



# POOL DEPTH GUIDELINES

EXTRACT, PAGE 76 OF "ART OF OFFICIATING", APPENDIX "A"

## Water Depth

The Board of Swimming Australia has adopted the current Pool Depth Guidelines of Royal Lifesaving. They are set out as follows:

- Less than 0.9 metres
  - No dives
- 0.9 metre to less than 1.0 metre
  - Concourse dive  
(providing concourse is not more than 0.2 metre above the water surface)
- 1.0 metre to less than 1.2 metres
  - Concourse or platform dive  
(providing concourse or platform is not more than 0.4 metre above the water surface)
- 1.2 metres or more
  - Platform  
(as long as the platform is not more than 0.75 metre above the water surface)

**The water depths listed above apply to the first 5m from the dive end of the pool wall.**