



MEET INFORMATION

2025 Long Course Preparation Meet #2

Brisbane Aquatic Centre
14-16 November





Purpose

This meet has been designed to provide a quality racing opportunity for swimmers prior to the Queensland Championships, and to provide an opportunity for swimmers to qualify for those Championships.

Eligibility

This meet is open to Swimming Queensland registered competitive swimmers, competitive swimmers registered with clubs affiliated with other State Associations and international swimmers who meet the clearance criteria.

Clearance Criteria

International swimmers and teams must supply a letter of clearance from their National Swimming Federation to satisfy the clearance criteria. International swimmers training with clubs in Australia will be nominated under their country name not the Australian club name.

Clearances must be submitted to the [Nominations Officer](#) before the nomination closing date.

Photo Release

In nominating, swimmers agree that they may be photographed/videoed by Swimming Queensland's approved photographer; that the images may be displayed for viewing and purchasing on site during the meet and on the photographer's secure website after the Championships; and that they may also be used by Swimming Queensland at its discretion.

Age

Age as at the first day of the Queensland Championships, 13 December. Minimum age is 12 years. Athletes are not permitted to 'swim up' an age.

Qualifying Times

Qualifying times must have been achieved at an approved meet (either short course or long course) on or after 1 January 2024. Converted short course times will only be used where an existing long course time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

Multi Class Qualifying Times and Entries

Multi Class swimmers competing in the 200m/400m Freestyle or 200m Individual Medley must meet the Multi Class qualifying time and need to contact the [Nominations Officer](#) to submit their entry. Entries for the 50m and 100m Multi Class events are to be completed online through Swim Central; there are no qualifying times for these events.

Entries

Entries are to be completed online via Swim Central using the link available on the event page of our website. International swimmers and teams should contact the [Nominations Officer](#).

Entries close Midnight, Tuesday 4 November.

Entry Fees

Online Meet Entry	\$16.00*
International Swimmer/Team#	\$18.00

*Plus a fee of 3% (1.5% Swimming Australia fee, 1.5% debit/credit card processing fee)

#International swimmers must request a manual nomination form from the Nominations Officer

[Refund Policy](#)

Late Entries

All entries for individual events submitted between Wednesday 5 November and midday Friday 7 November will be \$26 per event. Any further late entries are at the discretion of the Nominations Officer and if accepted will be \$60 per event.



Entry List

The entry list will be published [on our website](#) Friday 7 November, and emailed to all competitors. All competitors must check their entries thoroughly and if any discrepancies are noted they [must be submitted using the online form](#) by Midnight, Sunday 9 November.

Ticketing

Tickets for this meet will be on sale via Ticketbooth (\$7.50 each *including fees*) on the Tuesday prior to the meet. Tickets will also be available via Eftpos at the gate for \$8.50. The ticket link will be made available [on our website](#).

- Ticketing is general admission.
- Tickets are required per person per day.
- Tickets are only required for spectators 16 years and over.
- Children 15 years and younger are free (and don't require a ticket).
- Concession Card Holders* are free on presentation of their card (and don't require a ticket).

**Eligible Concessions: Department of Veterans' Affairs Card Holder, TPI or Department of Veterans' Affairs issued Pensioner Concession Card Holder, Commonwealth Senior Health Care Card Holder, Pensioner Concession Card Holder, Companion Card Holder, Health Care Card Holder or Full time Australian Secondary or Tertiary Student Card Holder.*

Event Parking and Drop Off Areas

Parking and drop off for this meet will be in car park 3. Parking is only permitted in designated bays.

Entry and Opening Times

The front entry will open at 7:00am. All attendees will be required to enter via the ticketing marquees positioned centrally on the grandstand level. Spectators will be given a wristband after scanning their ticket or showing their Concession Card. Swimmers may proceed directly to the grandstand entry gates. Coaches must show their Pool Deck Access band to gain entry; please [email us](#) the accreditation details for any new coaches requesting pool deck access.

SQ Swim Shop

The SQ Swim Shop, located in Aquatic Reception, will be open during this meet, including a pop-up shop on the grandstand level. SQ members receive a 10% discount on full priced items. Check out our socials for special promos or head to [our website](#) to shop 24/7!

Food and Drink

Catering outlets will be open for this event, including coffee and a variety of lunch options.

Bags and Eskies

Please note that Stadiums Queensland rules state that bags/eskies must be soft to touch, no bigger than 40cm x 40cm x 40cm and stowed under seats. All other bags/eskies will be refused.

Accommodation

Chandler Lodge and Cabins offer on site accommodation. [Contact them direct for more details](#). Quest Eight Mile Plains provides a 15% discount for attendees at this meet when they use the code - SWIMQ - when booking.

Sport Integrity

Athletes must know their responsibilities, they can be tested by Sport Integrity Australia anywhere, anytime. If they test positive, they should consider themselves a spectator. It's an athlete's job to check any medications are safe, visit [www.sportintegrity.gov.au](#) for more details.

Timekeeper Roster

A timekeeper roster will be in place for this meet.

Timeline

The timeline for this meet will be published [on our website](#) by the Thursday prior to the meet. The timeline is to be used as a guide only and actual start times may vary depending on a variety of circumstances on the day of competition.



Self-Marshalling Entry List and Online Program

A self-marshalling entry list will be published [on our website](#) by the Thursday prior to the meet as well as the online program. No printed programs will be available.

Results

Live results will be made available for this meet and will be accessible [on our website](#). Results will also be viewable on Meet Mobile for this meet. Following the conclusion of the meet a PDF results file will be published on our website. **Please note, TM Results files will only be provided, on request, to club race secretaries.**

Warm-up Procedure

Warm up will commence at 4:30pm Friday and 7:00am Saturday and Sunday. The competition pool may be used for warm up, until 15 minutes prior to racing commencing. The outdoor pool will be in use for the duration of the meet; the dive pool may not be used.

Competitors must comply with signage on pool deck regarding the use of the warm up and warm down lanes. Diving will not be permitted unless the signage indicates otherwise. Paddles are not permitted during warm up or warm down, and fins are only permitted in the the outdoor pool.

Marshalling Procedures

Self-marshalling will be in place for this event. Swimmers should ensure they are in the designated self-marshalling area:

- 8 heats prior for 50m events,
- 4 heats prior for 100m and 200m events,
- 2 heats prior for 400m* events, and
- 1 heat prior for 800m* and 1500m* events.

*All 400m, 800m, 1500m events require all competitors to declare their intent to swim or withdraw no later than one hour prior to the published start time of the relevant event. Swimmers may confirm their intent to swim or withdraw either by completing the form (available from the event page or program up to 2 days prior) or at the Help Desk.

Seeding

Events will be swum on a “seed-entry” basis, not in age groups i.e. competitors will be grouped by time rather than by age group. Seeding will be from fastest to slowest. Heats are seeded fastest to slowest. Heats may be amalgamated or re-seeded at the discretion of the Technical Manager and Referee.

Starts

Starts will be ‘over the top’. Competitors will remain in their respective lanes until the next heat is started, with the exception that for Multi Class events, competitors in the final heat of the event prior to all Multi Class events, during the heats of all Multi Class events and after the final heat of all Multi Class events will be asked to clear the water.

Racing Format and Medals

All events will be conducted as timed finals. No medals or awards will be presented at this meet.

Protests

Protests must be submitted in writing to the Referee by a responsible team leader, together with a deposit of \$100, within 30 minutes of the conclusion of the respective event.

Rules

All Swimming Queensland Rules, Championship By-Laws, SAL and World Aquatics Swimming Rules will apply at this meet with additions or amendments as from time to time decided by the Board.

SQ MEMBERS GET 10% OFF



speedo 
SQ Swim Shop



PROGRAM OF EVENTS

Friday 14 November

First Session

Competition: 06:00 PM

Event	Gender	Age	Distance	Stroke
1	Male	13 & Over	1500m	Freestyle
2	Female	13 & Over	1500m	Freestyle
3	Male	12 & Over	400m	Individual Medley
4	Female	12 & Over	400m	Individual Medley



PROGRAM OF EVENTS

Saturday 15 November

Second Session

Competition: 08:30 AM

Event	Gender	Age	Distance	Stroke
5	Male	12 & Over	50m	Freestyle
6	Female	12 & Over	50m	Freestyle
7	Male	Multi Class	50m	Freestyle
8	Female	Multi Class	50m	Freestyle
9	Male	12 & Over	200m	Butterfly
10	Female	12 & Over	200m	Butterfly
11	Male	12 & Over	100m	Breaststroke
12	Female	12 & Over	100m	Breaststroke
13	Male	Multi Class	100m	Breaststroke
14	Female	Multi Class	100m	Breaststroke
15	Male	12 & Over	400m	Freestyle*
16	Female	12 & Over	400m	Freestyle*
17	Male	12 & Over	100m	Backstroke
18	Female	12 & Over	100m	Backstroke
19	Male	Multi Class	100m	Backstroke
20	Female	Multi Class	100m	Backstroke

Third Session

Competition: TBC

Event	Gender	Age	Distance	Stroke
21	Male	12 & Over	50m	Breaststroke
22	Female	12 & Over	50m	Breaststroke
23	Male	Multi Class	50m	Breaststroke
24	Female	Multi Class	50m	Breaststroke
25	Male	12 & Over	100m	Freestyle
26	Female	12 & Over	100m	Freestyle
27	Male	Multi Class	100m	Freestyle
28	Female	Multi Class	100m	Freestyle
29	Male	12 & Over	800m	Freestyle

**Multi Class swimmers may compete in the 200m and 400m Freestyle and 200m Individual Medley if they have achieved the Multi Class qualifying time.*



PROGRAM OF EVENTS

Sunday 16 November

Fourth Session

Competition: 08:30 AM

Event	Gender	Age	Distance	Stroke
30	Male	12 & Over	200m	Individual Medley*
31	Female	12 & Over	200m	Individual Medley*
32	Male	12 & Over	50m	Backstroke
33	Female	12 & Over	50m	Backstroke
34	Male	Multi Class	50m	Backstroke
35	Female	Multi Class	50m	Backstroke
36	Male	12 & Over	200m	Breaststroke
37	Female	12 & Over	200m	Breaststroke
38	Male	12 & Over	100m	Butterfly
39	Female	12 & Over	100m	Butterfly
40	Male	Multi Class	100m	Butterfly
41	Female	Multi Class	100m	Butterfly

Fifth Session

Competition: TBC

Event	Gender	Age	Distance	Stroke
42	Male	12 & Over	200m	Freestyle*
43	Female	12 & Over	200m	Freestyle*
44	Male	12 & Over	50m	Butterfly
45	Female	12 & Over	50m	Butterfly
46	Male	Multi Class	50m	Butterfly
47	Female	Multi Class	50m	Butterfly
48	Male	12 & Over	200m	Backstroke
49	Female	12 & Over	200m	Backstroke
50	Female	12 & Over	800m	Freestyle

*Multi Class swimmers may compete in the 200m and 400m Freestyle and 200m Individual Medley if they have achieved the Multi Class qualifying time.



QUALIFYING TIMES

Male

	12 Years		13 Years		14 Years		15 Years		16 Years		17 & 18 Years		Open	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 FREE	34.08	33.42	30.94	30.33	28.97	28.40	27.78	27.24	27.54	27.00	26.36	25.84	25.51	25.01
100 FREE	1:14.81	1:13.34	1:07.24	1:05.92	1:03.45	1:02.21	1:00.33	59.15	56.96	55.84	57.73	56.60	55.96	54.86
200 FREE	2:38.81	2:35.70	2:23.36	2:20.55	2:17.36	2:14.67	2:12.79	2:10.18	2:11.64	2:09.06	2:07.06	2:04.57	2:03.39	2:00.97
400 FREE	5:32.62	5:26.10	5:02.49	4:56.56	4:49.84	4:44.15	4:40.18	4:34.68	4:37.76	4:32.31	4:28.10	4:22.84	4:22.48	4:17.33
800 FREE	11:26.36	11:12.90	10:28.85	10:16.52	10:02.54	9:50.73	9:32.41	9:21.19	9:27.39	9:16.27	9:17.35	9:06.42	9:02.36	8:51.72
1500 FREE			20:05.38	19:41.74	19:14.95	18:52.30	18:17.20	17:55.68	18:07.57	17:46.25	17:48.32	17:27.38	17:21.27	17:00.86
50 BACK	40.36	39.57	35.93	35.23	34.25	33.58	33.45	32.80	32.92	32.28	31.86	31.24	29.92	29.33
100 BACK	1:26.59	1:24.89	1:17.62	1:16.10	1:12.27	1:10.85	1:09.97	1:08.60	1:08.83	1:07.48	1:06.53	1:05.23	1:02.58	1:01.35
200 BACK	3:05.47	3:01.83	2:49.51	2:46.18	2:38.93	2:35.81	2:35.12	2:32.07	2:32.57	2:29.58	2:27.49	2:24.59	2:17.91	2:15.21
50 BREAST	45.21	44.32	39.96	39.18	37.79	37.05	36.91	36.18	36.32	35.60	35.43	34.74	32.38	31.74
100 BREAST	1:39.02	1:37.08	1:27.59	1:25.87	1:21.54	1:19.94	1:18.95	1:17.40	1:17.66	1:16.14	1:15.07	1:13.60	1:09.98	1:08.60
200 BREAST	3:36.23	3:31.99	3:09.11	3:05.40	2:58.72	2:55.22	2:53.05	2:49.66	2:50.21	2:46.87	2:44.54	2:41.31	2:32.29	2:29.31
50 FLY	38.21	37.46	34.02	33.35	32.43	31.79	31.67	31.05	31.17	30.56	30.17	29.57	27.56	27.02
100 FLY	1:27.55	1:25.84	1:15.43	1:13.95	1:10.22	1:08.85	1:07.99	1:06.66	1:06.88	1:05.57	1:04.65	1:03.38	1:00.88	59.69
200 FLY	3:07.13	3:03.46	2:46.11	2:42.85	2:36.99	2:33.91	2:32.01	2:29.03	2:29.52	2:26.58	2:24.53	2:21.70	2:15.21	2:12.56
200 IM	3:02.73	2:59.14	2:51.94	2:48.56	2:37.53	2:34.44	2:33.72	2:30.70	2:28.64	2:25.72	2:23.55	2:20.74	2:16.64	2:13.96
400 IM	6:35.30	6:27.55	6:11.95	6:04.66	5:40.79	5:34.11	5:32.54	5:26.02	5:18.80	5:12.55	5:10.56	5:04.47	4:54.70	4:48.92

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.



QUALIFYING TIMES

Female

	12 Years		13 Years		14 Years		15 Years		16 Years		17 & 18 Years		19 & Over	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
50 FREE	33.41	32.76	32.09	31.46	31.03	30.42	30.23	29.64	29.97	29.38	29.50	28.93	29.44	28.86
100 FREE	1:13.33	1:11.90	1:09.92	1:08.54	1:07.03	1:05.71	1:05.29	1:04.01	1:04.71	1:03.45	1:04.14	1:02.88	1:01.93	1:00.72
200 FREE	2:35.68	2:32.63	2:27.94	2:25.04	2:22.93	2:20.13	2:21.68	2:18.90	2:20.42	2:17.67	2:19.17	2:16.44	2:15.64	2:12.98
400 FREE	5:26.07	5:19.68	5:10.20	5:04.12	4:59.69	4:53.81	4:57.06	4:51.23	4:54.43	4:48.66	4:51.80	4:46.08	4:48.10	4:42.45
800 FREE	11:12.84	10:59.65	10:34.31	10:21.87	10:18.04	10:05.92	10:07.20	9:55.29	10:01.78	9:49.98	9:56.36	9:44.66	9:45.31	9:33.83
1500 FREE			19:56.44	19:32.98	19:35.81	19:12.75	19:15.18	18:52.53	19:04.87	18:42.42	18:54.55	18:32.31	18:41.15	18:19.17
50 BACK	39.57	38.79	37.46	36.73	36.57	35.85	36.27	35.55	35.97	35.26	35.67	34.97	33.16	32.51
100 BACK	1:24.88	1:23.22	1:20.17	1:18.59	1:16.96	1:15.45	1:15.68	1:14.19	1:15.04	1:13.56	1:14.39	1:12.94	1:10.11	1:08.74
200 BACK	3:01.82	2:58.25	2:50.16	2:46.82	2:45.97	2:42.72	2:44.58	2:41.35	2:43.18	2:39.98	2:41.79	2:38.62	2:32.57	2:29.58
50 BREAST	44.32	43.45	41.04	40.23	40.05	39.27	39.73	38.95	39.40	38.62	39.07	38.30	36.63	35.91
100 BREAST	1:37.07	1:35.16	1:29.64	1:27.88	1:26.79	1:25.09	1:23.95	1:22.30	1:23.23	1:21.60	1:22.52	1:20.90	1:17.98	1:16.45
200 BREAST	3:31.97	3:27.81	3:16.26	3:12.42	3:08.41	3:04.72	3:05.27	3:01.64	3:03.70	3:00.10	3:02.13	2:58.56	2:49.53	2:46.20
50 FLY	37.46	36.72	34.96	34.27	34.12	33.45	33.84	33.17	33.56	32.90	33.28	32.63	30.81	30.21
100 FLY	1:25.83	1:24.15	1:16.69	1:15.19	1:14.83	1:13.37	1:12.98	1:11.55	1:12.36	1:10.94	1:11.74	1:10.33	1:09.33	1:07.97
200 FLY	3:03.44	2:59.84	2:49.65	2:46.32	2:45.51	2:42.26	2:42.75	2:39.56	2:41.37	2:38.21	2:39.99	2:36.86	2:30.20	2:27.26
200 IM	2:59.12	2:55.61	2:46.15	2:42.89	2:43.40	2:40.20	2:39.28	2:36.16	2:37.91	2:34.81	2:36.53	2:33.47	2:32.24	2:29.25
400 IM	6:27.51	6:19.91	6:05.72	5:58.54	5:59.67	5:52.62	5:47.58	5:40.77	5:44.56	5:37.80	5:41.54	5:34.84	5:25.71	5:19.32

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.



QUALIFYING TIMES

Multi Class 11-14 Years

Male							Female								
	200 FREE		400 FREE		200/150 IM			200 FREE		400 FREE		200/150 IM			
	LC	SC	LC	SC	LC	SC		LC	SC	LC	SC	LC	SC		
S1	11:02.32	10:49.33					S1	9:26.78	9:15.67						
S2	8:45.33	8:35.03					S2	11:02.44	10:49.45						
S3	7:28.26	7:19.47					S3	7:43.53	7:34.44					6:19.85	6:12.40
S4	6:30.88	6:23.22					S4	6:46.74	6:38.76					5:34.75	5:28.19
S5	4:47.30	4:41.67					S5	5:24.72	5:18.35					5:33.10	5:26.57
S6	4:40.38	4:34.88	9:35.50	9:24.22	5:14.62	5:08.45	S6	5:10.18	5:04.10	10:09.14	9:57.20	5:14.62	5:08.45		
S7	4:22.60	4:17.45	9:02.12	8:51.49	4:56.38	4:50.57	S7	4:52.02	4:46.29	9:43.00	9:31.57	4:56.38	4:50.57		
S8	4:14.32	4:09.33	8:39.48	8:29.29	4:40.02	4:34.53	S8	4:32.08	4:26.75	9:20.66	9:09.67	4:40.02	4:34.53		
S9	3:28.94	3:24.84	7:26.83	7:18.07	3:56.04	3:51.41	S9	3:52.20	3:47.65	7:51.64	7:42.39	3:56.04	3:51.41		
S10	3:24.63	3:20.62	7:04.98	6:56.65	3:44.60	3:40.20	S10	3:49.98	3:45.47	7:52.12	7:42.86	3:44.60	3:40.20		
S11	3:42.73	3:38.36	7:46.31	7:37.17	4:06.74	4:01.90	S11	4:13.94	4:08.96	8:46.49	8:36.17	4:06.74	4:01.90		
S12	3:31.60	3:27.45	7:19.71	7:11.09	3:53.97	3:49.38	S12	3:54.18	3:49.59	7:49.01	7:39.81	3:53.97	3:49.38		
S13	3:17.27	3:13.40	7:01.14	6:52.88	3:38.17	3:33.89	S13	3:48.20	3:43.73	7:44.10	7:35.00	3:38.17	3:33.89		
S14	3:18.98	3:15.08	7:18.85	7:10.25	3:45.21	3:40.79	S14	3:38.27	3:33.99	7:57.49	7:48.13	3:45.21	3:40.79		
S15	3:21.22	3:17.27	6:57.31	6:49.13	3:40.49	3:36.17	S15	3:42.83	3:38.46	7:55.45	7:46.13	3:40.49	3:36.17		
S16	3:42.78	3:38.41	8:01.90	7:52.45	4:09.76	4:04.86	S16	4:15.48	4:10.47	9:34.53	9:23.26	4:09.76	4:04.86		
S17	3:02.36	2:58.78	6:33.44	6:25.73	3:23.81	3:19.81	S17	3:20.65	3:16.72	7:00.81	6:52.56	3:23.81	3:19.81		
S18	4:34.25	4:28.87	9:46.76	9:35.25	5:12.06	5:05.94	S18	5:10.94	5:04.84	10:56.36	10:43.49	5:12.06	5:05.94		
S19	3:02.36	2:58.78	6:33.44	6:25.73	3:23.81	3:19.81	S19	3:20.65	3:16.72	7:00.81	6:52.56	3:23.81	3:19.81		

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

QUALIFYING TIMES

Multi Class 15-18 Years

Male							Female										
	200 FREE		400 FREE		200/150 IM			200 FREE		400 FREE		200/150 IM					
	LC	SC	LC	SC	LC	SC		LC	SC	LC	SC	LC	SC				
S1	8:19.35	8:09.56					S1	7:07.32	6:58.94								
S2	6:36.07	6:28.30					S2	8:19.44	8:09.65								
S3	5:37.97	5:31.34							S3					5:49.48	5:42.63		
S4	4:54.70	4:48.92							S4					5:06.66	5:00.65		
S5	3:56.18	3:51.55							S5					4:26.94	4:21.71		
S6	3:50.49	3:45.97	7:53.10	7:43.82	4:18.64	4:13.57	S6	4:14.99	4:09.99	8:20.76	8:10.94	4:18.64	4:13.57				
S7	3:35.88	3:31.65	7:25.66	7:16.92	4:03.65	3:58.87	S7	4:00.06	3:55.35	7:59.27	7:49.87	4:03.65	3:58.87				
S8	3:29.07	3:24.97	7:07.05	6:58.68	3:50.20	3:45.69	S8	3:43.67	3:39.28	7:40.90	7:31.86	3:50.20	3:45.69				
S9	2:59.72	2:56.20	6:24.33	6:16.79	3:23.03	3:19.05	S9	3:19.72	3:15.80	6:45.68	6:37.73	3:23.03	3:19.05				
S10	2:56.01	2:52.56	6:05.54	5:58.37	3:13.19	3:09.40	S10	3:17.82	3:13.94	6:46.09	6:38.13	3:13.19	3:09.40				
S11	3:11.57	3:07.81	6:41.09	6:33.23	3:32.23	3:28.07	S11	3:38.42	3:34.14	7:32.86	7:23.98	3:32.23	3:28.07				
S12	3:02.01	2:58.44	6:18.21	6:10.79	3:21.25	3:17.30	S12	3:21.43	3:17.48	6:43.42	6:35.51	3:21.25	3:17.30				
S13	2:49.68	2:46.35	6:02.24	5:55.14	3:07.65	3:03.97	S13	3:16.28	3:12.43	6:39.19	6:31.36	3:07.65	3:03.97				
S14	2:51.15	2:47.79	6:17.47	6:10.07	3:13.71	3:09.91	S14	3:07.75	3:04.07	6:50.71	6:42.66	3:13.71	3:09.91				
S15	2:53.08	2:49.69	5:58.94	5:51.90	3:09.65	3:05.93	S15	3:11.67	3:07.91	6:48.95	6:40.93	3:09.65	3:05.93				
S16	3:11.62	3:07.86	6:54.50	6:46.37	3:34.83	3:30.62	S16	3:39.75	3:35.44	8:14.18	8:04.49	3:34.83	3:30.62				
S17	2:36.85	2:33.77	5:38.42	5:31.78	2:55.30	2:51.86	S17	2:52.58	2:49.20	6:01.96	5:54.86	2:55.30	2:51.86				
S18	3:55.89	3:51.26	8:24.69	8:14.79	4:28.42	4:23.16	S18	4:27.45	4:22.21	9:24.56	9:13.49	4:28.42	4:23.16				
S19	2:36.85	2:33.77	5:38.42	5:31.78	2:55.30	2:51.86	S19	2:52.58	2:49.20	6:01.96	5:54.86	2:55.30	2:51.86				

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

QUALIFYING TIMES

Multi Class 19 & Over

Male							Female								
	200 FREE		400 FREE		200/150 IM			200 FREE		400 FREE		200/150 IM			
	LC	SC	LC	SC	LC	SC		LC	SC	LC	SC	LC	SC		
S1	7:39.23	7:30.23					S1	6:32.98	6:25.27						
S2	6:04.24	5:57.10					S2	7:39.31	7:30.30						
S3	5:10.81	5:04.72					S3	5:21.40	5:15.10					4:23.38	4:18.22
S4	4:31.02	4:25.71					S4	4:42.02	4:36.49					3:52.10	3:47.55
S5	3:40.90	3:36.57					S5	4:09.67	4:04.77					4:16.11	4:11.09
S6	3:35.58	3:31.35	7:22.49	7:13.81	4:01.91	3:57.17	S6	3:58.49	3:53.81	7:48.36	7:39.18	4:01.91	3:57.17		
S7	3:21.91	3:17.95	6:56.83	6:48.66	3:47.88	3:43.41	S7	3:44.53	3:40.13	7:28.26	7:19.47	3:47.88	3:43.41		
S8	3:15.54	3:11.71	6:39.42	6:31.59	3:35.30	3:31.08	S8	3:29.20	3:25.10	7:11.08	7:02.63	3:35.30	3:31.08		
S9	2:49.98	2:46.65	6:03.52	5:56.39	3:12.03	3:08.26	S9	3:08.91	3:05.21	6:23.70	6:16.18	3:12.03	3:08.26		
S10	2:46.48	2:43.22	5:45.74	5:38.96	3:02.73	2:59.15	S10	3:07.10	3:03.43	6:24.10	6:16.57	3:02.73	2:59.15		
S11	3:01.20	2:57.65	6:19.37	6:11.93	3:20.73	3:16.79	S11	3:26.59	3:22.54	7:08.33	6:59.93	3:20.73	3:16.79		
S12	2:52.15	2:48.77	5:57.73	5:50.72	3:10.35	3:06.62	S12	3:10.52	3:06.78	6:21.57	6:14.09	3:10.35	3:06.62		
S13	2:40.49	2:37.34	5:42.62	5:35.90	2:57.49	2:54.01	S13	3:05.65	3:02.01	6:17.57	6:10.17	2:57.49	2:54.01		
S14	2:41.88	2:38.71	5:57.03	5:50.03	3:03.22	2:59.63	S14	2:57.58	2:54.10	6:28.46	6:20.84	3:03.22	2:59.63		
S15	2:43.70	2:40.49	5:39.50	5:32.84	2:59.38	2:55.86	S15	3:01.29	2:57.74	6:26.80	6:19.22	2:59.38	2:55.86		
S16	3:01.24	2:57.69	6:32.05	6:24.36	3:23.19	3:19.21	S16	3:27.84	3:23.76	7:47.41	7:38.25	3:23.19	3:19.21		
S17	2:28.36	2:25.45	5:20.09	5:13.81	2:45.81	2:42.56	S17	2:43.24	2:40.04	5:42.35	5:35.64	2:45.81	2:42.56		
S18	3:43.12	3:38.75	7:57.36	7:48.00	4:13.88	4:08.90	S18	4:12.96	4:08.00	8:53.98	8:43.51	4:13.88	4:08.90		
S19	2:28.36	2:25.45	5:20.09	5:13.81	2:45.81	2:42.56	S19	2:43.24	2:40.04	5:42.35	5:35.64	2:45.81	2:42.56		

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2024. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.