04:30 PM

Heats Commence: 08:30 AM

Finals Commence: 06:00 PM

Event	Gender	Age	Distance	Stroke
176	Female	15&O	50m	Butterfly
177	Male	15&O	50m	Butterfly
178	Female	12-14yrs	50m	Butterfly
179	Male	12-14yrs	50m	Butterfly
180	Female	Multi Class	50m	Butterfly^
181	Male	Multi Class	50m	Butterfly^
182	Female	17-18yrs	200m	Breaststroke
183	Male	17-18yrs	200m	Breaststroke
184	Female	16yrs	200m	IM
185	Male	16yrs	200m	IM
186	Female	Multi Class	100m	Backstroke^
187	Male	Multi Class	100m	Backstroke^
188	Female	12yrs	400m	Freestyle
189	Male	12yrs	400m	Freestyle
190	Female	14yrs	100m	Backstroke
191	Male	14yrs	100m	Backstroke
192	Female	13yrs	200m	Freestyle
193	Male	13yrs	200m	Freestyle
194	Female	17-18yrs	100m	Freestyle
195	Male	17-18yrs	100m	Freestyle
196	Female	Multi Class	200m	Freestyle^
197	Male	Multi Class	200m	Freestyle^
198	Female	12yrs	100m	Breaststroke
199	Male	12yrs	100m	Breaststroke
200	Female	15yrs	200m	Breaststroke
201	Male	15yrs	200m	Breaststroke
202	Female	16yrs	100m	Butterfly
203	Male	16yrs	100m	Butterfly
204	Female	13yrs	100m	Backstroke
205	Male	13yrs	100m	Backstroke
206	Female	14yrs	200m	Breaststroke
207	Male	14yrs	200m	Breaststroke
208	Female	15-16yrs	800m	Freestyle*
209	Male	15-16yrs	1500m	Freestyle*

*Timed final (fastest Heat i.e. Heat 1 will be swum in the evening Finals session)

^Multi class events will be conducted as Open events. Swimmers amassing the highest points from the Heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening Finals session. Age group medals will be determined from the Heats session.

PROGRAM OF EVENTS

Friday 19 December

Heats Warm up: 07:00 AM

Finals Warm up: 04:30 PM

Heats Commence: 08:30 AM

Finals Commence: 06:00 PM

Event	Gender	Age	Distance	Stroke
210	Female	15&O	50m	Breaststroke
211	Male	15&O	50m	Breaststroke
212	Female	12-14yrs	50m	Breaststroke
213	Male	12-14yrs	50m	Breaststroke
214	Female	Multi Class	50m	Breaststroke [^]
215	Male	Multi Class	50m	Breaststroke [^]
216	Female	17-18yrs	100m	Backstroke
217	Male	17-18yrs	100m	Backstroke
218	Female	15yrs	200m	IM
219	Male	15yrs	200m	IM
220	Female	12yrs	400m	IM*
221	Male	12yrs	400m	IM*
222	Female	Multi Class	100m	Freestyle [^]
223	Male	Multi Class	100m	Freestyle [^]
224	Female	14yrs	200m	Freestyle
225	Male	14yrs	200m	Freestyle
226	Female	17-18yrs	400m	Freestyle
227	Male	17-18yrs	400m	Freestyle
228	Female	13yrs	200m	Butterfly
229	Male	13yrs	200m	Butterfly
230	Female	12yrs	100m	Backstroke
231	Male	12yrs	100m	Backstroke
232	Female	15yrs	100m	Butterfly
233	Male	15yrs	100m	Butterfly
234	Female	16yrs	200m	Backstroke
235	Male	16yrs	200m	Backstroke
236	Female	Multi Class	200m	IM [^]
237	Male	Multi Class	200m	IM [^]
238	Female	13-14yrs	1500m	Freestyle*
239	Male	13-14yrs	800m	Freestyle*

*Timed final (fastest Heat i.e. Heat 1 will be swum in the evening Finals session)

[^]Multi class events will be conducted as Open events. Swimmers amassing the highest points from the Heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening Finals session. Age group medals will be determined from the Heats session.

QUALIFYING TIMES

Male

	12 Years		13 Years		14 Years		15 Years		16 Years		17 & 18 Years		Open	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 FREE	32.46	31.82	29.46	28.89	27.59	27.05	26.46	25.94	26.23	25.72	25.10	24.61	24.30	23.82
100 FREE	1:11.25	1:09.85	1:04.04	1:02.78	1:00.43	59.25	57.46	56.33	56.96	55.85	54.98	53.91	53.29	52.25
200 FREE	2:31.25	2:28.28	2:16.54	2:13.86	2:10.82	2:08.26	2:06.46	2:03.98	2:05.37	2:02.91	2:01.01	1:58.64	1:57.51	1:55.21
400 FREE	5:16.78	5:10.57	4:48.09	4:42.44	4:36.04	4:30.62	4:26.83	4:21.60	4:24.53	4:19.35	4:15.33	4:10.33	4:09.98	4:05.08
800 FREE	10:53.68	10:40.86	9:58.91	9:47.16	9:33.85	9:22.60	9:05.16	8:54.47	9:00.37	8:49.78	8:50.81	8:40.40	8:36.53	8:26.40
1500 FREE			19:07.98	18:45.47	18:19.95	17:58.38	17:24.95	17:04.46	17:15.78	16:55.48	16:57.45	16:37.50	16:31.69	16:12.24
50 BACK	38.44	37.69	34.22	33.55	32.62	31.98	31.86	31.24	31.36	30.74	30.34	29.75	28.49	27.94
100 BACK	1:22.47	1:20.85	1:13.93	1:12.48	1:08.83	1:07.48	1:06.64	1:05.33	1:05.55	1:04.26	1:03.36	1:02.12	59.60	58.44
200 BACK	2:56.64	2:53.17	2:41.44	2:38.27	2:31.36	2:28.39	2:27.73	2:24.83	2:25.31	2:22.46	2:20.46	2:17.71	2:11.35	2:08.77
50 BREAST	43.06	42.21	38.06	37.31	35.99	35.29	35.15	34.46	34.59	33.91	33.74	33.08	30.83	30.23
100 BREAST	1:34.31	1:32.46	1:23.42	1:21.78	1:17.66	1:16.14	1:15.19	1:13.72	1:13.96	1:12.51	1:11.50	1:10.09	1:06.64	1:05.34
200 BREAST	3:25.93	3:21.89	3:00.10	2:56.57	2:50.21	2:46.87	2:44.81	2:41.58	2:42.11	2:38.93	2:36.70	2:33.63	2:25.04	2:22.20
50 FLY	36.39	35.67	32.40	31.77	30.88	30.28	30.17	29.57	29.69	29.10	28.73	28.17	26.25	25.73
100 FLY	1:23.38	1:21.75	1:11.84	1:10.43	1:06.88	1:05.57	1:04.76	1:03.49	1:03.70	1:02.45	1:01.57	1:00.36	57.98	56.84
200 FLY	2:58.21	2:54.72	2:38.20	2:35.10	2:29.52	2:26.58	2:24.77	2:21.93	2:22.40	2:19.60	2:17.65	2:14.95	2:08.77	2:06.25
200 IM	2:54.03	2:50.61	2:43.75	2:40.54	2:30.03	2:27.09	2:26.40	2:23.53	2:21.56	2:18.78	2:16.72	2:14.04	2:10.13	2:07.58
400 IM	6:16.48	6:09.09	5:54.24	5:47.30	5:24.56	5:18.20	5:16.71	5:10.50	5:03.62	4:57.67	4:55.77	4:49.97	4:40.66	4:35.16

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

QUALIFYING TIMES

Female

	12 Years		13 Years		14 Years		15 Years		16 Years		17 & 18 Years		Open	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 FREE	31.82	31.20	30.56	29.96	29.55	28.97	28.79	28.23	28.54	27.98	28.10	27.55	28.04	27.49
100 FREE	1:09.84	1:08.47	1:06.59	1:05.28	1:03.83	1:02.58	1:02.18	1:00.96	1:01.63	1:00.42	1:01.08	59.89	58.98	57.83
200 FREE	2:28.27	2:25.36	2:20.90	2:18.14	2:16.12	2:13.45	2:14.93	2:12.28	2:13.73	2:11.11	2:12.54	2:09.94	2:09.18	2:06.64
400 FREE	5:10.54	5:04.46	4:55.43	4:49.64	4:45.42	4:39.82	4:42.91	4:37.37	4:40.41	4:34.91	4:37.91	4:32.46	4:34.38	4:29.00
800 FREE	10:40.80	10:28.24	10:04.10	9:52.26	9:48.61	9:37.07	9:38.29	9:26.95	9:33.12	9:21.88	9:27.96	9:16.82	9:17.44	9:06.51
1500 FREE			18:59.46	18:37.12	18:39.82	18:17.86	18:20.17	17:58.60	18:10.35	17:48.97	18:00.53	17:39.34	17:47.76	17:26.83
50 BACK	37.68	36.94	35.68	34.98	34.82	34.14	34.54	33.86	34.25	33.58	33.97	33.30	31.59	30.97
100 BACK	1:20.84	1:19.26	1:16.35	1:14.85	1:13.30	1:11.86	1:12.07	1:10.66	1:11.46	1:10.06	1:10.85	1:09.46	1:06.77	1:05.46
200 BACK	2:53.16	2:49.76	2:42.05	2:38.88	2:38.07	2:34.97	2:36.74	2:33.67	2:35.41	2:32.37	2:34.08	2:31.06	2:25.31	2:22.46
50 BREAST	42.21	41.38	39.08	38.32	38.15	37.40	37.83	37.09	37.52	36.79	37.21	36.48	34.88	34.20
100 BREAST	1:32.45	1:30.63	1:25.37	1:23.69	1:22.66	1:21.04	1:19.95	1:18.38	1:19.27	1:17.72	1:18.59	1:17.05	1:14.27	1:12.81
200 BREAST	3:21.87	3:17.91	3:06.92	3:03.25	2:59.44	2:55.92	2:56.45	2:52.99	2:54.96	2:51.53	2:53.46	2:50.06	2:41.46	2:38.29
50 FLY	35.67	34.97	33.29	32.64	32.49	31.86	32.23	31.59	31.96	31.33	31.69	31.07	29.34	28.77
100 FLY	1:21.74	1:20.14	1:13.04	1:11.61	1:11.27	1:09.87	1:09.50	1:08.14	1:08.91	1:07.56	1:08.33	1:06.99	1:06.03	1:04.74
200 FLY	2:54.70	2:51.28	2:41.57	2:38.40	2:37.63	2:34.54	2:35.00	2:31.96	2:33.69	2:30.67	2:32.37	2:29.39	2:23.05	2:20.24
200 IM	2:50.59	2:47.25	2:38.23	2:35.13	2:35.62	2:32.57	2:31.70	2:28.72	2:30.39	2:27.44	2:29.08	2:26.16	2:24.99	2:22.15
400 IM	6:09.06	6:01.82	5:48.30	5:41.47	5:42.54	5:35.83	5:31.03	5:24.54	5:28.15	5:21.72	5:25.27	5:18.89	5:10.20	5:04.12

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

MULTI CLASS QUALIFYING TIMES

Male - 12-14 Years

	50 FREE		100 FREE		200 FREE		50 BACK		100 BACK		50 BREAST		100 BREAST		50 FLY		100 FLY		150/200 IM	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
S1	2:17.45	2:14.75	4:52.64	4:46.90	10:01.76	9:49.96	2:09.18	2:06.65	4:35.79	4:30.38	2:48.95	2:45.64	7:34.78	7:25.86	4:14.52	4:09.53			10:30.99	10:18.62
S2	1:49.12	1:46.98	3:49.73	3:45.23	7:57.29	7:47.93	1:41.62	1:39.63	3:46.75	3:42.30	1:49.12	1:46.98	4:38.78	4:33.31	1:52.83	1:50.62			7:19.14	7:10.53
S3	1:23.61	1:21.97	3:19.69	3:15.77	6:47.27	6:39.28	1:30.94	1:29.16	3:20.00	3:16.08	1:40.16	1:38.20	3:56.84	3:52.20	1:41.24	1:39.25			5:45.12	5:38.35
S4	1:16.72	1:15.22	2:50.07	2:46.74	5:55.14	5:48.18	1:28.31	1:26.58	3:21.53	3:17.58	1:31.37	1:29.58	3:18.12	3:14.24	1:21.91	1:20.30			5:04.14	4:58.18
S5	55.20	54.12	2:04.67	2:02.23	4:30.36	4:25.06	59.13	57.97	2:23.49	2:20.68	1:15.25	1:13.77	2:40.22	2:37.08	56.99	55.87	2:23.87	2:21.05		
S6	53.77	52.72	1:58.01	1:55.70	4:23.85	4:18.68	59.23	58.07	2:13.33	2:10.72	1:05.78	1:04.49	2:26.03	2:23.17	56.26	55.16	2:12.23	2:09.64		
S7	49.65	48.68	1:52.21	1:50.01	4:07.12	4:02.27	1:01.28	1:00.08	2:07.23	2:04.74	1:00.15	58.97	2:12.35	2:09.75	53.47	52.42	2:03.24	2:00.82		
S8	47.65	46.72	1:45.09	1:43.03	3:59.32	3:54.63	56.41	55.30	1:57.72	1:55.41	59.42	58.25	2:06.12	2:03.65	51.89	50.87	1:51.40	1:49.22	4:23.51	4:18.34
S9	40.87	40.07	1:29.31	1:27.56	3:19.84	3:15.92	47.55	46.62	1:42.12	1:40.12	49.86	48.88	1:49.47	1:47.32	44.54	43.67	1:37.79	1:35.87	3:45.77	3:41.34
S10	39.60	38.82	1:26.59	1:24.89	3:15.72	3:11.88	47.64	46.71	1:37.79	1:35.87					42.53	41.70	1:32.60	1:30.78	3:34.82	3:30.61
S11	43.21	42.36	1:36.02	1:34.14	3:33.03	3:28.85	52.46	51.43	1:52.58	1:50.37	53.61	52.56	1:59.84	1:57.49	47.50	46.57	1:43.73	1:41.70	3:55.99	3:51.36
S12	39.31	38.54	1:27.05	1:25.34	3:22.39	3:18.42	47.52	46.59	1:40.92	1:38.94	51.80	50.78	1:49.56	1:47.41	43.16	42.31	1:37.04	1:35.14	3:43.78	3:39.39
S13	39.67	38.89	1:26.61	1:24.91	3:08.68	3:04.98	44.82	43.94	1:36.37	1:34.48	48.80	47.84	1:45.74	1:43.67	41.95	41.13	1:31.86	1:30.06	3:28.67	3:24.58
S14	41.33	40.52	1:27.33	1:25.62	3:10.32	3:06.59	45.26	44.37	1:36.65	1:34.75	51.50	50.49	1:47.30	1:45.20	42.17	41.34	1:32.65	1:30.83	3:35.41	3:31.19
S15	39.57	38.79	1:27.58	1:25.86	3:12.46	3:08.69	44.37	43.50	1:35.86	1:33.98	47.52	46.59	1:42.60	1:40.59	42.32	41.49	1:32.17	1:30.36	3:30.89	3:26.75
S16	42.29	41.46	1:33.60	1:31.76	3:33.08	3:28.90	51.78	50.76	1:54.86	1:52.61	54.05	52.99	2:03.41	2:00.99	44.66	43.78	1:40.28	1:38.31	3:58.88	3:54.20
S17	35.76	35.06	1:19.34	1:17.78	2:54.42	2:51.00	40.27	39.48	1:28.23	1:26.50	44.37	43.50	1:37.26	1:35.35	38.08	37.33	1:24.56	1:22.90	3:14.94	3:11.12
S18	50.60	49.61	1:52.96	1:50.75	4:22.31	4:17.17	1:02.26	1:01.04	2:14.85	2:12.21	1:09.01	1:07.66	2:33.47	2:30.46	53.09	52.05	2:05.80	2:03.33	4:58.48	4:52.63
S19	35.76	35.06	1:19.34	1:17.78	2:54.42	2:51.00	40.27	39.48	1:28.23	1:26.50	44.37	43.50	1:37.26	1:35.35	38.08	37.33	1:24.56	1:22.90	3:14.94	3:11.12

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

MULTI CLASS QUALIFYING TIMES

Male - 15-18 Years

	50 FREE		100 FREE		200 FREE		50 BACK		100 BACK		50 BREAST		100 BREAST		50 FLY		100 FLY		150/200 IM	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
S1	1:49.10	1:46.96	3:52.27	3:47.72	7:57.61	7:48.25	1:42.53	1:40.52	3:38.89	3:34.60	2:14.10	2:11.47	6:00.96	5:53.88	3:22.02	3:18.06			8:20.82	8:11.00
S2	1:26.61	1:24.91	3:02.33	2:58.75	6:18.83	6:11.40	1:20.66	1:19.08	2:59.97	2:56.44	1:26.61	1:24.91	3:41.27	3:36.93	1:29.55	1:27.79			5:48.54	5:41.71
S3	1:06.36	1:05.06	2:38.50	2:35.39	5:23.25	5:16.91	1:12.18	1:10.76	2:38.74	2:35.63	1:19.50	1:17.94	3:07.98	3:04.29	1:20.35	1:18.77			4:33.92	4:28.55
S4	1:00.89	59.70	2:14.99	2:12.34	4:41.87	4:36.34	1:10.09	1:08.72	2:39.95	2:36.81	1:12.52	1:11.10	2:37.25	2:34.17	1:05.01	1:03.74			4:01.40	3:56.67
S5	46.56	45.65	1:45.15	1:43.09	3:48.03	3:43.56	49.88	48.90	2:01.02	1:58.65	1:03.46	1:02.22	2:15.14	2:12.49	48.07	47.13	2:01.34	1:58.96		
S6	45.35	44.46	1:39.53	1:37.58	3:42.54	3:38.18	49.96	48.98	1:52.45	1:50.25	55.48	54.39	2:03.17	2:00.75	47.45	46.52	1:51.53	1:49.34		
S7	41.88	41.06	1:34.64	1:32.78	3:28.43	3:24.34	51.69	50.68	1:47.31	1:45.21	50.73	49.74	1:51.63	1:49.44	45.10	44.22	1:43.94	1:41.90		
S8	40.19	39.40	1:28.64	1:26.90	3:21.85	3:17.89	47.57	46.64	1:39.29	1:37.34	50.11	49.13	1:46.37	1:44.28	43.76	42.90	1:33.96	1:32.12	3:42.25	3:37.89
S9	35.70	35.00	1:18.02	1:16.49	2:54.58	2:51.16	41.54	40.73	1:29.21	1:27.46	43.56	42.71	1:35.63	1:33.75	38.91	38.15	1:25.43	1:23.75	3:17.23	3:13.36
S10	34.60	33.92	1:15.65	1:14.17	2:50.98	2:47.63	41.62	40.80	1:25.43	1:23.75					37.15	36.42	1:20.89	1:19.30	3:07.67	3:03.99
S11	37.75	37.01	1:23.88	1:22.24	3:06.10	3:02.45	45.83	44.93	1:38.35	1:36.42	46.83	45.91	1:44.69	1:42.64	41.50	40.69	1:30.61	1:28.83	3:26.16	3:22.12
S12	34.34	33.67	1:16.05	1:14.56	2:56.81	2:53.34	41.51	40.70	1:28.16	1:26.43	45.25	44.36	1:35.71	1:33.83	37.70	36.96	1:24.77	1:23.11	3:15.49	3:11.66
S13	34.66	33.98	1:15.66	1:14.18	2:44.83	2:41.60	39.15	38.38	1:24.19	1:22.54	42.63	41.79	1:32.38	1:30.57	36.64	35.92	1:20.25	1:18.68	3:02.29	2:58.72
S14	36.11	35.40	1:16.29	1:14.79	2:46.26	2:43.00	39.54	38.76	1:24.43	1:22.77	44.99	44.11	1:33.74	1:31.90	36.84	36.12	1:20.93	1:19.34	3:08.17	3:04.48
S15	34.57	33.89	1:16.51	1:15.01	2:48.13	2:44.83	38.76	38.00	1:23.74	1:22.10	41.51	40.70	1:29.63	1:27.87	36.97	36.25	1:20.52	1:18.94	3:04.23	3:00.62
S16	36.94	36.22	1:21.77	1:20.17	3:06.14	3:02.49	45.23	44.34	1:40.34	1:38.37	47.22	46.29	1:47.81	1:45.70	39.02	38.25	1:27.60	1:25.88	3:28.68	3:24.59
S17	31.24	30.63	1:09.31	1:07.95	2:32.37	2:29.38	35.18	34.49	1:17.08	1:15.57	38.76	38.00	1:24.97	1:23.30	33.27	32.62	1:13.87	1:12.42	2:50.29	2:46.95
S18	44.20	43.33	1:38.68	1:36.75	3:49.15	3:44.66	54.39	53.32	1:57.80	1:55.49	1:00.29	59.11	2:14.07	2:11.44	46.38	45.47	1:49.90	1:47.75	4:20.74	4:15.63
S19	31.24	30.63	1:09.31	1:07.95	2:32.37	2:29.38	35.18	34.49	1:17.08	1:15.57	38.76	38.00	1:24.97	1:23.30	33.27	32.62	1:13.87	1:12.42	2:50.29	2:46.95

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

MULTI CLASS QUALIFYING TIMES

Male - 19 Years & Over

	50 FREE		100 FREE		200 FREE		50 BACK		100 BACK		50 BREAST		100 BREAST		50 FLY		100 FLY		150/200 IM	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
S1	1:41.28	1:39.29	3:35.62	3:31.39	7:23.38	7:14.69	1:35.18	1:33.31	3:23.20	3:19.22	2:04.48	2:02.04	5:35.08	5:28.51	3:07.54	3:03.86			7:44.92	7:35.80
S2	1:20.40	1:18.82	2:49.26	2:45.94	5:51.67	5:44.77	1:14.88	1:13.41	2:47.07	2:43.79	1:20.40	1:18.82	3:25.41	3:21.38	1:23.13	1:21.50			5:23.56	5:17.22
S3	1:01.61	1:00.40	2:27.14	2:24.25	5:00.08	4:54.20	1:07.00	1:05.69	2:27.36	2:24.47	1:13.80	1:12.35	2:54.50	2:51.08	1:14.59	1:13.13			4:14.29	4:09.30
S4	56.53	55.42	2:05.31	2:02.85	4:21.67	4:16.54	1:05.07	1:03.79	2:28.49	2:25.58	1:07.32	1:06.00	2:25.98	2:23.12	1:00.35	59.17			3:44.09	3:39.70
S5	43.81	42.95	1:38.95	1:37.01	3:34.58	3:30.37	46.94	46.02	1:53.89	1:51.66	59.72	58.55	2:07.17	2:04.68	45.23	44.34	1:54.19	1:51.95		
S6	42.68	41.84	1:33.66	1:31.82	3:29.42	3:25.31	47.01	46.09	1:45.82	1:43.75	52.21	51.19	1:55.90	1:53.63	44.65	43.77	1:44.95	1:42.89		
S7	39.41	38.64	1:29.06	1:27.31	3:16.14	3:12.29	48.64	47.69	1:40.98	1:39.00	47.74	46.80	1:45.04	1:42.98	42.44	41.61	1:37.81	1:35.89		
S8	37.82	37.08	1:23.41	1:21.77	3:09.95	3:06.23	44.77	43.89	1:33.44	1:31.61	47.16	46.24	1:40.10	1:38.14	41.18	40.37	1:28.42	1:26.69	3:29.15	3:25.05
S9	33.91	33.25	1:14.11	1:12.66	2:45.84	2:42.59	39.46	38.69	1:24.74	1:23.08	41.38	40.57	1:30.84	1:29.06	36.96	36.24	1:21.15	1:19.56	3:07.35	3:03.68
S10	32.86	32.22	1:11.86	1:10.45	2:42.42	2:39.24	39.53	38.75	1:21.15	1:19.56					35.29	34.60	1:16.84	1:15.33	2:58.27	2:54.77
S11	35.86	35.16	1:19.68	1:18.12	2:56.78	2:53.31	43.53	42.68	1:33.43	1:31.60	44.49	43.62	1:39.44	1:37.49	39.42	38.65	1:26.08	1:24.39	3:15.83	3:11.99
S12	32.62	31.98	1:12.24	1:10.82	2:47.95	2:44.66	39.43	38.66	1:23.75	1:22.11	42.98	42.14	1:30.91	1:29.13	35.82	35.12	1:20.53	1:18.95	3:05.70	3:02.06
S13	32.92	32.27	1:11.87	1:10.46	2:36.57	2:33.50	37.19	36.46	1:19.97	1:18.40	40.50	39.71	1:27.75	1:26.03	34.81	34.13	1:16.23	1:14.74	2:53.16	2:49.76
S14	34.30	33.63	1:12.47	1:11.05	2:37.93	2:34.83	37.56	36.82	1:20.20	1:18.63	42.74	41.90	1:29.04	1:27.29	34.99	34.30	1:16.88	1:15.37	2:58.75	2:55.25
S15	32.84	32.20	1:12.68	1:11.25	2:39.71	2:36.58	36.82	36.10	1:19.55	1:17.99	39.43	38.66	1:25.14	1:23.47	35.12	34.43	1:16.48	1:14.98	2:55.00	2:51.57
S16	35.09	34.40	1:17.68	1:16.16	2:56.82	2:53.35	42.97	42.13	1:35.31	1:33.44	44.85	43.97	1:42.41	1:40.40	37.06	36.33	1:23.21	1:21.58	3:18.23	3:14.34
S17	29.67	29.09	1:05.84	1:04.55	2:24.74	2:21.90	33.42	32.76	1:13.22	1:11.78	36.82	36.10	1:20.71	1:19.13	31.60	30.98	1:10.17	1:08.79	2:41.76	2:38.59
S18	41.99	41.17	1:33.74	1:31.90	3:37.67	3:33.40	51.67	50.66	1:51.90	1:49.71	57.27	56.15	2:07.35	2:04.85	44.06	43.20	1:44.39	1:42.34	4:07.68	4:02.82
S19	29.67	29.09	1:05.84	1:04.55	2:24.74	2:21.90	33.42	32.76	1:13.22	1:11.78	36.82	36.10	1:20.71	1:19.13	31.60	30.98	1:10.17	1:08.79	2:41.76	2:38.59

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

MULTI CLASS QUALIFYING TIMES

Female - 12-14 Years

	50 FREE		100 FREE		200 FREE		50 BACK		100 BACK		50 BREAST		100 BREAST		50 FLY		100 FLY		150/200 IM	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
S1	1:50.59	1:48.42	3:58.02	3:53.35	8:34.95	8:24.85	2:23.33	2:20.52	5:13.75	5:07.60	2:54.72	2:51.29	7:10.48	7:02.04	1:50.16	1:48.00			8:06.56	7:57.02
S2	1:56.21	1:53.93	4:11.01	4:06.09	10:01.86	9:50.06	2:07.93	2:05.42	4:33.81	4:28.44	2:18.59	2:15.87	5:55.52	5:48.55	2:05.54	2:03.08			10:04.19	9:52.34
S3	1:26.24	1:24.55	3:08.77	3:05.07	7:01.15	6:52.89	1:44.47	1:42.42	3:46.09	3:41.66	1:53.43	1:51.21	4:34.45	4:29.07	1:38.01	1:36.09			6:05.82	5:58.65
S4	1:19.54	1:17.98	2:50.80	2:47.45	6:09.55	6:02.30	1:36.26	1:34.37	3:43.87	3:39.48	1:43.52	1:41.49	3:43.78	3:39.39	1:26.65	1:24.95			5:43.40	5:36.67
S5	1:04.12	1:02.86	2:18.03	2:15.32	5:05.57	4:59.58	1:09.98	1:08.61	2:54.86	2:51.43	1:21.83	1:20.23	2:56.63	2:53.17	1:11.84	1:10.43	3:16.77	3:12.91		
S6	1:01.26	1:00.06	2:11.14	2:08.57	4:51.89	4:46.17	1:10.39	1:09.01	2:29.51	2:26.58	1:21.04	1:19.45	2:49.14	2:45.82	1:05.03	1:03.75	2:42.01	2:38.83		
S7	59.55	58.38	2:08.04	2:05.53	4:34.80	4:29.41	1:11.52	1:10.12	2:29.57	2:26.64	1:16.56	1:15.06	2:42.03	2:38.85	1:02.09	1:00.87	2:28.02	2:25.12		
S8	54.52	53.45	1:59.81	1:57.46	4:16.04	4:11.02	1:00.25	59.07	2:08.06	2:05.55	1:04.22	1:02.96	2:18.95	2:16.23	57.63	56.50	2:08.36	2:05.84	4:52.29	4:46.56
S9	46.65	45.74	1:41.79	1:39.79	3:42.09	3:37.74	54.74	53.67	1:55.27	1:53.01	55.08	54.00	2:01.39	1:59.01	48.14	47.20	1:46.84	1:44.75	4:08.32	4:03.45
S10	46.34	45.43	1:39.42	1:37.47	3:39.97	3:35.66	54.15	53.09	1:52.62	1:50.41					48.53	47.58	1:47.04	1:44.94	4:07.69	4:02.83
S11	49.52	48.55	1:50.94	1:48.76	4:02.88	3:58.12	1:00.00	58.82	2:05.61	2:03.15	1:01.78	1:00.57	2:12.78	2:10.18	56.29	55.19	2:08.54	2:06.02	4:29.78	4:24.49
S12	45.50	44.61	1:39.88	1:37.92	3:43.99	3:39.60	54.05	52.99	1:52.96	1:50.75	57.28	56.16	2:04.04	2:01.61	49.91	48.93	1:47.92	1:45.80	4:07.19	4:02.34
S13	45.42	44.53	1:38.05	1:36.13	3:38.26	3:33.98	51.83	50.81	1:50.53	1:48.36	57.63	56.50	1:58.96	1:56.63	47.85	46.91	1:46.39	1:44.30	4:01.86	3:57.12
S14	46.85	45.93	1:36.75	1:34.85	3:28.77	3:24.68	51.80	50.78	1:49.52	1:47.37	56.51	55.40	2:03.15	2:00.74	52.02	51.00	1:47.73	1:45.62	3:56.61	3:51.97
S15	44.72	43.84	1:37.76	1:35.84	3:33.13	3:28.95	50.17	49.19	1:47.06	1:44.96	54.67	53.60	2:02.31	1:59.91	46.99	46.07	1:48.91	1:46.77	3:56.22	3:51.59
S16	49.38	48.41	1:48.98	1:46.84	4:04.36	3:59.57	1:00.55	59.36	2:12.57	2:09.97	1:04.43	1:03.17	2:23.26	2:20.45	52.22	51.20	2:00.23	1:57.87	4:41.70	4:36.18
S17	40.37	39.58	1:28.42	1:26.69	3:11.91	3:08.15	45.93	45.03	1:37.69	1:35.77	49.86	48.88	1:49.66	1:47.51	41.77	40.95	1:34.36	1:32.51	3:35.66	3:31.43
S18	57.92	56.78	1:58.31	1:55.99	4:57.40	4:51.57	1:13.29	1:11.85	2:40.29	2:37.15	1:20.35	1:18.77	2:50.76	2:47.41	1:06.21	1:04.91	2:35.64	2:32.59	5:47.48	5:40.67
S19	40.37	39.58	1:28.42	1:26.69	3:11.91	3:08.15	45.93	45.03	1:37.69	1:35.77	49.86	48.88	1:49.66	1:47.51	41.77	40.95	1:43.85	1:41.81	3:35.66	3:31.43

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

MULTI CLASS QUALIFYING TIMES

Female - 15-18 Years

	50 FREE		100 FREE		200 FREE		50 BACK		100 BACK		50 BREAST		100 BREAST		50 FLY		100 FLY		150/200 IM	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
S1	1:27.77	1:26.05	3:08.92	3:05.22	6:48.72	6:40.71	1:53.76	1:51.53	4:09.02	4:04.14	2:18.68	2:15.96	5:41.67	5:34.97	1:27.43	1:25.72			6:26.18	6:18.61
S2	1:32.24	1:30.43	3:19.23	3:15.32	7:57.70	7:48.33	1:41.54	1:39.55	3:37.32	3:33.06	1:50.00	1:47.84	4:42.18	4:36.65	1:39.64	1:37.69			7:59.55	7:50.15
S3	1:08.45	1:07.11	2:29.83	2:26.89	5:34.27	5:27.72	1:22.92	1:21.29	2:59.44	2:55.92	1:30.03	1:28.26	3:37.83	3:33.56	1:17.79	1:16.26			4:50.35	4:44.66
S4	1:03.13	1:01.89	2:15.57	2:12.91	4:53.31	4:47.56	1:16.40	1:14.90	2:57.68	2:54.20	1:22.16	1:20.55	2:57.62	2:54.14	1:08.78	1:07.43			4:32.55	4:27.21
S5	54.08	53.02	1:56.42	1:54.14	4:17.73	4:12.68	59.02	57.86	2:27.49	2:24.60	1:09.02	1:07.67	2:28.98	2:26.06	1:00.59	59.40	2:45.96	2:42.71		
S6	51.67	50.66	1:50.61	1:48.44	4:06.19	4:01.36	59.37	58.21	2:06.10	2:03.63	1:08.35	1:07.01	2:22.66	2:19.86	54.84	53.76	2:16.64	2:13.96		
S7	50.23	49.25	1:47.99	1:45.87	3:51.78	3:47.24	1:00.32	59.14	2:06.15	2:03.68	1:04.58	1:03.31	2:16.66	2:13.98	52.37	51.34	2:04.85	2:02.40		
S8	45.99	45.09	1:41.05	1:39.07	3:35.95	3:31.72	50.81	49.81	1:48.01	1:45.89	54.16	53.10	1:57.20	1:54.90	48.61	47.66	1:48.26	1:46.14	4:06.52	4:01.69
S9	40.75	39.95	1:28.93	1:27.19	3:14.01	3:10.21	47.82	46.88	1:40.70	1:38.73	48.12	47.18	1:46.04	1:43.96	42.05	41.23	1:33.33	1:31.50	3:36.93	3:32.68
S10	40.48	39.69	1:26.85	1:25.15	3:12.16	3:08.39	47.31	46.38	1:38.38	1:36.45					42.39	41.56	1:33.51	1:31.68	3:36.38	3:32.14
S11	43.26	42.41	1:36.92	1:35.02	3:32.18	3:28.02	52.42	51.39	1:49.73	1:47.58	53.97	52.91	1:55.99	1:53.72	49.18	48.22	1:52.29	1:50.09	3:55.68	3:51.06
S12	39.75	38.97	1:27.25	1:25.54	3:15.67	3:11.83	47.22	46.29	1:38.68	1:36.75	50.04	49.06	1:48.36	1:46.24	43.60	42.75	1:34.27	1:32.42	3:35.94	3:31.71
S13	39.68	38.90	1:25.65	1:23.97	3:10.67	3:06.93	45.28	44.39	1:36.56	1:34.67	50.34	49.35	1:43.92	1:41.88	41.80	40.98	1:32.94	1:31.12	3:31.28	3:27.14
S14	40.93	40.13	1:24.52	1:22.86	3:02.38	2:58.80	45.25	44.36	1:35.68	1:33.80	49.37	48.40	1:47.58	1:45.47	45.44	44.55	1:34.11	1:32.26	3:26.70	3:22.65
S15	39.06	38.29	1:25.40	1:23.73	3:06.19	3:02.54	43.83	42.97	1:33.53	1:31.70	47.76	46.82	1:46.85	1:44.75	41.05	40.25	1:35.14	1:33.27	3:26.35	3:22.30
S16	43.14	42.29	1:35.20	1:33.33	3:33.46	3:29.27	52.90	51.86	1:55.81	1:53.54	56.29	55.19	2:05.15	2:02.70	45.62	44.73	1:45.03	1:42.97	4:06.09	4:01.26
S17	35.27	34.58	1:17.24	1:15.73	2:47.65	2:44.36	40.12	39.33	1:25.34	1:23.67	43.56	42.71	1:35.80	1:33.92	36.49	35.77	1:22.43	1:20.81	3:08.40	3:04.71
S18	50.60	49.61	1:43.36	1:41.33	4:19.80	4:14.71	1:04.02	1:02.76	2:20.03	2:17.28	1:10.19	1:08.81	2:29.17	2:26.25	57.84	56.71	2:15.97	2:13.30	5:03.56	4:57.61
S19	35.27	34.58	1:17.24	1:15.73	2:58.15	2:54.66	40.12	39.33	1:25.34	1:23.67	43.56	42.71	1:35.80	1:33.92	36.49	35.77	1:22.43	1:20.81	3:08.40	3:04.71

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

MULTI CLASS QUALIFYING TIMES

Female - 19 Years & Over

	50 FREE		100 FREE		200 FREE		50 BACK		100 BACK		50 BREAST		100 BREAST		50 FLY		100 FLY		150/200 IM	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
S1	1:21.48	1:19.88	2:55.38	2:51.94	6:19.42	6:11.98	1:45.61	1:43.54	3:51.17	3:46.64	2:08.74	2:06.22	5:17.18	5:10.96	1:21.16	1:19.57			5:58.50	5:51.47
S2	1:25.62	1:23.94	3:04.95	3:01.32	7:23.46	7:14.76	1:34.26	1:32.41	3:21.74	3:17.78	1:42.12	1:40.12	4:21.95	4:16.81	1:32.50	1:30.69			7:25.17	7:16.44
S3	1:03.54	1:02.29	2:19.09	2:16.36	5:10.31	5:04.23	1:16.97	1:15.46	2:46.58	2:43.31	1:23.58	1:21.94	3:22.22	3:18.25	1:12.21	1:10.79			4:29.54	4:24.25
S4	58.61	57.46	2:05.85	2:03.38	4:32.29	4:26.95	1:10.93	1:09.54	2:44.95	2:41.72	1:16.27	1:14.77	2:44.88	2:41.65	1:03.85	1:02.60			4:13.02	4:08.06
S5	50.89	49.89	1:49.56	1:47.41	4:02.53	3:57.77	55.54	54.45	2:18.79	2:16.07	1:04.95	1:03.68	2:20.19	2:17.44	57.02	55.90	2:36.18	2:33.12		
S6	48.62	47.67	1:44.09	1:42.05	3:51.67	3:47.13	55.87	54.77	1:58.67	1:56.34	1:04.32	1:03.06	2:14.25	2:11.62	51.61	50.60	2:08.59	2:06.07		
S7	47.26	46.33	1:41.62	1:39.63	3:38.11	3:33.83	56.76	55.65	1:58.71	1:56.38	1:00.77	59.58	2:08.60	2:06.08	49.28	48.31	1:57.49	1:55.19		
S8	43.28	42.43	1:35.10	1:33.24	3:23.22	3:19.24	47.82	46.88	1:41.64	1:39.65	50.97	49.97	1:50.29	1:48.13	45.74	44.84	1:41.88	1:39.88	3:51.99	3:47.44
S9	38.71	37.95	1:24.47	1:22.81	3:04.30	3:00.69	45.42	44.53	1:35.65	1:33.77	45.71	44.81	1:40.73	1:38.75	39.94	39.16	1:28.66	1:26.92	3:26.06	3:22.02
S10	38.45	37.70	1:22.50	1:20.88	3:02.54	2:58.96	44.94	44.06	1:33.45	1:31.62					40.27	39.48	1:28.83	1:27.09	3:25.54	3:21.51
S11	41.09	40.28	1:32.06	1:30.25	3:21.55	3:17.60	49.79	48.81	1:44.24	1:42.20	51.27	50.26	1:50.18	1:48.02	46.71	45.79	1:46.66	1:44.57	3:43.87	3:39.48
S12	37.76	37.02	1:22.88	1:21.25	3:05.87	3:02.23	44.85	43.97	1:33.74	1:31.90	47.54	46.61	1:42.93	1:40.91	41.42	40.61	1:29.55	1:27.79	3:25.13	3:21.11
S13	37.69	36.95	1:21.36	1:19.76	3:01.12	2:57.57	43.01	42.17	1:31.72	1:29.92	47.82	46.88	1:38.72	1:36.78	39.70	38.92	1:28.29	1:26.56	3:20.70	3:16.76
S14	38.88	38.12	1:20.29	1:18.72	2:53.24	2:49.84	42.98	42.14	1:30.89	1:29.11	46.90	45.98	1:42.20	1:40.20	43.17	42.32	1:29.40	1:27.65	3:16.34	3:12.49
S15	37.11	36.38	1:21.12	1:19.53	2:56.86	2:53.39	41.63	40.81	1:28.84	1:27.10	45.36	44.47	1:41.50	1:39.51	38.99	38.23	1:30.38	1:28.61	3:16.02	3:12.18
S16	40.98	40.18	1:30.43	1:28.66	3:22.77	3:18.79	50.25	49.26	1:50.01	1:47.85	53.47	52.42	1:58.88	1:56.55	43.34	42.49	1:39.77	1:37.81	3:53.76	3:49.18
S17	33.50	32.84	1:13.38	1:11.94	2:39.25	2:36.13	38.11	37.36	1:21.07	1:19.48	41.38	40.57	1:31.00	1:29.22	34.67	33.99	1:18.30	1:16.76	2:58.96	2:55.45
S18	48.06	47.12	1:38.18	1:36.25	4:06.79	4:01.95	1:00.82	59.63	2:13.02	2:10.41	1:06.68	1:05.37	2:21.70	2:18.92	54.94	53.86	2:09.16	2:06.63	4:48.35	4:42.70
S19	33.50	32.84	1:13.38	1:11.94	2:39.25	2:36.13	38.11	37.36	1:21.07	1:19.48	41.38	40.57	1:31.00	1:29.22	34.67	33.99	1:18.30	1:16.76	2:58.96	2:55.45

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.