



## MEET INFORMATION

### 2024 Speedo National Preparation Meet & Jess Schipper Challenge

Brisbane Aquatic Centre  
16-17 March





# KEY DETAILS

## Purpose

This meet is been designed to provide a quality preparation meet for swimmers competing at the Australian Age or Open Championships.

The Jess Schipper Challenge gives a high calibre end-of-season racing opportunity for:

- girls aged 13 and 14 years who have not qualified for the Australian Age Championships,
- boys aged 14 years who have not qualified for those Championships,
- boys aged 13 years, and
- boys and girls aged 11 and 12 years.

## Eligibility

This meet is open to Swimming Queensland registered competitive swimmers, competitive swimmers registered with clubs affiliated with other State Associations and international swimmers who meet the clearance criteria.

## Clearance Criteria

International swimmers and teams must supply a letter of clearance from their National Swimming Federation to satisfy the clearance criteria. International swimmers training with, or members of, clubs in Australia will be nominated under their country name not the Australian club name.

Clearances must be submitted to the [Nominations Officer](#) before the nomination closing date.

## Photo Release

In nominating, swimmers agree that they may be photographed/videoed by Swimming Queensland's approved photographer; that the images may be displayed for viewing and purchasing on site during the meet and on the photographer's secure website after the Championships; and that they may also be used by Swimming Queensland at its discretion.

## Age

Age group of competitors for is age as at the first day of competition, 16 March. Minimum age for the Speedo National Preparation Meet is 13 years for girls and 14 years for boys. While, minimum age for the Jess Schipper Challenge is 11 years.

## Qualifying Times

Qualifying times must have been achieved at an approved meet (either short course or long course) on or after 1 January 2023. Converted short course times will only be used where an existing long course time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.

## Multi Class Qualifying Times and Entries

Multi Class swimmers competing in the 200m/400m Freestyle or 200m Individual Medley must meet the Multi Class qualifying time and need to contact the [Nominations Officer](#) to submit their entry. Entries for the 50m and 100m Multi Class events are to be completed online through Swim Central; there are no qualifying times for these events.

## Entries

Entries are to be completed online via Swim Central using the link available on the event page of our website. International swimmers and teams should contact the [Nominations Officer](#).

**Entries close Midnight, Tuesday 5 March.**



# KEY DETAILS

## Entry Fees

Online Meet Entry	\$14.00*
International Swimmer/Team#	\$16.00

\*Plus a transaction fee (debit/credit card processing)

#International swimmers must request a manual nomination form from the Nominations Officer

[Refund Policy](#)

## Late Entries

All entries for individual events submitted between Wednesday 6 March and midday Friday 8 March will be \$24 per event\*. Any further late entries are at the discretion of the Nominations Officer and if accepted will be \$50 per event.

## Ticketing

Tickets for this meet will be on sale via Ticketbooth \$7 (plus fees) on the Tuesday prior to the meet. The ticket link will be made available [on our website](#). Tickets will also be available for purchase via Eftpos at the gate; \$8.50. Our event is cashless.

- Ticketing is general admission.
- Tickets are only required for spectators 16 years and over
- Children 15 years and younger are free (and don't require a ticket).
- Concession Card Holders\* are free on presentation of their card (and don't require a ticket).

*\*Eligible Concessions: Department of Veterans' Affairs Card Holder, TPI or Department of Veterans' Affairs issued Pensioner Concession Card Holder, Commonwealth Senior Health Care Card Holder, Pensioner Concession Card Holder, Health Care Card Holder or Full time Australian Secondary or Tertiary student Card Holder.*

## Event Parking and Drop Off Areas

Parking and drop off for this meet will be in car park 3. Parking is only permitted in designated bays.

## Entry and Opening Times

The front entry will open at 7:00am. All attendees will be required to enter via the ticketing marquees positioned centrally on the grandstand level. Spectators will be given a wristband after scanning their ticket or showing their Concession Card.

## SQ Swim Shop

The Swimming Queensland Swim Shop, located in Aquatic Reception, will be open during this meet, including a pop-up shop on the grandstand level. SQ members receive a 10% discount on all full price items. Check out our socials for special promos!

## Food and Drink

Catering outlets will be open for this event, including coffee and a variety of lunch options.

## Bags and Eskies

Please note that Stadiums Queensland rules state that bags/eskies must be soft to touch, no bigger than 40cm x 40cm x 40cm and stowed under seats. All other bags/eskies will be refused.

## Accommodation

Chandler Lodge and Cabins offer on site accommodation. [Contact them direct for more details.](#)

Quest Eight Mile Plains provides a 15% discount for attendees at this meet when they use the code - SWIMQ - when booking.



# KEY DETAILS

## Entry List

The entry list will be provided to all competitors, and made available [on our website](#).

All competitors must check their entries thoroughly and if any discrepancies are noted they [must be submitted using the online form](#) by Midnight, Sunday 12 March.

## Timekeeper Roster

A timekeeper roster will be confirmed and published [on our website](#) closer to the meet.

## Timeline

The timeline for this meet will be published [on our website](#) by the Thursday prior to the meet. The timeline is to be used as a guide only and actual start times of events may vary depending on a variety of circumstances on the actual day of competition.

## Online Program

An online program will be published [on our website](#) on the Thursday prior to the meet. No printed programs will be available.

## Self-Marshalling Entry List

A final entry list will be published [on our website](#) on the Thursday prior to the meet, for swimmers to use for self-marshalling.

## Marshalling Procedures

Self-marshalling will be in place, swimmers should ensure they are ready to self marshal:

- 8 heats prior for 50m events,
- 3 heats prior for 100m and 200m events,
- 2 heats prior for 400m\* events, and
- 1 heat prior for 800m\* and 1500m\* events.

\*Events of 400m and over require swimmers (or their Coach / Team Manager) to confirm their intention to swim. This must be completed at the Help Desk, a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal. Confirmed swimmers must then follow the marshalling procedures.

## Results

Live results will be made available for this meet and will be accessible [on our website](#). Results will also be viewable on Meet Mobile for this meet. Following the conclusion of the meet a PDF results file will be published on our website.

*Please note, TM Results files will only be provided, on request, to club race secretaries.*

## Racing Format

All events across the Speedo National Preparation Meet and the Jess Schipper Challenge will be conducted as timed finals. Events will be swum on a "seed-entry" basis, not in age groups i.e. competitors will be grouped by time rather than by age group.

## Medals

Medals will only be awarded to competitors in the Jess Shipper Challenge. Medals will not be awarded to competitors in the Speedo National Preparation Meet.





## KEY DETAILS

### Warm-up Procedure

Warm up will commence at 7:00am. The competition pool may be used for warm up, until 15 minutes prior to racing commencing. The outdoor pool will be in use for the duration of the meet; the dive pool may not be used.

Competitors must comply with signage on pool deck regarding the use of the warm up and warm down lanes. Diving will not be permitted unless the signage indicates otherwise. Paddles are not permitted during warm up or warm down.

### Other Competitor Guidance Notes

- Athletes are not permitted to 'swim up' an age.
- Heats are seeded fastest to slowest. Heats may be amalgamated or re-seeded at the discretion of the Technical Manager and Referee.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next heat is started, with the exception that for Multi Class events, competitors in the final heat of the event prior to all Multi Class events, during the heats of all Multi Class events and after the final heat of all Multi Class events will be asked to clear the water.
- Protests must be submitted in writing to the Referee by a responsible team leader, together with a deposit of \$100, within 30 minutes of the conclusion of the respective event.
- All Swimming Queensland Rules, Championship By-Laws, SAL and World Aquatics Swimming Rules will apply at this meet with additions or amendments as from time to time decided by the Board.

**SO MEMBERS  
RECEIVE 10% OFF  
FULL-PRICED  
ITEMS**





# PROGRAM OF EVENTS

Saturday 16 March

Please note, the Jess Schipper Challenge event numbers are 101 to 120.

## Session One

Competition Start Time: 8:30am

Event	Age	Gender	Distance	Stroke
1	14 Years & Over	Men	50m	Freestyle
2	13 Years & Over	Women	50m	Freestyle
101	11 – 14 Years	Boys	50m	Freestyle
102	11 – 14 Years	Girls	50m	Freestyle
3	Open	Men	50m	Multi-Class Freestyle
4	Open	Women	50m	Multi-Class Freestyle
5	14 Years & Over	Men	100m	Breaststroke
6	13 Years & Over	Women	100m	Breaststroke
103	11 – 14 Years	Boys	100m	Breaststroke
104	11 – 14 Years	Girls	100m	Breaststroke
7	*14 Years & Over	Men	400m	Freestyle
8	*13 Years & Over	Women	400m	Freestyle
9	14 Years & Over	Men	50m	Breaststroke
10	13 Years & Over	Women	50m	Breaststroke
11	Open	Men	50m	Multi-Class Breaststroke
12	Open	Women	50m	Multi-Class Breaststroke
105	11 – 14 Years	Boys	50m	Breaststroke
106	11 – 14 Years	Girls	50m	Breaststroke
13	14 Years & Over	Men	100m	Backstroke
14	13 Years & Over	Women	100m	Backstroke
107	11 – 14 Years	Boys	100m	Backstroke
108	11 – 14 Years	Girls	100m	Backstroke
15	Open	Men	100m	Multi-Class Freestyle
16	Open	Women	100m	Multi-Class Freestyle

## Session Two

Competition Start Time: TBA

Event	Age	Gender	Distance	Stroke
17	14 Years & Over	Men	400m	Individual Medley
18	13 Years & Over	Women	400m	Individual Medley
19	Open	Men	100m	Multi-Class Butterfly
20	Open	Women	100m	Multi-Class Butterfly
109	11 – 14 Years	Boys	200m	Freestyle
110	11 – 14 Years	Girls	200m	Freestyle
21	*14 Years & Over	Men	200m	Freestyle
22	*13 Years & Over	Women	200m	Freestyle
23	14 Years & Over	Men	200m	Breaststroke
24	13 Years & Over	Women	200m	Breaststroke
25	14 Years & Over	Men	800m	Freestyle
26	13 Years & Over	Women	1500m	Freestyle

\*Swimmers With Disability may swim in these events provided they have achieved the MC qualifying times.





# PROGRAM OF EVENTS

Sunday 17 March

Please note, the Jess Schipper Challenge event numbers are 101 to 120.

## Session Three

Competition Start Time: 8:30am

Event	Age	Gender	Distance	Stroke
27	14 Years & Over	Men	50m	Backstroke
28	13 Years & Over	Women	50m	Backstroke
29	Open	Men	50m	Multi-Class Backstroke
30	Open	Women	50m	Multi-Class Backstroke
111	11 – 14 Years	Boys	50m	Backstroke
112	11 – 14 Years	Girls	50m	Backstroke
31	14 Years & Over	Men	100m	Butterfly
32	13 Years & Over	Women	100m	Butterfly
113	11 – 14 Years	Boys	100m	Butterfly
114	11 – 14 Years	Girls	100m	Butterfly
33	*14 Years & Over	Men	200m	Individual Medley
34	*13 Years & Over	Women	200m	Individual Medley
115	11 – 14 Years	Boys	200m	Individual Medley
116	11 – 14 Years	Girls	200m	Individual Medley
35	14 Years & Over	Men	50m	Butterfly
36	13 Years & Over	Women	50m	Butterfly
37	Open	Men	50m	Multi-Class Butterfly
38	Open	Women	50m	Multi-Class Butterfly
117	11 – 14 Years	Boys	50m	Butterfly
118	11 – 14 Years	Girls	50m	Butterfly
39	14 Years & Over	Men	200m	Backstroke
40	13 Years & Over	Women	200m	Backstroke
41	14 Years & Over	Men	100m	Freestyle
42	13 Years & Over	Women	100m	Freestyle

## Session Four

Competition Start Time: TBA

Event	Age	Gender	Distance	Stroke
43	Open	Men	100m	Multi-Class Backstroke
44	Open	Women	100m	Multi-Class Backstroke
119	11 – 14 Years	Boys	100m	Freestyle
120	11 – 14 Years	Girls	100m	Freestyle
45	14 Years & Over	Men	200m	Butterfly
46	13 Years & Over	Women	200m	Butterfly
47	Open	Men	100m	Multi-Class Breaststroke
48	Open	Women	100m	Multi-Class Breaststroke
49	14 Years & Over	Men	1500m	Freestyle
50	13 Years & Over	Women	800m	Freestyle

\*Swimmers With Disability may swim in these events provided they have achieved the MC qualifying times.



# QUALIFYING TIMES

## Jess Schipper Challenge

**Swimmers must have achieved a Long Course (or Short Course Converted) time below the QT or their fastest time must be between the QTS - QTF range outlined below.**

Male	11 Years	12 Years	13 Years	14 Years	
	QT	QT	QT	QTS	QTF
	Between				
50m Free	38.62	36.70	33.66	27.78	32.10
100m Free	1:24.79	1:20.57	1:16.35	1:01.36	1:11.20
200m Free	3:33.87	2:58.23	2:28.90	2:14.88	2:27.81
50m Back	43.98	41.79	39.61	32.62	37.53
100m Back	1:33.73	1:29.07	1:24.41	1:10.62	1:20.61
50m Breast	48.51	46.10	43.68	35.84	41.21
100m Breast	1:45.19	1:39.95	1:34.72	1:18.97	1:30.81
50m Fly	41.37	39.31	34.78	30.72	34.48
100m Fly	1:31.09	1:26.55	1:22.02	1:07.75	1:17.42
200m IM	3:28.15	3:17.79	3:07.44	2:33.63	2:56.67

Female	11 Years	12 Years	13 Years		14 Years	
	QT	QT	QTS	QTF	QTS	QTF
	Between					Between
50m Free	38.70	37.63	30.48	36.95	29.91	34.74
100m Free	1:23.10	1:20.79	1:06.71	1:18.56	1:05.13	1:15.70
200m Free	3:32.68	2:57.24	2:24.70	2:52.34	2:21.85	2:43.11
50m Back	43.35	42.28	35.41	41.03	34.63	40.75
100m Back	1:31.99	1:29.44	1:16.69	1:26.97	1:14.77	1:26.09
50m Breast	48.32	47.13	39.69	45.74	39.01	45.61
100m Breast	1:43.75	1:40.87	1:27.73	1:38.08	1:25.29	1:36.36
50m Fly	40.47	39.47	33.14	38.31	32.34	37.83
100m Fly	1:29.67	1:27.18	1:14.61	1:24.77	1:11.96	1:22.29
200m IM	3:22.35	3:16.74	2:46.84	3:11.30	2:40.82	3:04.94

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2023. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.





# QUALIFYING TIMES

## National Preparation Meet

FEMALE	13 Years		14 Years		15 Years		16 Years		17/18 Years		Open	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
<b>50 FREE</b>	30.47	29.86	29.90	29.31	29.42	28.83	29.39	28.80	29.09	28.50	29.11	28.52
<b>100 FREE</b>	1:06.70	1:05.36	1:05.12	1:03.82	1:04.08	1:02.80	1:03.50	1:02.23	1:02.83	1:01.58	1:02.27	61.02
<b>200 FREE</b>	2:24.69	2:21.80	2:21.84	2:19.01	2:20.54	2:17.73	2:18.58	2:15.81	2:17.85	2:15.10	2:16.46	2:13.73
<b>400 FREE</b>	5:05.26	4:59.15	4:58.14	4:52.17	4:56.38	4:50.46	4:49.32	4:43.53	4:50.85	4:45.03	4:48.62	4:42.85
<b>800 FREE</b>	10:18.19	10:05.82	10:09.71	9:57.52	9:57.96	9:46.01	9:46.06	9:34.34	9:45.54	9:33.83	9:44.34	9:33.43
<b>1500 FREE</b>	19:46.12	19:22.40	19:29.20	19:05.81	19:08.68	18:45.71	18:56.85	18:34.11	18:49.29	18:26.70	18:44.51	18:22.02
<b>50 BACK</b>	35.40	34.26	34.62	33.66	34.18	33.08	34.14	32.78	34.02	32.02	32.91	31.46
<b>100 BACK</b>	1:16.68	1:15.15	1:14.76	1:13.26	1:13.35	1:11.89	1:12.60	1:11.15	1:11.85	1:10.41	1:11.03	1:09.61
<b>200 BACK</b>	2:45.34	2:42.04	2:41.26	2:38.03	2:38.79	2:35.62	2:37.34	2:34.20	2:35.70	2:32.59	2:33.94	2:30.86
<b>50 BREAST</b>	39.68	36.26	39.00	35.64	38.36	36.76	38.30	36.44	37.46	36.16	37.08	35.52
<b>100 BREAST</b>	1:27.72	1:25.96	1:25.28	1:23.58	1:23.54	1:21.87	1:22.67	1:21.01	1:21.79	1:20.16	1:20.40	1:18.79
<b>200 BREAST</b>	3:09.56	3:05.77	3:04.65	3:00.96	3:01.22	2:57.60	2:57.97	2:54.42	2:56.10	2:52.57	2:53.08	2:49.62
<b>50 FLY</b>	33.13	32.45	32.33	31.88	31.69	31.32	31.43	31.05	31.02	29.97	30.79	29.44
<b>100 FLY</b>	1:14.60	1:13.11	1:11.95	1:10.51	1:10.09	1:08.69	1:09.35	1:07.97	1:08.63	1:07.26	1:07.92	1:06.57
<b>200 FLY</b>	2:47.74	2:44.38	2:42.69	2:39.43	2:38.46	2:35.29	2:36.81	2:33.67	2:35.17	2:32.07	2:33.54	2:30.47
<b>200 IM</b>	2:46.83	2:43.50	2:40.81	2:37.59	2:37.50	2:34.35	2:35.84	2:32.72	2:34.18	2:31.10	2:33.82	2:30.75
<b>400 IM</b>	5:53.87	5:46.79	5:45.36	5:38.45	5:36.18	5:29.45	5:32.64	5:25.99	5:29.10	5:22.52	5:28.81	5:22.23

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2023. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.



# QUALIFYING TIMES

## National Preparation Meet

MALE	14 Years		15 Years		16 Years		17/18 Years		Open	
	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC
<b>50 FREE</b>	27.77	27.22	26.86	26.32	26.45	25.92	26.16	25.63	25.43	24.92
<b>100 FREE</b>	1:01.35	1:00.12	59.15	57.96	57.90	56.74	57.58	56.43	56.46	55.33
<b>200 FREE</b>	2:14.87	2:12.18	2:10.18	2:07.58	2:07.47	2:04.92	2:04.96	2:02.46	2:03.53	2:01.06
<b>400 FREE</b>	4:47.23	4:41.48	4:37.41	4:31.86	4:31.63	4:26.20	4:27.44	4:22.09	4:24.37	4:19.08
<b>800 FREE</b>	9:52.95	9:41.09	9:31.44	9:20.01	9:16.88	9:05.74	9:11.45	9:00.42	9:06.78	8:55.84
<b>1500 FREE</b>	18:57.17	18:34.43	18:19.76	17:57.76	18:00.79	17:39.17	17:38.23	17:17.07	17:25.44	17:04.53
<b>50 BACK</b>	32.61	31.96	31.44	30.92	30.70	30.12	30.06	29.31	29.58	28.14
<b>100 BACK</b>	1:10.61	1:09.20	1:07.91	1:06.56	1:05.92	1:04.60	1:05.22	1:03.91	1:03.53	1:02.25
<b>200 BACK</b>	2:33.74	2:30.67	2:27.77	2:24.81	2:23.51	2:20.64	2:21.98	2:19.14	2:19.32	2:16.54
<b>50 BREAST</b>	35.83	35.11	34.78	33.78	33.73	32.91	33.38	32.04	32.51	30.93
<b>100 BREAST</b>	1:18.96	1:17.38	1:16.61	1:15.08	1:14.26	1:12.77	1:13.47	1:12.00	1:11.07	1:09.65
<b>200 BREAST</b>	2:52.41	2:48.96	2:47.32	2:43.97	2:42.23	2:38.98	2:40.52	2:37.31	2:33.99	2:30.91
<b>50 FLY</b>	30.71	30.10	28.96	28.84	28.18	28.10	27.88	27.34	27.73	26.38
<b>100 FLY</b>	1:07.74	1:06.38	1:05.11	1:03.81	1:03.27	1:02.01	1:02.60	1:01.35	1:01.51	60.28
<b>200 FLY</b>	2:32.38	2:29.33	2:26.82	2:23.89	2:23.79	2:20.91	2:20.76	2:17.95	2:18.31	2:15.54
<b>200 IM</b>	2:33.62	2:30.54	2:28.85	2:25.87	2:25.94	2:23.02	2:22.86	2:20.01	2:19.08	2:16.30
<b>400 IM</b>	5:30.29	5:23.68	5:21.70	5:15.27	5:15.74	5:09.42	5:09.06	5:02.88	5:00.89	4:54.87

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2023. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved. If there is no qualifying time stated for your age group, you cannot compete in the event/s concerned.



# QUALIFYING TIMES

## National Preparation Meet Multi Class

Male							
Class	200 FREE		400 FREE		Class	200 IM	
	LC	SC	LC	SC		LC	SC
S1	8:12.00	8:02.16					
S2	7:34.00	7:24.92					
S3	6:46.00	6:37.88					
S4	4:52.00	4:46.16					
S5	4:04.00	3:59.12					
S6	3:54.00	3:49.32			SM5	4:54.00	4:48.12
S7	3:49.00	3:44.42	7:53.00	7:43.54	SM6	4:28.00	4:22.64
S8	3:38.00	3:33.62	7:53.00	7:43.54	SM7	4:22.00	4:16.76
S9	3:25.00	3:20.90	7:21.00	7:12.18	SM8	3:54.00	3:49.32
S10	3:25.00	3:20.90	7:03.00	6:54.54	SM9	3:43.00	3:38.54
S10	3:12.00	3:08.16	6:37.00	6:29.06	SM10	3:39.00	3:34.62
S11	3:28.00	3:23.84	7:40.00	7:30.80	SM11	3:56.00	3:51.28
S12	3:20.00	3:16.00	6:49.00	6:40.82	SM12	3:37.00	3:32.66
S13	3:23.00	3:18.94	7:00.00	6:51.60	SM13	3:43.00	3:38.54
S14	3:19.00	3:15.02	7:14.00	7:05.32	SM14	3:52.00	3:47.36
S15	3:09.00	3:05.22	6:35.00	6:27.10	SM15	3:30.00	3:25.80
S16	4:06.00	4:01.08	7:14.00	7:05.32	SM16	3:52.00	3:47.36

Female							
Class	200 FREE		400 FREE		Class	200 IM	
	LC	SC	LC	SC		LC	SC
S1	9:04.00	8:53.10					
S2	7:59.00	7:49.42					
S3	7:01.00	6:52.58					
S4	5:24.00	5:17.52					
S5	4:34.00	4:28.52					
S6	4:22.00	4:16.76	9:35.00	9:23.50	SM5	5:54.00	5:46.92
S7	4:04.00	3:59.12	8:37.00	8:26.66	SM6	5:17.00	5:10.66
S8	3:55.00	3:50.30	8:15.00	8:05.10	SM7	4:56.00	4:50.08
S9	3:37.00	3:32.66	7:09.00	0:41.00	SM8	4:24.00	4:18.72
S10	3:37.00	3:32.66	7:09.00	0:41.00	SM9	4:01.00	3:56.18
S10	3:43.00	3:38.54	7:35.00	7:25.90	SM10	4:54.00	5:46.92
S11	4:15.00	4:09.90	8:53.00	8:42.34	SM11	4:55.00	4:49.10
S12	3:47.00	3:42.46	7:47.00	7:37.66	SM12	4:06.00	4:01.08
S13	3:39.00	3:34.62	7:28.00	7:19.04	SM13	4:01.00	3:56.18
S14	3:40.00	3:35.60	8:05.00	7:55.30	SM14	4:19.00	4:13.82
S15	3:22.00	3:17.96	7:29.00	7:20.02	SM15	4:02.00	3:57.16
S16	4:33.00	4:27.54	8:05.00	7:55.30	SM16	4:19.00	4:13.82

Qualifying times must have been achieved at an approved qualifying meet (either short course or long course) on or after 1 January 2023. Converted short course qualifying times will only be used where an existing long course qualifying time has not been achieved.