

MEET INFORMATION

2020 McDonald's Queensland Championships

Brisbane Aquatic Centre 12-18 December 2020







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PROGRAM OF EVENTS

| Club and Region Relays (Saturday) | |
|-----------------------------------|-------|
| Sessions 2 - 7 (Sunday - Friday) | 6 - 1 |

QUALIFYING TIMES

| Able-bodied | 19 |
|-------------|-------|
| Multi Class | 13-20 |

EVENT DETAILS

COVID-19 Terms and Conditions

In nominating or purchasing a ticket, you have agreed to the COVID-19 Terms and Conditions

Eligibility

This meet is open to Swimming Queensland registered competitive swimmers, competitive swimmers registered with clubs affiliated with other State Associations and international swimmers who meet the clearance criteria.

Clearance Criteria

International swimmers and teams must supply a letter of clearance from their National Swimming Federation to satisfy the clearance criteria. International swimmers training with, or members of, clubs in Australia will not be entered under the Australian club name.

Clearances must be submitted to the Nominations Officer before the closing date.













EVENT DETAILS

Age

The age group of competitors for this meet is the age as at the first day of the championships (12th December 2020). The minimum age for these championships is 12 years for individual events and 11 years for relay events. Swimming "up" is not permitted.

Qualifying Times

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2019. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved.

Rules

All Swimming Queensland General Rules, Championship By-Laws, SAL & FINA Swim Rules apply.

Entries

Entries are to be completed online via Swim Central. International swimmers and teams are to contact the <u>Nominations Officer</u> for entry procedure information.

Relays step-by-step guide.

Entries close Midnight, Tuesday 24 November 2020.

Entry Fees

| Online Meet Entry | \$19.00* |
|----------------------------|----------|
| International Swimmer/Team | \$21.00 |
| Relay Entry | \$40.00* |

^{*}Plus a transaction fee (debit/credit card processing) of 1.5%

Late Entries

Late entries will only be permissible until midday, Friday 27 November and will incur a late entry fee of \$30 per event*.

No further entries are possible after midday Friday 27 November and entries will NOT be accepted in the timing room.

Entry List

The entry list will be made available on the event page of our website, after midday on Friday 27 November 2020.

All competitors must check their entries thoroughly and if any discrepancies are noted they <u>must be submitted using the online form</u> by Midnight, Sunday 1 December.

A self-marshalling entry list will be published on the event page by Thursday 10 December.

Warm-up Start Time

Relays - 8:00 am

Heats - 7:00 am Finals - 4:30 pm

Timeline

The timeline for this meet will be published on the event page of our website by Thursday 10 December.

Spectator Tickets

Limited spectator tickets will be available, more details will be released closer to the event.

Coach and Club Manager Access

Clubs will be provided an allocation of coach and club manager tickets. This allocation will be done based on nominations and will be provided to clubs as soon as determined. Further information will be provided directly to clubs.

Able-bodied Events and Medals

All able-bodied events will be conducted as heats and finals, except where designated by an asterisk (*) in the Program of Events.

Medals will not be awarded if qualifying standards have not been met.

Medals will be awarded in able-bodied events as follows:

- 50m Events: 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs and 19 & Over
- 100m Events: 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs, and Open
- 200m Events: 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs, and Open
- 400m Events: 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs, and Open
- 800m Freestyle: 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs and Open
- 1500m Freestyle:13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs and Open













EVENT DETAILS

Multi Class Events and Medals

All Multi Class events will be conducted as Open events. Swimmers amassing the highest points from the heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening finals sessions. Age group medals will be determined from the heats session. Open medals will be determined in the evening finals session for each event, except the 400m Freestyle, which will be conducted as a timed final for Open competitors in the heats session.

Swimmers with an SM3 or SM4 classification may contest the 200m Individual Medley as a 150m Individual Medley.

Multi Class swimmers who are swimming in events that are not designated as Multi Class must produce their exemption cards to the session Referees.

Medals will be awarded in Multi Class Events as follows:

- 50m Freestyle: 12yrs, 13/14yrs, 15/16yrs, 17/18yrs and Open
- 100m Events:12yrs, 13/14yrs, 15/16yrs, 17/18yrs and Open
- 200m Freestyle:12yrs, 13/14yrs, 15/16yrs, 17/18yrs and Open
- 400m Freestyle:13/14yrs, 15/16yrs, 17/18yrs and Open
- 200m/150m Individual Medley: 12yrs, 13/14yrs, 15/16yrs, 17/18yrs and Open

Special Notes

The Referee and Technical Manager have authority to control heats at their discretion and may combine heats to be swum as a straight final.

Finals may not necessarily follow heat order. This may change at the discretion of the Technical Manager.

In age group finals, eight (8) lanes will be reserved for Queensland competitors. Six (6) lanes will be reserved for Queensland competitors in open A finals, with no restriction on B finals.

The following events will also have six (6) lanes reserved for Queensland competitors:

- 17 & Over 800m Freestyle,
- 17 & Over 1500m Freestyle,
- 17 & Over 400m Ind. Medley, and
- 19 & Over 50m events.

All open events will have B Finals, provided that in each instance at least 24 swimmers compete in the associated heats. B finals will be swum immediately prior to the respective A final.

The fastest 10 qualifiers for all 800m and 1500m events will swim in the evening session, with placings to be based on the fastest times in the heats and finals sessions.

The 16 Years & Over 400m Individual Medley will be run as combined ages for the heats. The finals will be run as two separated events: a 16 Years final and a 17 Years & Over final. Medals will be awarded in the following age groups: 16 Years, 17 Years, 18 Years, and Open.

50m Events are now Championship Events

At the 2020 Queensland Championships, 50m events will be conducted for every stroke and will be recognised as Championship Events. This means placegetters in each age group (12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs and 19&Over) will be awarded a Championship Medal and that these events will be included in the Points Score.

The Gold Medallists will be crowned as the Queensland Long Course Champion, while winners at the Queensland Sprint Championships will be named Queensland Sprint Champion.

This decision will fully align the Queensland Long Course Championships to the program of events at the World Championships, Commonwealth Games and Pan Pac Championships. It also reflects the high participation in the 50m events conducted at Swimming Queensland meets.

Please note that the qualifying times for 50m events at the 2020 Queensland Championships













EVENT DETAILS

have been set at a much higher performance benchmark than will apply to the Sprint Championships to reflect the high status of the Long Course Championships and the size of that meet.

Swimmer of the Session Awards

Thanks to our major sponsor, McDonald's, a McDonald's Swimmer of the Session and their coach will be recognised from each finals session Sunday to Friday.

Towel Awards

State Championships towels will be awarded to the Queensland club male and female achieving the highest aggregate points in each age group.

Club Awards

The President's Trophy and the Hancock Prospecting Premier Club Trophy will be awarded to the Queensland club with the highest point score.

Major Championship Awards

Winners of the following major awards will be chosen from this meet, thanks to our major sponsor, McDonald's.

- McDonald's Swimmer of the Meet
- McDonald's Age Group Swimmer of the Meet
- McDonald's Country Swimmer of the Meet

Results

Live results will be made available for this meet and will be accessible from the event page of our website. Following the conclusion of the meet a PDF results file will be published on our website. Please note, TM Results files will only be provided, on request, to club race secretaries.

Photo Release

In nominating for this meet, swimmers agree that they may be photographed by Swimming Queensland's approved photographer and that the photos may be used by Swimmina Queensland at its discretion.

SQ Swim Shop

The Swimming Queensland Swim Shop, located in Aquatic Reception, will be open during this meet. The SQ Swim Shop is dedicated to all areas of swimming, from learn to swim to high performance, including everything in between.

Event Photography and Merchandise

Medal Shots, our preferred event photographer and merchandiser, will be on site during the meet. Photographs can be organised by contacting Medal Shots directly at the merchandise marquee - located at front gate.

Keep your eyes peeled for pre-purchase options.

Bags/Eskies

Please note that Stadiums Queensland rules state that bags/eskies must be a pliable nature (soft to touch) and are to be no bigger than 40cm x 40cm x 40cm and must be stowed under seats. All other bags/eskies will be refused admission.

Accommodation

Chandler Lodge and Cabins offer on site accommodation. Contact them direct for more details.

Quest Eight Mile Plains provides a 15% discount McDonald's Swimmer with Disability of the Meet for attendees at this meet when they use the code - SWIMQ - when booking.

Live Stream

Big Voice Media will be LIVE streaming this event via our paid subscription video streaming service! A range of flexible pricing options exists so that you can choose the video pay-perview experience that best suits your needs, starting at just \$5.99!

Watch all the action LIVE from the best seat in the house!













Saturday, 12 December

Club Relays – Timed Finals

First Session

Competition Start Time: 9:30 a.m.

| Event | Age | Gender | Distance | Stroke |
|-------|------------------|--------|---------------|-----------------|
| 1. | 11 & 12 Years | Girls | 4 x 50 Metres | Medley Relay |
| 2. | 11 & 12 Years | Boys | 4 x 50 Metres | Medley Relay |
| 3. | 14 Years & Under | Girls | 4 x 50 Metres | Medley Relay |
| 4. | 14 Years & Under | Boys | 4 x 50 Metres | Medley Relay |
| 5. | 11 & 12 Years | Girls | 4 x 50 Metres | Freestyle Relay |
| 6. | 11 & 12 Years | Boys | 4 x 50 Metres | Freestyle Relay |
| 7. | 14 Years & Under | Girls | 4 x 50 Metres | Freestyle Relay |
| 8. | 14 Years & Under | Boys | 4 x 50 Metres | Freestyle Relay |

Club Relays – Timed Finals

Second Session

Competition Start Time: TBA

| Event | Age | Gender | Distance | Stroke |
|-------|------------------|---------|---------------|-----------------|
| 9. | 16 Years & Under | Girls | 4 x 50 Metres | Medley Relay |
| 10. | 16 Years & Under | Boys | 4 x 50 Metres | Medley Relay |
| 11. | Open | Women's | 4 x 50 Metres | Medley Relay |
| 12. | Open | Men's | 4 x 50 Metres | Medley Relay |
| 13. | 16 Years & Under | Girls | 4 x 50 Metres | Freestyle Relay |
| 14. | 16 Years & Under | Boys | 4 x 50 Metres | Freestyle Relay |
| 15. | Open | Women's | 4 x 50 Metres | Freestyle Relay |
| 16. | Open | Men's | 4 x 50 Metres | Freestyle Relay |

Regional Relays – Timed Finals

Third Session

Competition Start Time: TBA

| Event | Age | Gender | Distance | Stroke |
|-------|------------------|--------|---------------|-----------------|
| 17. | 11 & 12 Years | Girls | 4 x 50 Metres | Medley Relay |
| 18. | 11 & 12 Years | Boys | 4 x 50 Metres | Medley Relay |
| 19. | 14 Years & Under | Girls | 4 x 50 Metres | Medley Relay |
| 20. | 14 Years & Under | Boys | 4 x 50 Metres | Medley Relay |
| 21. | 15 Years & Over | Girls | 4 x 50 Metres | Medley Relay |
| 22. | 15 Years & Over | Boys | 4 x 50 Metres | Medley Relay |
| 23. | 11 & 12 Years | Girls | 4 x 50 Metres | Freestyle Relay |
| 24. | 11 & 12 Years | Boys | 4 x 50 Metres | Freestyle Relay |
| 25. | 14 Years & Under | Girls | 4 x 50 Metres | Freestyle Relay |
| 26. | 14 Years & Under | Boys | 4 x 50 Metres | Freestyle Relay |
| 27. | 15 Years & Over | Girls | 4 x 50 Metres | Freestyle Relay |
| 28. | 15 Years & Over | Boys | 4 x 50 Metres | Freestyle Relay |

Minimum age 11 years for Relays













Sunday, 13 December 2020

Second Session Heats Commence: 8:30 a.m. Finals Commence: 6:00pm

| Event | Age | Gender | Distance | Stroke |
|-------|---------------------|---------|-------------|--------------|
| 38. | Open | Women's | 200 Metres | Freestyle |
| 39. | Open | Men's | 200 Metres | Freestyle |
| 40. | 12 Years | Girls | 200 Metres | Freestyle |
| 41. | 12 Years | Boys | 200 Metres | Freestyle |
| 42. | 17/18 Y ears | Girls | 100 Metres | Backstroke |
| 43. | 17/18 Y ears | Boys | 100 Metres | Backstroke |
| 44. | 16 Years | Girls | 200 Metres | Butterfly |
| 45. | 16 Years | Boys | 200 Metres | Butterfly |
| 46. | Open | Women's | 200 Metres | Breaststroke |
| 47. | Open | Men's | 200 Metres | Breaststroke |
| 48. | 12 Years | Girls | 200 Metres | Breaststroke |
| 49. | 12 Years | Boys | 200 Metres | Breaststroke |
| 50. | Open | Women's | 100 Metres | Backstroke |
| 51. | Open | Men's | 100 Metres | Backstroke |
| 52. | 14 Years | Girls | 200 Metres | Ind. Medley |
| 53. | 14 Years | Boys | 200 Metres | Ind. Medley |
| 54. | 15 Years | Girls | 200 Metres | Backstroke |
| 55. | 15 Years | Boys | 200 Metres | Backstroke |
| 56. | 16 Years & Over | Women's | 400 Metres | Ind. Medley@ |
| 57. | 16 Years & Over | Men's | 400 Metres | Ind. Medley@ |
| 58. | 13 Years | Girls | 200 Metres | Breaststroke |
| 59. | 13 Years | Boys | 200 Metres | Breaststroke |
| 60. | 14 Years | Girls | 100 Metres | Butterfly |
| 61. | 14 Years | Boys | 100 Metres | Butterfly |
| 62. | 16 Years | Girls | 100 Metres | Freestyle |
| 63. | 16 Years | Boys | 100 Metres | Freestyle |
| 64. | 17/18 Y ears | Girls | 100 Metres | Breaststroke |
| 65. | 17/18 Y ears | Boys | 100 Metres | Breaststroke |
| 66. | 13/14 Years | Girls | 1500 Metres | Freestyle* |
| 67. | 13/14 Y ears | Boys | 800 Metres | Freestyle* |

^{*}Timed final (fastest heat to be swum in finals session)

[®]The 16 Years & Over 400m Individual Medley will be run as combined ages for the heats. The finals will be run as two separated events: a 16 Years final and a 17 Years & Over final. Medals will be awarded in the following age groups: 16 Years, 17 Years, 18 Years and Open













Monday, 14 December 2020

Third Session Heats Commence: 8:30 a.m. Finals Commence: 6:00pm

| Event | Age | Gender | Distance | Stroke |
|-------|---------------------|---------|-------------|--------------|
| 68. | Open | Women's | 100 Metres | Butterfly |
| 69. | Open | Men's | 100 Metres | Butterfly |
| 70. | 12 Years | Girls | 200 Metres | Ind. Medley |
| 71. | 12 Years | Boys | 200 Metres | Ind. Medley |
| 72. | 15 Years | Girls | 100 Metres | Freestyle |
| 73. | 15 Years | Boys | 100 Metres | Freestyle |
| 74. | Open | Women's | 400 Metres | Freestyle |
| 75. | Open | Men's | 400 Metres | Freestyle |
| 76. | 13 Years | Girls | 200 Metres | Ind. Medley |
| 77. | 13 Years | Boys | 200 Metres | Ind. Medley |
| 78. | 12 Years | Girls | 100 Metres | Butterfly |
| 79. | 12 Years | Boys | 100 Metres | Butterfly |
| 80. | Open | Women's | 100 Metres | Breaststroke |
| 81. | Open | Men's | 100 Metres | Breaststroke |
| 82. | 15 Years | Girls | 200 Metres | Butterfly |
| 83. | 15 Years | Boys | 200 Metres | Butterfly |
| 84. | Open | Women's | 100 Metres | Freestyle |
| 85. | Open | Men's | 100 Metres | Freestyle |
| 86. | 13 Years | Girls | 100 Metres | Butterfly |
| 87. | 13 Years | Boys | 100 Metres | Butterfly |
| 88. | 16 Years | Girls | 400 Metres | Freestyle |
| 89. | 16 Years | Boys | 400 Metres | Freestyle |
| 90. | 14 Years | Girls | 200 Metres | Backstroke |
| 91. | 14 Years | Boys | 200 Metres | Backstroke |
| 92. | 17/18 Years | Girls | 400 Metres | Freestyle |
| 93. | 17/18 Y ears | Boys | 400 Metres | Freestyle |
| 94. | 16 Years | Girls | 100 Metres | Breaststroke |
| 95. | 16 Years | Boys | 100 Metres | Breaststroke |
| 96. | 13/14 Years | Girls | 800 Metres | Freestyle* |
| 97. | 13/14 Years | Boys | 1500 Metres | Freestyle* |

^{*}Timed final (fastest heat to be swum in finals session)













Tuesday, 15 December 2020

Fourth Session Heats Commence: 8:30 a.m. Finals Commence: 6:00pm

| Event | Age | Gender | Distance | Stroke |
|-------|---------------------|---------|-------------|--------------|
| 98. | 15 Years & Over | Women's | 50 Metres | Freestyle |
| 99. | 15 Years & Over | Men's | 50 Metres | Freestyle |
| 100. | 12 -14 Years | Girls | 50 Metres | Freestyle |
| 101. | 12 – 14 Years | Boys | 50 Metres | Freestyle |
| 102. | 14 Years | Girls | 200 Metres | Butterfly |
| 103. | 14 Years | Boys | 200 Metres | Butterfly |
| 104. | Open | Women's | 200 Metres | Ind. Medley |
| 105. | Open | Men's | 200 Metres | Ind. Medley |
| 106. | 17/18 Y ears | Girls | 200 Metres | Freestyle |
| 107. | 17/18 Y ears | Boys | 200 Metres | Freestyle |
| 108. | 14 Years | Girls | 100 Metres | Freestyle |
| 109. | 14 Years | Boys | 100 Metres | Freestyle |
| 110. | Open | Women's | 200 Metres | Backstroke |
| 111. | Open | Men's | 200 Metres | Backstroke |
| 112. | 15 Years | Girls | 100 Metres | Breaststroke |
| 113. | 15 Years | Boys | 100 Metres | Breaststroke |
| 114. | 17/18 Y ears | Girls | 200 Metres | Breaststroke |
| 115. | 17/18 Y ears | Boys | 200 Metres | Breaststroke |
| 116. | Open | Women's | 200 Metres | Butterfly |
| 117. | Open | Men's | 200 Metres | Butterfly |
| 118. | 12 Years | Girls | 200 Metres | Backstroke |
| 119. | 12 Years | Boys | 200 Metres | Backstroke |
| 120. | 16 Years | Girls | 100 Metres | Backstroke |
| 121. | 16 Years | Boys | 100 Metres | Backstroke |
| 122. | 13 Years | Girls | 200 Metres | Backstroke |
| 123. | 13 Years | Boys | 200 Metres | Backstroke |
| 124. | 14/15 Y ears | Girls | 400 Metres | Ind. Medley |
| 125. | 14/15 Y ears | Boys | 400 Metres | Ind. Medley |
| 126. | 17 Years & Over | Women's | 800 Metres | Freestyle* |
| 127. | 17 Years & Over | Men's | 1500 Metres | Freestyle* |
| 128. | 12 Years | Girls | 800 Metres | Freestyle* |
| 129. | 12 Years | Boys | 800 Metres | Freestyle* |

^{*}Timed final (fastest heat to be swum in finals session)













Wednesday, 16 December 2020

Fifth Session Heats Commence: 8:30 a.m. Finals Commence: 6:00pm

| Event | Age | Gender | Distance | Stroke |
|-------|---------------------|---------|-------------|--------------|
| 130. | 15 Years & Over | Women's | 50 Metres | Backstroke |
| 131. | 15 Years & Over | Men's | 50 Metres | Backstroke |
| 132. | 12 -14 Years | Girls | 50 Metres | Backstroke |
| 133. | 12 – 14 Years | Boys | 50 Metres | Backstroke |
| 134. | 12 Years | Girls | 200 Metres | Butterfly |
| 135. | 12 Years | Boys | 200 Metres | Butterfly |
| 136. | 17/18 Y ears | Girls | 100 Metres | Butterfly |
| 137. | 17/18 years | Boys | 100 Metres | Butterfly |
| 138. | 15 Years | Girls | 400 Metres | Freestyle |
| 139. | 15 Years | Boys | 400 Metres | Freestyle |
| 140. | Multi Class | Women's | 100 Metres | Butterfly^ |
| 141. | Multi Class | Men's | 100 Metres | Butterfly^ |
| 142. | 17/18 Years | Girls | 200 Metres | Ind. Medley |
| 143. | 17/18 Years | Boys | 200 Metres | Ind. Medley |
| 144. | 14 Years | Girls | 400 Metres | Freestyle |
| 145. | 14 Years | Boys | 400 Metres | Freestyle |
| 146. | 12 Years | Girls | 100 Metres | Freestyle |
| 147. | 12 Years | Boys | 100 Metres | Freestyle |
| 148. | 15 Years | Girls | 100 Metres | Backstroke |
| 149. | 15 Years | Boys | 100 Metres | Backstroke |
| 150. | 13 Years | Girls | 100 Metres | Freestyle |
| 151. | 13 Years | Boys | 100 Metres | Freestyle |
| 152. | 16 Years | Girls | 200 Metres | Freestyle |
| 153. | 16 Years | Boys | 200 Metres | Freestyle |
| 154. | Multi Class | Women's | 400 Metres | Freestyle* |
| 155. | Multi Class | Men's | 400 Metres | Freestyle* |
| 156. | 14 Years | Girls | 100 Metres | Breaststroke |
| 157. | 14 Years | Boys | 100 Metres | Breaststroke |
| 158. | 13 Years | Girls | 400 Metres | Freestyle |
| 159. | 13 Years | Boys | 400 Metres | Freestyle |
| 160. | 16 Years | Girls | 200 Metres | Breaststroke |
| 161. | 16 Years | Boys | 200 Metres | Breaststroke |
| 162. | 17 Years & Over | Women's | 1500 Metres | Freestyle* |
| 163. | 17 Years & Over | Men's | 800 Metres | Freestyle* |
| | | | | <u> </u> |

^{*}Timed final (fastest heat to be swum in finals session)









[^]All Multi class events will be conducted as Open events. Swimmers amassing the highest points from the heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening finals session. Age group medals will be determined from the heats session.

Timed final for Open competitors in the heats session.





Thursday, 17 December 2020

Sixth Session Heats Commence: 8:30 a.m. Finals Commence: 6:00pm

| Event | Age | Gender | Distance | Stroke |
|-------|---------------------|---------|-------------|---------------------------|
| 164. | 15 Years & Over | Women's | 50 Metres | Butterfly |
| 165. | 15 Years & Over | Men's | 50 Metres | Butterfly |
| 166. | 12 -14 Years | Girls | 50 Metres | Butterfly |
| 167. | 12 – 14 Years | Boys | 50 Metres | Butterfly |
| 168. | 17/18 Y ears | Girls | 200 Metres | Backstroke |
| 169. | 17/18 Y ears | Boys | 200 Metres | Backstroke |
| 170. | 14 Years | Girls | 100 Metres | Backstroke |
| 171. | 14 Years | Boys | 100 Metres | Backstroke |
| 172. | Multi Class | Women's | 100 Metres | Freestyle [^] |
| 173. | Multi Class | Men's | 100 Metres | Freestyle [^] |
| 174. | 12 Years | Girls | 100 Metres | Breaststroke |
| 175. | 12 Years | Boys | 100 Metres | Breaststroke |
| 176. | 15 Years | Girls | 200 Metres | Freestyle |
| 177. | 15 Years | Boys | 200 Metres | Freestyle |
| 178. | 16 Years | Girls | 200 Metres | Ind. Medley |
| 179. | 16 Years | Boys | 200 Metres | Ind. Medley |
| 180. | 13 Years | Girls | 200 Metres | Freestyle |
| 181. | 13 Years | Boys | 200 Metres | Freestyle |
| 182. | Multi Class | Women's | 100 Metres | Breaststroke [^] |
| 183. | Multi Class | Men's | 100 Metres | Breaststroke^ |
| 184. | 12 Years | Girls | 400 Metres | Freestyle |
| 185. | 12 Years | Boys | 400 Metres | Freestyle |
| 186. | 15 Years | Girls | 200 Metres | Breaststroke |
| 187. | 15 Years | Boys | 200 Metres | Breaststroke |
| 188. | 16 Years | Girls | 100 Metres | Butterfly |
| 189. | 16 Years | Boys | 100 Metres | Butterfly |
| 190. | 13 Years | Girls | 100 Metres | Backstroke |
| 191. | 13 Years | Boys | 100 Metres | Backstroke |
| 192. | Multi Class | Women's | 200 Metres | Freestyle |
| 193. | Multi Class | Men's | 200 Metres | Freestyle |
| 194. | 15/16 Y ears | Girls | 1500 Metres | Freestyle* |
| 195. | 15/16 Y ears | Boys | 1500 Metres | Freestyle* |

^{*}Timed final (fastest heat to be swum in finals session)









[^]All Multi class events will be conducted as Open events. Swimmers amassing the highest points from the heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening finals session. Age group medals will be determined from the heats session.





Friday, 18 December 2020

Seventh Session Heats Commence: 8:30 a.m. Finals Commence: 6:00pm

| Event | Age | Gender | Distance | Stroke |
|-------|----------------------|---------|----------------|-------------------------|
| 196. | 15 Years & Over | Women's | 50 Metres | Breaststroke |
| 197. | 15 Years & Over | Men's | 50 Metres | Breaststroke |
| 198. | 12 -14 Y ears | Girls | 50 Metres | Breaststroke |
| 199. | 12 - 14 Years | Boys | 50 Metres | Breaststroke |
| 200. | 12 Years | Girls | 100 Metres | Backstroke |
| 201. | 12 Years | Boys | 100 Metres | Backstroke |
| 202. | 17/18 Y ears | Girls | 200 Metres | Butterfly |
| 203. | 17/18 Y ears | Boys | 200 Metres | Butterfly |
| 204. | 15 Years | Girls | 200 Metres | Ind. Medley |
| 205. | 15 Years | Boys | 200 Metres | Ind. Medley |
| 206. | Multi Class | Women's | 100 Metres | Backstroke [^] |
| 207. | Multi Class | Men's | 100 Metres | Backstroke^ |
| 208. | 12/13 Years | Girls | 400 Meters | Ind. Medley |
| 209. | 12/13 Years | Boys | 400 Metres | Ind. Medley |
| 210. | 17/18 Years | Girls | 100 Metres | Freestyle |
| 211. | 17/18 Years | Boys | 100 Metres | Freestyle |
| 212. | 15 Years | Girls | 100 Metres | Butterfly |
| 213. | 15 Years | Boys | 100 Metres | Butterfly |
| 214. | Multi Class | Women's | 50 Metres | Freestyle |
| 215. | Multi Class | Men's | 50 Metres | Freestyle |
| 216. | 14 Years | Girls | 200 Metres | Freestyle |
| 217. | 14 Years | Boys | 200 Metres | Freestyle |
| 218. | 16 Years | Girls | 200 Meters | Backstroke |
| 219. | 16 Years | Boys | 200 Metres | Backstroke |
| 220. | 13 Years | Girls | 100 Metres | Breaststroke |
| 221. | 13 Years | Boys | 100 Metres | Breaststroke |
| 222. | Multi Class | Women's | 200/150 Metres | Ind. Medley^ |
| 223. | Multi Class | Men's | 200/150 Metres | Ind. Medley^ |
| 224. | 14 Years | Girls | 200 Metres | Breaststroke |
| 225. | 14 Years | Boys | 200 Metres | Breaststroke |
| 226. | 13 Years | Girls | 200 Metres | Butterfly |
| 227. | 13 Years | Boys | 200 Metres | Butterfly |
| 228. | 15/16 Years | Girls | 800 Metres | Freestyle* |
| 229. | 15/16 Years | Boys | 800 Metres | Freestyle* |

^{*}Timed final (fastest heat to be swum in finals session)









[^]All Multi class events will be conducted as Open events. Swimmers amassing the highest points from the heats session (using the Multi Class Points Score) across all age groups will qualify to compete in the evening finals session. Age group medals will be determined from the heats session.