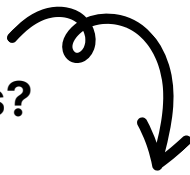


# SCHOOL SPORT PROGRAM

Thanks to the Queensland Government's 10-year strategy *Activate! Queensland 2019-2029*, Swimming Queensland are proud to deliver a suite of activities across the state.

The **School Sport Program** will include professional development and educational opportunities for school teachers, as well as swim teachers, swim coaches and strength and conditioning coaches working within the school sport system. **Jump online and register now!**

**What's available for teachers and coaches?**



## FITTER FUTURES

Practical workshops and webinars aim to improve the delivery of dryland training programs and capability of teachers and coaches with a focus on developing young athletes to become great athletes and swimmers.



## ONCORE

In this practical workshop, teachers and coaches will learn about ONCORE, the drills to use and how to implement these in their swimming programs to improve body position, balance, core strength, stability, feel and hold of the water.



## TEACHER WORKSHOPS

Learn to Swim courses in which the participant is eligible to gain the relevant accreditation upon successful completion of the course. Including Swim Australia™ Teacher (SAT) and the Swim Australia™ Teacher of Learners with Disabilities (SAT LWD)

[www.qld.swimming.org.au/school-sport-program](http://www.qld.swimming.org.au/school-sport-program)