



POOL DEPTH GUIDELINES

EXTRACT, PAGE 76 OF “ART OF OFFICIATING”, APPENDIX “A”

Water Depth

The Board of Swimming Australia has adopted the current Pool Depth Guidelines of Royal Lifesaving. They are set out as follows:

- Less than 0.9 metres
 - No dives
- 0.9 metre to less than 1.0 metre
 - Concourse dive
(providing concourse is not more than 0.2 metre above the water surface)
- 1.0 metre to less than 1.2 metres
 - Concourse or platform dive
(providing concourse or platform is not more than 0.4 metre above the water surface)
- 1.2 metres or more
 - Platform
(as long as the platform is not more than 0.75 metre above the water surface)

The water depths listed above apply to the first 5m from the dive end of the pool wall.