

A banner for the 2020 Medal Shots Long Course Preparation Meet. The background shows a swimmer's arms extended in a pool. The text '2020 Medal Shots' is in a bold, sans-serif font. 'Long Course Preparation Meet' is in a large, stylized, cursive font with a black outline. Below this, a green box contains the dates and 'FINAL INFORMATION' in white, bold, sans-serif font.

**2020
Medal
Shots**

Long Course Preparation Meet

**SATURDAY 14 & SUNDAY 15 NOVEMBER
FINAL INFORMATION**

Welcome to the 2020 Medal Shots LC preparation Meet! This information is relevant for Session 2 through 5 on Saturday, 14 and Sunday, 15 November.

There are some changes to the way this event will run due to COVID-19 and required compliance with the restrictions as per the Queensland Government and Public Health Directives. Whilst change can be difficult and confusing at times, we are implementing these measures to ensure the continual safe resumption of our sport and playing our part in keeping both our members and the community at large safe.

In nominating or purchasing a ticket, you have agreed to the COVID-19 Terms and Conditions, which can be reviewed on page 7.

Please do not attend if you are unwell or experiencing any symptoms on the day.

EVENT PARKING AND/OR DROP-OFF

As there are other events happening in various locations of the Sleeman Sports Complex during this event, please park in **car park 3** (see venue map on page 6). There is also a drop off zone in car park 3.

As only Active Participants (swimmers, coaches, club managers, support persons and technical officials) are permitted in the Eastern grandstand it is recommended swimmers have the contact details of the relevant club manager/coach for the day and of their parent/guardian. This way, event staff can assist in connecting people easily where no ticket is available for them to enter the Eastern grandstand.

TICKETS

All attendees **must have a ticket** to gain entry. Active Participants require a **ticket per day** (Saturday ticket, Sunday ticket); while spectators require a **ticket for each session** of the event (i.e. Session 2 ticket, Session 3 ticket, Session 4 ticket and Session 5 ticket). If you do not have a ticket, you will not be allowed to enter. ***There will be no sales of tickets or programs at the gate.***

You are not required to print your ticket as these are able to be scanned from a device. For contact tracing compliance, **all Active Participants will be required to scan out when leaving**, so please retain any printed copies for this purpose. **Spectators will be scanned out automatically in bulk at the end of each session.**

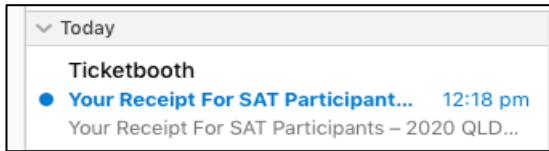
Swimmers, event staff and officials have been automatically issued Ticketbooth tickets prior to the event (tickets for swimmers who are dependants in Swim Central, were issued to their parent/guardian email address).

For help on how to download your ticket, please [click here](#). Saving a screen shot of your ticket is another way to make it easy to find on the day.

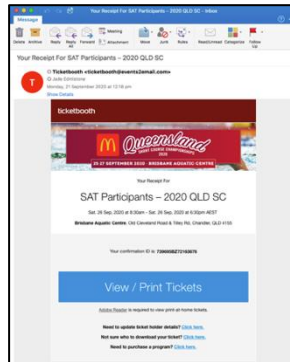
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Open the email and follow the prompt to view and/or print the ticket



This is the ticket to bring on the day for scanning in and out.

WESTERN GRANDSTAND ACCESS - SPECTATORS

Access to the venue for all spectators is **via the Western grandstand**. This is the Aquatic Café side of the Brisbane Aquatic Centre (see page 6). All spectators are required to produce their ticket upon entry (either printed or on a device) and will be scanned in. If you have purchased a program with your ticket, it will be available for collection at this point by scanning the program ticket.

Please note, gates will open to spectators 10 minutes prior to the afternoon session of each day (see below) to facilitate movement of patrons between the sessions.

Spectators (Western grandstand)

	Gates Open	Racing Begins	Racing Concludes
Session 2	7:00am	8:30am	~12:34pm
Session 3	1:10pm	Not before 1:20pm	~5:06pm
Session 4	7:00am	8:30am	~11:27am
Session 5	12:05pm	Not before 12:15pm	~4:01pm

Entry will only be given to ticket holders, and with contactless scanning in place, we expect this to be a smooth and quick process. However, where large numbers arrive at the same time, please be patient and ensure physical distancing is practiced as you move through by keeping a distance of 1.5m between yourself and others.

Spectators will be provided a wristband once their ticket has been scanned and will need to self-apply before entering the venue. The wristband will allow for ease of movement around the venue, i.e. accessing the café and amenities. Wristbands will be different for each session of the event.

All spectators will be required to depart the Western grandstand via the black gates and stairs along the concourse (see map page 6).

Please note, spectators will not be granted access to pool deck or the Eastern grandstand and Active Participants will not be granted access to the Western grandstand.

EASTERN GRANDSTAND ACCESS – ACTIVE PARTICIPANTS

Access to the venue for all Active Participants is **via the Eastern grandstand**. This is the outdoor pool side of the Brisbane Aquatic Centre (see maps on page 6). The gates will open at 7:00am on each day of the event, however, we encourage everyone to please arrive at a time appropriate to their events.

Entry will only be given to ticket holders and with contactless scanning in place, we expect this to be a smooth and quick process. However, where large numbers arrive at the same time, please be patient and ensure physical distancing is practiced as you move through, by keeping a distance of 1.5m between yourself and others.

Once scanned, swimmers are able to proceed to their designated club group section of the Eastern grandstand (or outdoor pool marquee if applicable) where their gear can be for the duration of their stay. **Swimmers are to be mindful in keeping their gear in their bag when not in use and not spread across multiple seats in the grandstand.**

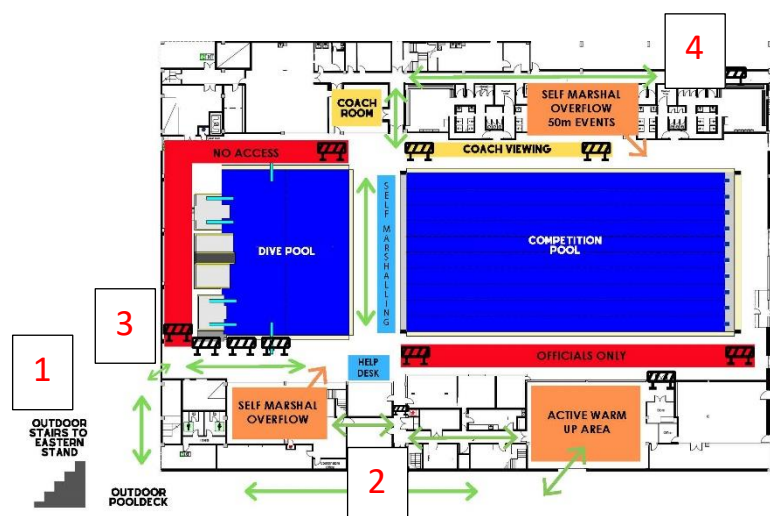
Please note, Active Participants will not be granted access to the Western grandstand during the same day regardless of whether a spectator ticket is held.

POOL DECK ACCESS AND FLOW

Active Participants are asked to please ensure they're familiar with the pool deck flow map and follow directions for all movement around the competition pool (see below). **There are changes** from previous events, so please read carefully.

Access to the outdoor pool deck is via the outdoor eastern stairs (1), and self-marshalling is accessible off the outdoor pool deck (2). There is also an access point to the indoor pool deck via the door at the dive pool end as you walk around from outdoor pool deck (3). A 50m self-marshalling overflow area is accessible via the western corridor (4).

Please note **swimmers are not allowed to enter the Coach Room or Coach Viewing.**



SELF-MARSHALLING

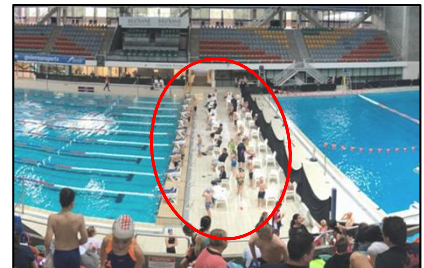
Self-marshalling will be in place for this event. Swimmers will enter the pool deck self-marshalling overflow as explained on page 3.

Swimmers will only be permitted on pool deck to self-marshall a certain number of races prior to theirs, as follows:

50m, 100m, 200m events	Three (3) heats prior to the heat in the water
400m events	Two (2) heats prior to the heat in the water
800m and 1500m events	One (1) heat prior to the heat in the water

To self-marshall, swimmers follow the below steps:

1. Enter pool deck according to the heats prior table above
2. Proceed to the lane they're allocated
3. Move progressively forward, with the other swimmers in their heat



Swimmers can approach the Help Desk (see map below) for assistance as required or ask their club manager or coach.

To assist in this process, we recommend swimmers arrive on the day prepared with the following information they will need for self-marshalling:

- Event number/s
- Heat number/s
- Lane number/s

It is also a good idea for swimmers to write all event/heat/lane numbers on their arm, in that order, for example:



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FOOD AND DRINK

As usual, you're welcome to bring your own food/drink with you to the event. Alternatively, catering outlets (at the front concourse) will be operational during the event. **Note, all sales are CASHLESS.**

Please be aware, all orders filled as takeaway and all food and drink **should be consumed in your seat within the grandstand** or you're welcome to utilise the various grassed areas of the venue (see page 6).

LIVE STREAMING

Big Voice Media will be LIVE streaming this event via our paid subscription video streaming service! A range of flexible pricing options exists so that you can choose the video pay-per-view experience that best suits your needs, starting at just \$5.99!

Watch all the action LIVE from the best seat in the house!

CATCH THE ACTION LIVE FROM THE BEST SEAT IN THE HOUSE!

SUBSCRIBE NOW

SWIMMER LANE	NAME
9	ZAMMIT
8	BAKLANDER
7	MORRIS
6	COSTELLO
5	NAKASHIMA
4	ROBERTS
3	KIM
2	REID
1	RICHARDS
0	WEBER

swimming queensland

LIVE

SQ SWIM SHOP

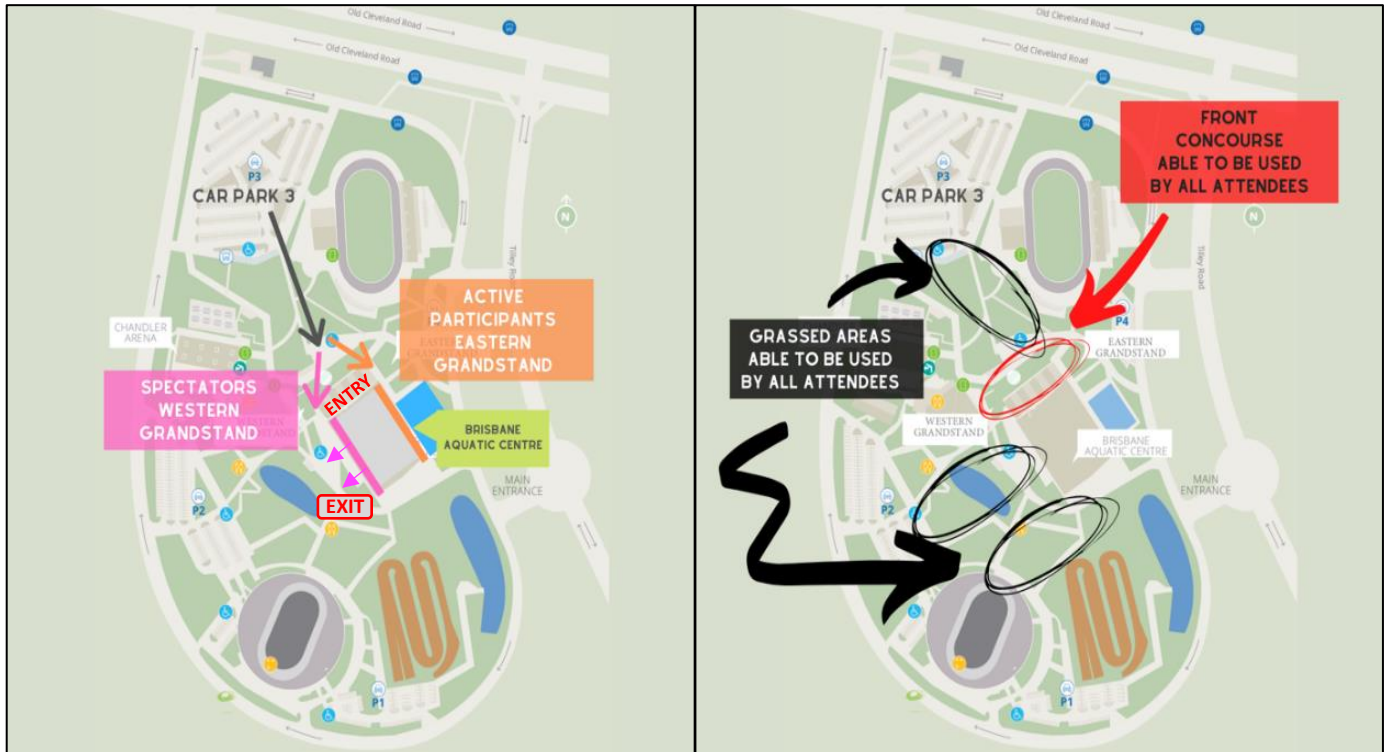
The SQ Swim Shop, located in Aquatic Centre Reception, will be open during this event. The SQ Swim Shop is dedicated to all areas of swimming, from learn to swim to high performance, including everything in between.

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CAR PARK, GRANDSTAND ACCESS AND USEABLE AREAS FOR ALL ATTENDEES



SWIMMING QUEENSLAND

COVID-19 Terms and Conditions of Entry and Attendance at Events

All attendees will be required to read these Terms and Conditions and the Meet Information before nominating for, or attending the event. Nominating for, or attending the event confirms your acceptance of these Terms and Conditions.

Purpose

The purpose of this document is to provide COVID-19 terms and conditions for attendees at events and club activities in Queensland

Terms and Conditions

Swimming Queensland (SQ) will take reasonable, proportionate steps in accordance with published advice, to respond to the current (known) risks associated with the virus and requires all event attendees to do likewise.

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1. I acknowledge that by nominating for, or attending an event I agree to abide by and adhere to these COVID-19 Terms and Conditions.
 2. I acknowledge that I must follow all COVID Safe directions related to attendance at an event.
 3. As an attendee, I understand that I am responsible for adhering to physical distancing, health, and hygiene guidelines. Including, but not limited to:
 - Keep 1.5 metre distance between yourself and others
 - Adhere to all designated venue flow, entry and exit points as per event maps
 - Stay home, do not attend the event, and seek testing if you have symptoms
 - Wash your hands often and cover coughs and sneezes
 - Do not share food, drink, or sporting equipment with others
 4. I confirm, that neither I, nor any member of my household, is experiencing any COVID-19 symptoms, been in contact with any confirmed or suspected COVID-19 cases, been present in any COVID-19 hot spots in the previous 14 days or travelled internationally.
 5. I confirm that if I return a positive COVID-19 test within 14 days of the event, I will immediately notify my Club and SQ.
 6. I acknowledge that I have read, understood, and agree to comply with the published Meet Information.
 7. I warrant that I will provide all required information and that it will be true and correct.
 8. I authorise my information to be used and disclosed to relevant bodies where necessary to implement the government directions with regards to COVID-19 and the resumption of sporting activity; in particular for contact tracing purposes as required from time to time.